

# BMJ Open Use of symptom-relieving drugs before and after surgery for urinary incontinence in women: a cohort study

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## ABSTRACT

**Objective:** To describe the use of symptom-relieving drugs (antimuscarinic drugs or duloxetine) before and after surgery for urinary incontinence (UI); and for those with use of antimuscarinic drugs or duloxetine before surgery, to estimate the risk of being a postoperative user, relative to those without use before surgery.

**Design:** A historical population-based cohort study.

**Setting:** Denmark.

**Participants:** Women  $\geq 18$  years with a first-time surgical procedure for UI from the county of Funen, Denmark between 1 January 1996 and 31 December 2006, extended to the Region of Southern Denmark from 1 January 2007 to the end of 2010. For these women, data on redeemed prescriptions  $\pm 365$  days of date of surgery were extracted.

**Main outcome measures:** Effect of preoperative use of antimuscarinic drugs or duloxetine on the risk of being a postoperative user of these drugs.

**Results:** Of 2151 women with a first-time surgical procedure for UI, 358 (16.6%) were preoperative users of antimuscarinic drugs or duloxetine and 1793 were not (83.4%). A total of 110 (30.7%) of the preoperative users also redeemed prescriptions for these drugs within 0–60 days after surgery, and 152 (42.5%) of the preoperative users redeemed prescriptions for these drugs within 61–365 days after surgery. Among preoperative non-users, 25 (1.4%) and 145 (8.1%) redeemed prescriptions within 0–60 and 61–365 days after surgery, respectively. Presurgery exposure to antimuscarinic drugs or duloxetine was a strong risk factor of postoperative drug use, both within 0–60 days (adjusted OR=33.0, 95% CI 20.0 to 54.7) and 61–365 days (OR=7.2, 95% CI 5.4 to 9.6).

**Conclusions:** A substantial number of women will continue to be prescribed symptom-relieving drugs after surgery for UI within a year of follow-up. Only a minority of preoperative non-users initiated usage of symptom-relieving drugs after surgery. Compared with other factors included in the regression model, preoperative use of antimuscarinic drugs or duloxetine was the strongest risk factor for postoperative use.

## INTRODUCTION

Urinary incontinence (UI) is a very prevalent disorder among women,<sup>1</sup> and a wide array of

## Strengths and limitations of this study

- A population-based study.
- In total 2151 women included.
- High quality of data sources and complete information in the follow-up period for all included women.
- Adjustment for several factors: age, procedure type, preoperative oestrogen use, comorbidity, educational level and personal annual income.
- Redeemed prescriptions were used as a proxy for drug use.
- No data on type of urinary incontinence or urodynamic studies.

options for clinical managements exists. Current best practice is a stepwise strategy moving from conservative treatments such as behavioural alteration, pelvic floor muscle training and weight loss to pharmacological treatment and, in selected cases, surgery.<sup>2</sup>

There are different pharmacological options to relieve the symptoms of UI, including antimuscarinic drugs and duloxetine. Antimuscarinic drugs remain the mainstay in the treatment of urgency UI, mixed UI as well as the overactive bladder syndrome.<sup>3</sup> Antimuscarinics reversibly block muscarinic receptors in the bladder wall, acting primarily by increasing bladder capacity rather than by ablating detrusor overactivity. Although the site of action has been thought to be M2 and M3 receptors in detrusor smooth muscle during contraction, there is growing evidence that the therapeutic response might also be the result of antagonist effects on muscarinic receptors on afferent neurons<sup>4</sup> as well as central modulation. Duloxetine, a selective serotonin-reuptake and norepinephrine-reuptake inhibitor, is predominantly used as an antidepressant, but has also been licensed in some European countries for stress UI. Presumably duloxetine acts by central modulations, causing an increase in the urethral sphincter tone.<sup>5</sup>



During the last decades, the surgical treatments of UI in women have improved with the introduction of minimally invasive suburethral sling procedures for UI,<sup>6–8</sup> submucosal intraurethral injections of bulking agents<sup>9</sup> and intravesical injections of botulinum toxin<sup>10</sup>; and the number of surgeries for UI has been increasing as well.<sup>11 12</sup>

Three small studies by Segal *et al*<sup>13</sup> (n=98), Yoo and Kim<sup>14</sup> (n=84) and Barber *et al*<sup>15</sup> (n=162) have shown that nearly 40% of preoperative antimuscarinic drug users continued the use after surgery for UI.

This topic is highly relevant in advising women who are candidates for surgical treatment for UI, if the results could be confirmed in larger studies. Women being counselled for incontinence surgery would be better served with information on the likelihood of both having to remain on drug use or having to start the use for other lower urinary tract symptoms following their procedure; therefore, the purpose of this study was to assess the use of symptom-relieving drugs before and after surgery for UI in a larger population and to examine the possible risk factors of postoperative drug use.

