Supplementary file

Episiotomy 3rd/4th DEGREE TEARS – PRE WORKSHOP QUESTIONNAIRE Palestine 2015
This is a confidential questionnaire. Please complete and return before course starts.

Name: ____________________________
Hospital Address: ________________________
Email: ______________________________

1. How many 2nd degree tears or episiotomies have you repaired?
   With supervision: □ <5 □ 5 – 10 □ >10 □
   Without supervision: □ <5 □ 5 – 10 □ >10 □

1a. What type of episiotomies do you perform? Midline □ Mediolateral □ Lateral □

2. Do you know which muscles you cut when performing a routine mediolateral episiotomy?
   No □ Don’t know □ Yes □
   If yes, please state...................................................................................................................

3. When do you routinely perform a rectal examination?
   Only if 3rd degree tear suspected □ before suturing □ after suturing □

4. Which technique of episiotomy repair do you usually practice?
   | Vaginal epithelium | Continuous | Interrupted | Subcuticular |
   | Perineal muscles   |            |            |             |
   | Perineal skin      |            |            |             |

5. How would you describe your training at the time of your first unsupervised episiotomy repair?
   Poor □ Could be better □ Good □ Excellent □


<table>
<thead>
<tr>
<th>TYPE OF INJURY (Please tick)</th>
<th>2nd degree</th>
<th>3rd degree</th>
<th>3a</th>
<th>3b</th>
<th>3c</th>
<th>4th degree</th>
<th>Don’t know</th>
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</thead>
<tbody>
<tr>
<td>EAS torn partially (&lt;50% thickness)</td>
<td></td>
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<tr>
<td>IAS exposed but not torn</td>
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<td>EAS exposed only</td>
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<td>EAS torn completely (full thickness)</td>
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<tr>
<td>IAS torn</td>
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<tr>
<td>Rectal mucosa &amp; sphincter torn</td>
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</table>

7. How many 3rd / 4th degree tears have you repaired to date (rough estimate)?
   None □ With supervision: □ Without supervision: □
   If NONE you do not need to answer any further questions

8. What technique do you use for repair of the EAS when it is completely torn?
   End-to-end figure of eight sutures □ End-to-end mattress sutures □ Overlap □

9. What suture material do you use for repair of the external sphincter?
   Catgut □ Vicryl □ Daxon □ PDS □

10. Do you routinely try to identify the internal anal sphincter?
   Not seen before □ Yes □ No □

11. If torn, do you repair the internal sphincter separately?
   Don’t know □ No, together with the EAS □ Yes, separately □

12. How many internal sphincters have you repaired?..................................................

13. How would you describe your training at the time of your first unsupervised 3rd/4th degree tear repair?
   Poor □ Could be better □ Good □ Excellent □

14. Any comments:.............................................................................................................

Thank you

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