A nationwide Danish cohort study challenging the categorisation into right-sided and left-sided colon cancer

Per Jess,1,2 Iben Onsberg Hansen,2 Michael Gamborg,3 Tine Jess,4 on behalf of the Danish Colorectal Cancer Group

ABSTRACT

Objectives: The categorisation of colon cancer (CC) into right-sided (RCC) and left-sided (LCC) disease may not capture more subtle variances in aetiology and prognosis. In a nationwide study, we investigated differences in clinical characteristics and survival of RCC versus LCC and of the complete range of CC subsites.

Design: Prospective nationwide cohort study.

Setting: The database of the Danish Colorectal Cancer Group (DCCG).

Participants: 23 487 CC patients.

Outcome measures: Overall survival (Kaplan-Meier plots) and mortality (HR from Cox proportional hazards regression analysis) according to CC localisation. For adjustment and stratification, we used age, sex, ASA score (the American Society of Anaesthesiologists score), tumour location and stage, number of lymph nodes harvested at operation, number of lymph nodes with metastases and presence of distant metastases.

Results: Patients with RCC had a higher median age at diagnosis (74.3 years) than patients with LCC (71.8 years; p<0.0001). Overall, the proportion of patients who were women increased the closer the tumour site was to the small intestine. Although RCC patients had higher ASA scores than LCC patients (p<0.0001), the highest ASA scores were observed in patients with cancer in the transverse and descending colon and at both colon flexures. While RCCs overall were more advanced than LCCs (p<0.0001), the most advanced CCs were those of the descending colon, splenic flexure and caecum. RCC mortality was higher than LCC mortality only during the first 2 years (women: HR 1.13; 95% CI 1.06 to 1.20; men: HR 1.27; 95% CI 1.20 to 1.35), and relative to mortality from sigmoid CC, the highest mortality was observed from splenic flexure cancer (HR 1.75; 95% CI 1.54 to 2.00).

Conclusions: The present data challenge the simple categorisation of CC into RCC and LCC.

INTRODUCTION

Colorectal cancer is one of the most commonly diagnosed cancers worldwide with...
A nationwide Danish cohort study of right-sided and left-sided colon cancer

over 1.2 million new cancer cases and 608,700 deaths estimated to occur annually.1

In 1990, Buflit was the first to propose that colon cancer (CC) located to the right (RCC) and left (LCC) sides of the colon, respectively, may rise from different biological pathways.2 Subsequently, it has been suggested that, in view of their being two different disease entities, RCC and LCC also differ in terms of patient characteristics, pathology and prognosis.3 A recent systematic review of the sparse literature on the topic supports the existence of such differences.4 The reason for this is uncertain, but a suggested explanation is the different embryological development of the two segments of the colon resulting in different molecular biological tumour patterns.5,6 However, recent studies have challenged the simple dichotomisation of CC into RCC and LCC, since factors such as tumour stage,7 genetic alterations8 and molecular features9 vary markedly between colonic subsides irrespective of their localisation in the right or left sides of the colon. Such possible differences might have consequences for the planning of screening and for the treatment of patients with CC.

The aim of the present investigation was to examine the differences in patient characteristics, cancer pathology and survival according to RCC versus LCC localisation of CC and, according to more specific colon subsite localisation, using unique prospectively collected nationwide data from 2001 to 2010.

MATERIALS AND METHODS

On 1 May 2001, the Danish Colorectal Cancer Group (DCCG) established a nationwide database,9 and since then all patients with a first-time diagnosis of colorectal adenocarcinoma from all Danish surgical departments treating such patients have been prospectively registered in the database. Patients are identified by their Danish Civil Registration Number, a unique 10-digit personal number given to all Danish citizens at birth and ascribed by their Danish Civil Registration System.10 The completeness of data collection in DCCG is estimated annually and has increased from 96% to 99% in the period 2001–2010.10

The present study covers all Danish patients (n=23,487) in DCCG with a diagnosis of CC from 1 January 2001 to 10 December 2010. From DCCG, we specifically obtained data on age, sex, ASA score (the American Society of Anaesthesiologists score), tumour location and stage (UICC), number of lymph nodes harvested at operation, number of lymph nodes with metastases and presence of distant metastases.

Localisation of CC was treated both according to the specific subsites and according to the suggested categorisation into RCC (n=10,855; caecum, ascending colon, hepatic flexure or transverse colon) and LCC (n=12,632; from the splenic flexure to the sigmoid colon, both included; the border between the sigmoid colon and rectum was defined as 15 cm from the anal verge).