## MATERIALS AND METHODS

### Study population and settings

Data on all first-time surgical procedures for UI in women during the study period from 1 January 1996 to 31 December 2010 were retrieved from the Danish National Patient Registry (NPR).<sup>16</sup> The International Classification of Diseases (ICD) procedure codes for data extraction are listed in online supplementary appendix 1. The study population included women  $\geq 18$  years undergoing a first-time surgical procedure for UI in a hospital in the county of Funen (four hospitals), Denmark between 1 January 1996 and 31 December 2006. For the period 2007 through 2010, the geographical area was extended to include all hospitals from the Region of Southern Denmark (including Funen, a total of 13 hospitals). The latter was due to a change in the structure of healthcare in Denmark from counties to regions in 2007. Women with concomitant or prior surgery for pelvic organ prolapse were not excluded. In women with more than one procedure code for UI in the study period, the first code was chosen as the included procedure.

### Data sources

Data for this study were retrieved from three Danish registers: the NPR, the Odense University Pharmacoepidemiologic Database (OPED) and the Statistics Denmark.

The NPR was established in 1977; it contains data on discharges from public hospitals in Denmark. The completeness of recordings has been estimated to be 99.4%.<sup>17</sup> The registry contains information about the unique personal identification number (CPN) assigned to all Danish citizens, the dates of admission and

discharge, the surgical procedures performed, and up to 20 diagnoses for every discharge, classified according to the ICD-8 (1977–1993) and ICD-10 (1994 and onwards)<sup>18 19</sup> as well as codes from the Danish classification system of surgical procedures.<sup>20</sup>

Information on relevant drugs (antimuscarinic drugs, duloxetine and oestrogens) was retrieved within 1995–2011 for the entire study population from OPED by using CPN.

OPED contains person-identifiable data with complete coverage on all computerised prescription reimbursements from the County of Funen (population 2006: 479 000) from 1990 and from January 2007 onwards extended to the whole Region of Southern Denmark (population 1.2 million). The age and gender distribution of this population is very similar to that of the Danish population as a whole (2006: 5.4 mio.), and the prescription of drugs is very similar to the national average.<sup>21</sup> OPED is pharmacy based and captures all reimbursed prescriptions.

Prescription reimbursements are offered as a part of the National Health Service to all legal inhabitants of Denmark and given independently of patient income. Each record includes the CPN, the date of purchase, the pharmacy, a full account of what has been purchased, including brand name, Anatomical Therapeutic Chemical (ATC) classification code, total defined daily dose (DDD), dose unit and quantity. The database does not contain information on indicative diagnoses, drugs sold over the counter or drugs not reimbursed by the county authority (mainly oral contraceptives, sedatives and hypnotics). Data on the highest attained educational level and annual income were retrieved from the Danish Integrated Database for Labor Market Research at the Statistics of Denmark. This database contains annually updated socioeconomic data for each Danish citizen, mainly supplied by tax authorities, educational institutions and employment services.<sup>22</sup>

### Study drugs

Included drugs were antimuscarinic drugs (tolterodine (ATC G04BD07), solifenacin (ATC G04BD08), trospium chloride (ATC G04BD09), darifenacin (ATC G04BD10), fesoterodine (ATC G04BD11), oxybutynin (ATC G04BD04), flavoxate (ATC G04BD02)), duloxetine (ATC N06AX21) (only brand name Yentreve) and oestrogens (ATC G03C). Propiverine (ATC G04BD6) has not been licensed in Denmark.

### Exposed and unexposed cohorts

Exposed cohort: All women  $\geq 18$  years undergoing a first-time surgical procedure for UI between 1 January 1996 and 31 December 2010 in the county of Funen/Region of Southern Denmark and having redeemed one or more prescriptions for antimuscarinic drugs or duloxetine for UI within 365 days preceding the date of surgery (index date).

Unexposed cohort: All women  $\geq 18$  years undergoing a first-time surgical procedure for UI between 1 January 1996 and 31 December 2010 in the county of Funen/Region of Southern Denmark without having redeemed similar prescriptions within the same time frame.

### Outcome data

For exposed and unexposed women, the first-time outcome was the use of symptom-relieving drugs, defined as having redeemed at least one prescription for antimuscarinic drugs or duloxetine within (1) 60 days after the index date (short term postoperatively) and (2) 61–365 days after the index date (long term postoperatively). These outcomes were not mutually exclusive, that is, a woman might be classified both as a short-term and long-term user postoperatively.

