PRISMA 2009 flow diagram

Records identified through database searching (n = )

Additional records identified through other sources (n = )

Records after duplicates removed (n = )

Records screened (n = )

Records excluded (n = )

Full-text articles assessed for eligibility (n = )

Full-text articles excluded, with reasons (n = )

Studies included in qualitative synthesis (n = )

Studies included in quantitative synthesis (meta-analysis) (n = )