Statistical analyses

Non-parametric statistics (median, range, χ² test, and Mann-Whitney test) were used to describe the demographic, clinical and pathological characteristics of the patient population. p<0.05 were considered to be statistically significant. Patients were followed from the date of CC diagnosis to emigration, death or end of the study (15 October 2011), whichever occurred first. Overall survival among patients with RCC vs LCC was illustrated by Kaplan-Meier plots for women and men, respectively, and was compared by log-rank test. Mortality from any cause from RCC relative to mortality from LCC was estimated by HRs obtained by performing Cox proportional hazard regression analysis with time since diagnosis as the underlying time axis, stratified on gender and adjusted for age. Next, the impact of the ASA score, number of lymph nodes harvested at operation, number of lymph nodes with metastases, presence of distant metastases and UICC stage on the relative difference in mortality from RCC and LCC was investigated by performing adjusted analyses. Finally, analyses were performed to compare the survival among patients with cancer of the caecum, ascending colon, hepatic flexure, transverse colon, splenic flexure and descending colon, respectively, with the survival among patients with sigmoid CC. All analyses were performed using STATAV9.2.

RESULTS

Age, gender and ASA score

The median age at diagnosis of RCC was 74.3 years (range 18.5–104.8 years) vs 71.8 years (range 13.2–100.9) for LCC (p<0.0001). The same pattern was seen when examining CC subsites (table 1).

A significantly higher proportion of RCC (56.8%) than LCC (46%) patients were women (p<0.0001). Likewise, when examining CC subsites, the proportion of patients who were women increased the closer the tumour site was to the small intestine. However, among patients with hepatic flexure cancers, women were not in excess (table 1).

A modestly higher ASA score was observed in RCC patients as compared to LCC patients (p<0.0001), with 30.6% of RCC patients having ASA scores of ≥3 compared to 27.9% of LCC patients. However, focusing on CC subsites, ASA scores of ≥3 were most common in patients with CC located to the hepatic flexure, the transverse colon as well as the splenic flexure and the descending colon (table 1).
**Pathology**

Although RCC patients as a group had significantly more advanced UICC stage than patients with LCC ($p=0.003$), CC subsite analyses revealed that caecal, splenic flexure and descending CCs were in the most advanced stages (table 1).

The median number of lymph nodes harvested was slightly higher in patients with RCC ($n=14$) than in patients with LCC ($n=12$) ($p<0.0001$), which corresponded to the observation for CC subsites. However, a similar proportion of RCC (25.3%) and LCC (25.1%) patients was found to have distant metastases ($p=0.69$) and CC subsite analysis showed that the highest proportion of distant metastases was observed in patients with CC of the caecum, splenic flexure or descending colon (table 1).

**Survival**

Patients were followed for up to 10.8 years (median 26 months) from diagnosis of CC. Kaplan-Meier plots of 5-year overall survival in women and men (figure 1) showed overall survival to be poorer in patients with RCC than in patients with LCC ($p<0.0001$). This was in age-adjusted Cox regression analyses found to be explained by excess mortality in patients with RCC as compared to patients with LCC within the first 2 years after diagnosis ($HR_{women} 1.13$, $p<0.0001$; $HR_{men} 1.27$, $p<0.0001$; table 2). In the following 3–5 years after CC diagnosis, mortality tended to be lower in patients with RCC than in patients with LCC ($HR_{women} 0.87$, $p=0.02$; $HR_{men} 0.95$, $p=0.31$; table 2).

Adjustment for ASA score did not change the presented estimates (table 2). Adjustment for the number of removed lymph nodes resulted in a stronger association between localisation and mortality (especially in the first 2 years; table 2), which was found to be explained by a positive association between RCC and the

**Figure 1** Kaplan-Meier plot of survival according to time since diagnosis of right-sided (thin lines) and left-sided (black lines) colon cancer in 11 977 Danish women (2001–2011) (solid lines) and 11 510 Danish men (2001–2011) (dashed lines).
number of lymph nodes removed and an inverse association between the number of lymph nodes removed and mortality.