### Covariates

The use of symptom-relieving drugs might be affected by age, type of procedure, use of oestrogen, comorbidity, educational level, annual income and calendar time; therefore, these variables were included in the analysis as potential confounders.

*Type of procedures:* The types of UI surgery were divided into four groups according to the surgical procedure code: (1) mid-urethral sling procedures with transobturator route (toMUS), (2) mid-urethral sling procedures with retropubic route (rpMUS), (3) bulking procedures and (4) other types of UI surgeries.

*Oestrogen:* To adjust for preoperative oestrogen use, women were divided into those who had redeemed at least one prescription for oestrogens within 365 days prior to surgery, and those who had no preoperative oestrogen use. Both systemic and local oestrogens were included.

*Comorbidity:* Comorbidity was classified according to the Charlson comorbidity index (CCI),<sup>23</sup> a well-known, validated and widely used quantitative measure of comorbid illness.<sup>24–25</sup> It assigns different weights (1, 2, 3 and 6) to 19 different disease categories specified by medical condition and severity (eg, diabetes, cardiovascular diseases, chronic pulmonary, renal, liver and connective tissue diseases). For each woman, the CCI was computed based on her complete hospital discharge history from the NPR since 1977. A categorised version of the CCI with score values grouped were used: 0 (low), 1–2 (medium) and 3+ (high).<sup>26</sup>

*Socioeconomic status:* To measure socioeconomic status, information on education and annual income for each woman was retrieved. Education was categorised according to the highest attained educational level as 'Basic' (basic school/high school education: 7–12 years of first-time, secondary and grammar-school education), 'Secondary' (vocational education, 10–12 years of education) and 'Higher' (a university degree or an examination in another higher institution requiring on average a total of 13 years or more).<sup>27</sup>

On the basis of quartiles of annual income for each woman at the year of her surgery, we categorised women in low (1st quartile), medium (2nd and 3rd quartile) and high income (4th quartile) recipients.

### Statistical analysis

We describe in a flow chart the use of symptom-relieving drugs within the first 365 days after surgery for the two groups of users and non-users of drugs prior to surgery.

We also constructed contingency tables for the main study variables, and computed the OR, with 95% CI.

To analyse the significance of preoperative symptom-relieving drug use as a risk factor of postoperative use (short and long term), adjusted ORs were estimated by means of multivariate logistic regression models. Adjustment was made for age (18–39, 40–59,  $\geq 60$  years (reference)), type of procedures (toMUS (reference), rpMUS, Bulking, others), education (basic (reference), secondary, higher), annual income (low (reference), middle, high), comorbidity (CCI 0 (reference), CCI 1–2, CCI 3+), calendar-year (1996–2006, 2007–2008 (reference), 2009–2010) and use of oestrogen within 365 days preceding surgery (No (reference), Yes).

All analyses were performed using Stata Release V.12.0.

## RESULTS

A total of 2151 women had a first-time surgical procedure for UI between 1 January 1996 and 31 December 2010 (2073 had solitary UI surgery, and 78 had concomitant surgery for pelvic organ prolapse).

Of the 2151 women, 358 (16.6%) were exposed to symptom-relieving drugs within 365 days before surgery, and 1793 (83.4%) were not. The use of symptom-relieving drugs within 365 days after surgery is detailed in both these cohorts (figure 1).

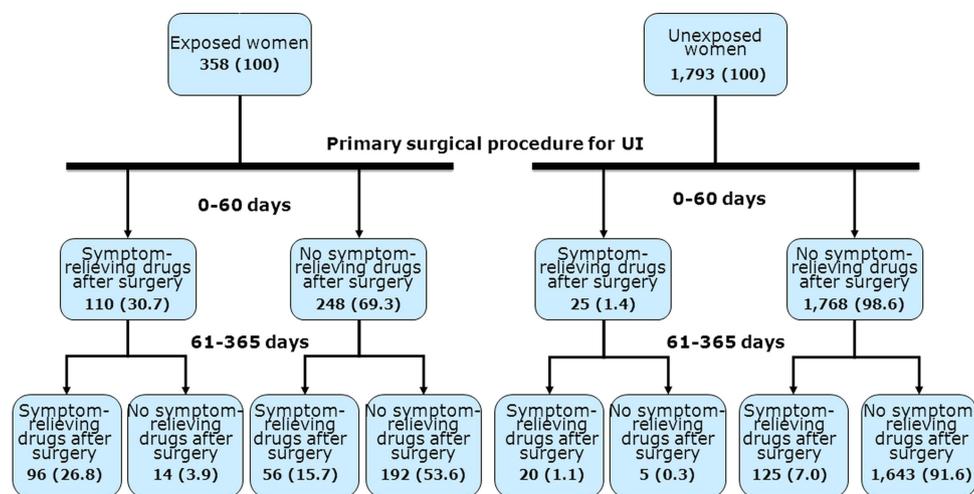
### Women having redeemed prescriptions for symptom-relieving drugs before surgery (exposed)

