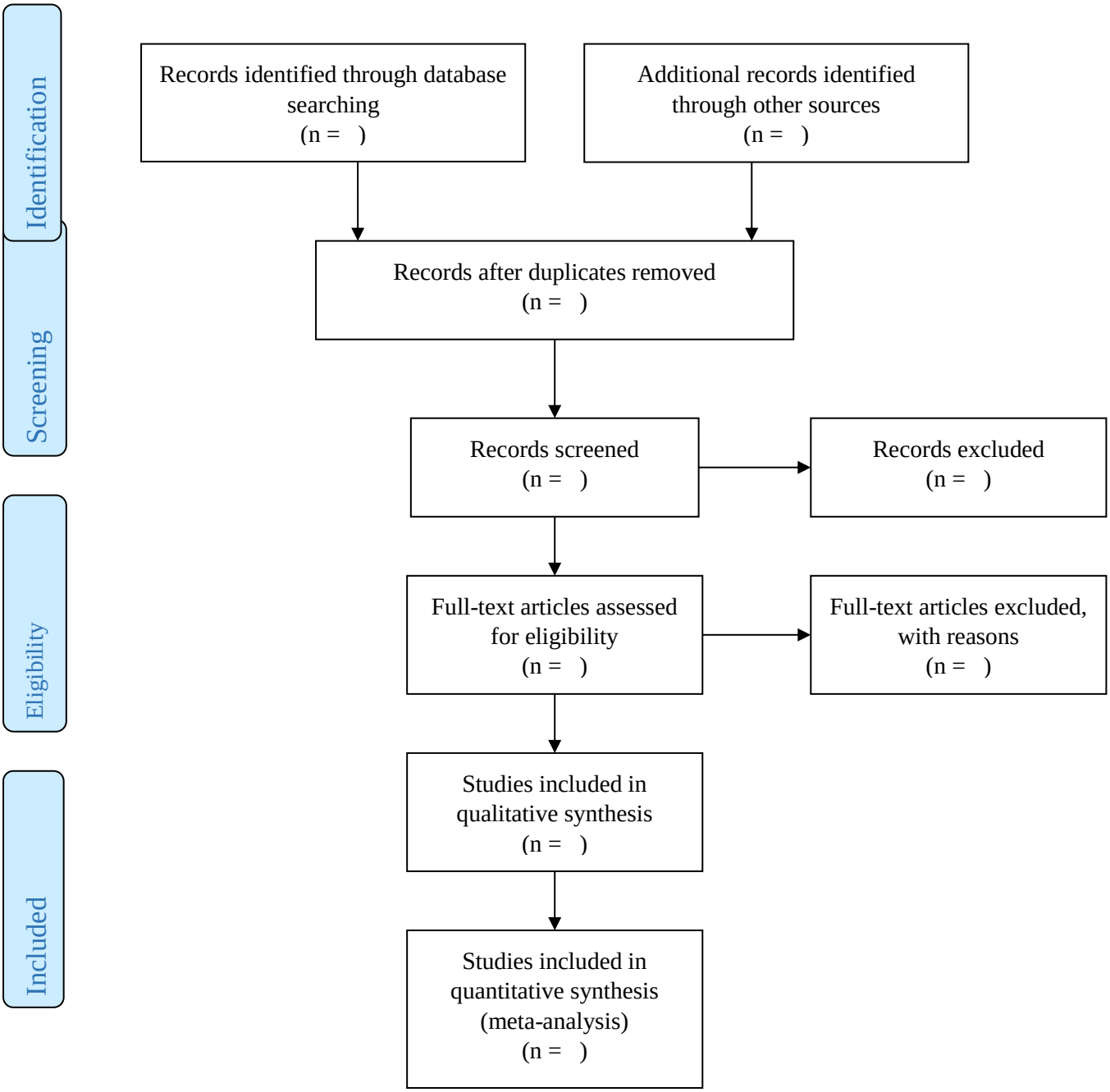PRISMA 2009 flow diagram