Adjustment for the number of lymph nodes with metastases had little impact on the difference in mortality from RCC relative to LCC (table 2). However, further analyses revealed an interaction between CC localisation and the number of lymph nodes with metastases, which was most pronounced in women (p<0.001), and the excess 1–2 year mortality from RCC relative to LCC among female patients was only present among women with one or more lymph nodes with metastases, whereas the mortality was decreased in RCC women as compared to LCC women without lymph node metastases (table 3).

The presence of distant metastases and the UICC stage did not explain the difference in mortality between RCC and LCC (table 2).

In a sensitivity analysis of survival among a subset of the population (9106 women and 8674 men) with information on all potential confounders (the ASA score, number of lymph nodes harvested, number of lymph nodes with metastases, presence of distant metastases, value unknown; UICC stages I, II, III, IV).

<table>
<thead>
<tr>
<th>Table 2</th>
<th>HRs for mortality from right-sided colon cancer relative to mortality from left-sided colon cancer</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N Cases/no. of patients</td>
</tr>
<tr>
<td>Overall</td>
<td></td>
</tr>
<tr>
<td>Years 1–2</td>
<td>4579/11963</td>
</tr>
<tr>
<td>Years 3–5</td>
<td>1237/6270</td>
</tr>
<tr>
<td>Adjusted for ASA score</td>
<td>3924/10787</td>
</tr>
<tr>
<td>Years 3–5</td>
<td>1127/5811</td>
</tr>
<tr>
<td>Adjusted for no. of harvested lymph nodes</td>
<td>3280/10192</td>
</tr>
<tr>
<td>Years 3–5</td>
<td>1121/5889</td>
</tr>
<tr>
<td>Adjusted for no. of lymph nodes with metastases</td>
<td>2913/9741</td>
</tr>
<tr>
<td>Years 3–5</td>
<td>1103/5805</td>
</tr>
<tr>
<td>Adjusted for presence of distant metastases</td>
<td>4365/11591</td>
</tr>
<tr>
<td>Years 3–5</td>
<td>1193/6087</td>
</tr>
<tr>
<td>Adjusted for UICC stage</td>
<td>4176/11296</td>
</tr>
<tr>
<td>Years 3–5</td>
<td>1185/6043</td>
</tr>
<tr>
<td>Global model</td>
<td>2649/9106</td>
</tr>
<tr>
<td>Unadjusted on data with complete conf. info.</td>
<td>1036/5473</td>
</tr>
<tr>
<td></td>
<td>2649/9106</td>
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<tr>
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<td>1036/5473</td>
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Cox proportional hazard models adjusted for age with additional adjustment for the mentioned factors one by one. Categories used in the adjusted analysis: ASA scores 1, 2, 3, 4; harvested lymph nodes 0, 1–3, 4 and more; distant metastases yes, no, value unknown; UICC stages I, II, III, IV.

<table>
<thead>
<tr>
<th>Table 3</th>
<th>HRs for mortality from right-sided colon cancer relative to mortality from left-sided colon cancer according to number of lymph nodes with metastases</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Women</td>
</tr>
<tr>
<td></td>
<td>Years 1–2 HR (95% CI)</td>
</tr>
<tr>
<td>Lymph nodes with metastases</td>
<td></td>
</tr>
<tr>
<td>0</td>
<td>0.83 (0.74 to 0.94)</td>
</tr>
<tr>
<td>1–3</td>
<td>1.33 (1.15 to 1.53)</td>
</tr>
<tr>
<td>&gt;4</td>
<td>1.55 (1.36 to 1.77)</td>
</tr>
</tbody>
</table>

Cox proportional hazard models of mortality from right-sided vs left-sided colon cancer in patients with 0, 1–3 and >4 lymph nodes with metastases, respectively. Analyses were adjusted for age.
and UICC stage), we found the 1–2 year HR for women to be 1.29 (95% CI 1.19 to 1.40) in a crude model and 1.28 (95% CI 1.18 to 1.39) in a full model including all these variables. In men, the crude 1–2 year HR was 1.34 (95% CI 1.24 to 1.45) and the fully adjusted HR was 1.36 (95% CI 1.25 to 1.47). The 3–5 year HR was 0.87 (95% CI 0.77 to 0.97) for women and 0.97 (95% CI 0.86 to 1.09) for men in crude analysis, whereas the fully adjusted 3–5 year HR was 0.93 (95% CI 0.82 to 1.06) for women and 1.06 (95% CI 0.94 to 1.19) for men.

Analyses were repeated for CC subsites using sigmoid colon localisation as the reference (table 4). Relative mortality was higher for all other CC subsites than sigmoid CC both in women and men during the first 2 years after CC diagnosis (table 4). Interestingly, mortality from cancer of the caecum and ascending colon were closest to mortality from sigmoid cancer (table 4), whereas mortality was 28–50% increased for cancer of the hepatic flexure, 45–55% increased for cancer of the transverse colon, and, notably, 71–75% increased for cancer of the splenic flexure relative to mortality from sigmoid cancer (table 4). During years 3–5 following cancer diagnosis, mortality for the investigated CC subsites were not different from mortality from sigmoid CC except for a significantly lower relative mortality from cancer of the ascending colon (table 4). During years 3–5 following cancer diagnosis, mortality for the investigated CC subsites were not different from mortality from sigmoid CC except for a significantly lower relative mortality from cancer of the ascending colon (table 4). Adjustment for the ASA score, number of harvested lymph nodes, number of lymph nodes with metastases, presence of distant metastases and UICC stage had a minor impact on these observations (data not shown).

DISCUSSION

Our nationwide cohort study of 23 487 prospectively followed CC patients revealed that although patients with RCC were, overall, older, more often of female gender, had modestly higher ASA scores and more advanced UICC stages than patients with LCC, the picture was indeed more complex when assessing the underlying CC subsites. Mortality from RCC was only relatively higher than mortality from LCC during the first 2 years after CC diagnosis, probably due to the observation that the majority of recurrences in colorectal cancer occurs within the first 2 years after primary treatment.12 In analyses of CC subsites, the highest relative mortality was from cancer of the splenic flexure (ie, belonging to the LCC category), while the lowest relative mortality was from sigmoid cancer (also belonging to the LCC category). The differences in mortality from CC of different colon subsites was only to a minor extent explained by the ASA scores, number of harvested lymph nodes, number of lymph nodes with metastases, presence of distant metastases and UICC stage. Overall, our observations challenge the simple categorisation of CC into RCC and LCC.

The primary strength of our study was the population-based patient cohort with nearly complete (96–99%) inclusion and follow-up of all Danish patients diagnosed with CC. A nationwide Danish cohort study of right-sided and left-sided colon cancer.
with CC during the last 10 years. Using the 10-digit personal identification number given to all Danish citizens at birth, complete information on vital status could be obtained from the Danish Central Person Registry. Further, detailed information on the patient characteristics, surgical procedures including harvesting of lymph nodes, lymph node and tumour pathology, and UICC stages were available.

The study also had potential limitations to consider. Despite detailed information on patients, data on cancer recurrence had not been collected. Hence, we were only able to compare overall survival rather than cancer-free survival between RCC and LCC patients or by CC subsite. Lack of info on chemotherapy is also a potential limitation of the study, since chemotherapy may influence survival. However, the highest frequency of stage III and IV cancers, normally leading to chemotherapy, was seen in splenic flexure cancers, and these cancers still had the highest relative mortality compared to other sites. It may also be seen as a limitation of the study that patients with synchronous or overlapping site CCs have been categorised according to the localisation of the cancer with the highest UICC stage. However, only approximately 5% of CCs are synchronous. Potentially, we may oversee mild LCCs in patients with higher stage synchronous RCCs (or vice versa), but this is judged to have little impact on results and interpretation of these. Further, we did not have genetic or biomarker information that could have served to further qualify the observations of the differences between the groups. This merits further study. Lastly, we did not have information on all potential confounders on all individuals. We handled this by first running analysis adjusting for one confounder per se (with little impact of most variables) and secondly running sensitivity analyses using the select subset of patients with information on all potential confounders. This resulted in removal of approximately one-third of patients, which in turn appeared to influence the overall crude HR markedly more than did the following adjustment for all potential confounders, hence suggesting selection bias in this subset of patients to be a greater problem than confounding by the mentioned factors.

In the present study, we observed an almost linear relationship between tumour location and age; that is, the more proximal the tumour was located, the higher was the median age among patients. This did obviously result in a higher median age among RCC patients than among LCC patients. However, the same would have been the case had the division between groups been made at any other place along the colon (comparing proximal cancers with distal cancers), and it may not necessarily support the theory of RCC and LCC being two separate disease entities. The observed age distribution may be explained by the diagnostic delay of cancers of the right side of the colon due to weaker symptoms. The sojourn time of preclinical colorectal cancer is estimated to range from 4.5 to 5.8 years and the difference in median age of patients with cancer in the caecum and cancer in the sigmoid colon was only 2.5 years, hence likely reflecting the diagnostic delay. Another part of the explanation could be that the diagnostic accuracy of colonoscopy is lower in the right side than in the left side of the colon and lower in women, which would further explain the observed gender differences between patients with RCC and LCC.

In accordance with a few earlier studies, we observed higher ASA scores among RCC patients than LCC patients. However, more detailed analyses of CC subsites revealed that ASA scores ≥3 were most often seen in patients with cancer of the hepatic flexure, transverse colon as well as of the splenic flexure and descending colon, that is, cancers belonging to both the RCC and LCC categories, hence again questioning the simple dichotomisation of CC.

We observed patients with RCC to have significantly more advanced cancer stages than patients with LCC in accordance with a previous systematic literature review. However, CC subsite analyses again revealed a more complex picture with the most advanced stages and distant metastases observed for cancers of the caecum, splenic flexure and descending colon. This is in accordance with the study of Benedix et al., who, in an analysis of 29,568 CC patients, found the highest rate of prognostically favourable UICC stages (I or II) among carcinomas of the descending colon (55.3%) and ascending colon (53.6%), whereas the lowest rates were found for the splenic flexure (49.0%) and the caecum (47.7%). Further, cancers of the caecum and splenic flexure (ie, representing both RCC and LCC) were most advanced with regard to the metastatic spread (UICC stage IV).

In the present study, overall survival was poorer in patients with RCC than in patients with LCC, in accordance with the previous systematic review. However, the review also revealed that when eliminating confounding by differences in patient or tumour characteristics, the prognostic picture became more complex in most studies. Suttie et al. found that age, tumour stage and acute presentation had a significant impact on differences in survival between patients with RCC and LCC, in accordance with Faire-Finn et al. who also found tumour location per se to associate with survival. This has, however, been questioned by others. We observed mortality from RCC (relative to LCC) to be increased only during the first 2 years after CC diagnosis and to be most pronounced in men. The ASA score, UICC stage and presence of distant metastases had little impact on the difference in mortality from RCC and LCC, whereas an interaction with the number of lymph nodes with metastases was observed. However, when assessing CC subsites and using sigmoid colon localisation as reference, the highest relative mortality was observed in patients with splenic flexure cancer. This is in accordance with one study but in contrast to another previous study, and again challenges the concept of RCC and LCC as two distinct disease entities.
It remains unknown why patient characteristics, cancer pathology and survival differ between CC subsites. However, it has recently been shown that biological features, such as the rate of cancer gene mutations in the form of microsatellite instability (MSI), K-RAS and BRAF mutations, differ along colonic subsites and therefore do not fit the theory of CC simply arising from the embryological right or left side of the colon. Yamauchi et al. found that the frequencies of MSI-high, CpG island methylator phenotype (CIMP)-high and BRAF mutations increased in a statistically linear fashion from the rectum to the ascending colon with caecal cancer appearing to represent a unique subtype, characterised by a high frequency of KRAS mutations. The findings indicate that the molecular pathological changes evolve gradually as a continuum through bowel subsites rather than abruptly at the splenic flexure. However, Benedix et al. found that MSI status, KRAS and BRAF mutation rates varied remarkably among the colonic subsites irrespective of a right-sided or left-sided origin and without gradually evolving through the colon. The last observations are somewhat in accordance with the results of the present study, but the few and conflicting data on the subject underscore the need for further studies of colorectal neoplasia by CC subtype at the molecular, pathological and epidemiological levels.

In the present nationwide population-based cohort study of more than 20,000 prospectively followed CC patients revealed that, overall, patients with RCC may differ from patients with LCC in terms of age, gender, ASA scores, cancer stage and survival. However, these findings seem to cover a much more complex pattern of disease, especially with cancer of the splenic flexure showing poor stage and prognosis. Our study strongly challenges the simple classification of CC into right-sided versus left-sided disease and underscores the need for a more subtle CC classification, in accordance with recent molecular biological findings. A better classification will enhance our possibilities to provide optimal surveillance and treatment of CC.

Contributors The study was conceived and designed by PJ, IOH, MG and TJ. Statistical analyses were performed by MG. All authors were involved in the interpretation of data. PJ drafted the manuscript, which was critically revised by all authors, who also approved the final version of the manuscript.

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