Of the 358 women with prior drug use of antimuscarinic drugs or duloxetine, 110 (30.7%) women redeemed prescriptions for these drugs within 0–60 days after surgery, and 98 of the 358 women (26.8%) did so within 61–365 days after surgery (figure 1). On the other hand, 248 (69.3%) women did not redeem a prescription for symptom-relieving drugs within 0–60 days after surgery, and the majority of these women (192/358=53.6%) also abstained from symptom-relieving drugs during the time frame 61–365 days after surgery (figure 1). For the exposed women, the number of redeemed prescriptions was 1360 preoperatively (DDD 174.6 (SD $\pm$ 202)), postoperatively 126 (DDD 32.3 (SD $\pm$ 63.5)) within 0–60 days and 984 (DDD 140.4 (SD $\pm$ 234.3)) within 61–365 days.

### Women with no usage of symptom-relieving drugs before surgery (unexposed)

Only 25 of the 1793 (1.4%) women redeemed a first-time prescription for symptom-relieving drugs within 0–60 days

**Figure 1** Women (N=2151) with first-time surgery for urinary incontinence (UI) and their use of symptom-relieving drugs for UI (antimuscarinic drugs and duloxetine) before and after surgery for UI. Exposed women had redeemed one or more prescriptions of antimuscarinic drugs or duloxetine within 365 days preceding the date of surgery, and unexposed women had not redeemed prescriptions of antimuscarinic drugs or duloxetine within 365 days preceding the date of surgery.



after surgery, and these women typically continued their use within 61–365 days after surgery (20 women; [figure 1](#)). Of the 1793 women who did not redeem prescription before surgery, 1768 (98.6%) women remained non-users within 0–60 days after surgery, and the vast majority of these women (1643/1793=91.6%) continued as non-users also within 61–365 days after surgery ([figure 1](#)). For the unexposed women, the number of redeemed prescriptions postoperatively was 129 (DDD 0.8 (SD±8.8)) within 0–60 days, and 403 (DDD 11.9 (SD±54.8)) within 61–365 days.

The baseline characteristics of exposed and unexposed women are presented in [table 1](#). The most commonly used procedures were rpMUS or toMUS. The exposed women were more likely to have had a transobturator mid-urethral sling or a bulking agent injection compared with unexposed women, where retropubic mid-urethral sling was the preferred procedure. The most commonly prescribed drugs prior to surgery were solifenacin and tolterodine. Compared with unexposed women, the exposed women tended to be older, to be more frequent oestrogen-users, to have higher comorbidity, a lower educational level and a lower annual income.

Among women with prior drug use, the unadjusted OR of being a short-term or long-term user of symptom-relieving drugs after surgery was 31.1 (95% CI 19.9 to 49.4) and 8.4 (95% CI 6.4 to 11.0), respectively. The adjusted OR of being a short-term or long-term user of symptom-relieving drugs after surgery was 33.0 (95% CI 20.0 to 54.7) and 7.2 (95% CI 5.4 to 9.6), respectively. The details from logistic regression models presented in [table 2](#) show the impact of each risk factor included. The preoperative use of antimuscarinic drugs or duloxetine was the absolutely strongest risk factor of postoperative use (both short and long term); that is, compared with preoperative drug use, no other factors contributed considerably to the OR of being a short-term or long-term postoperative user.

## DISCUSSION

Among 2151 women undergoing first-time surgery for UI, less than 20% had redeemed prescriptions for antimuscarinic drugs or duloxetine prior to surgery, and nearly 30% of these continued using the drugs within 2 months after surgery and typically stayed long-term users. Among the women without drug use before surgery, the vast majority continued to be non-users after surgery, with fewer than 9% redeeming a first-time prescription of the drugs.

Our study has several strengths: (1) it is a population-based study in the sense that it covers all the relevant surgeries in a well-defined geographic area in Denmark, (2) The source of procedure has high coverage and validity. The NPR records 99.4% of all discharges from hospitals in Denmark, and the procedures in the NRP have been validated showing a moderate-to-high quality of the data with positive predictive values of 94–100%,<sup>28–30</sup> (3) the access to high quality data on prescriptions from the OPED that are representative for the Danish population,<sup>21</sup> (4) information on several confounders such as comorbidity and socioeconomic status, (5) complete information in the follow-up period for all included women, (6) outcome data on postoperative drug prescriptions were obtained independently of exposure assessment preventing differential misclassification of the outcome, and finally (7) the drugs and the surgical procedures included in our study do not have other indications than UI, which strongly limits the number of alternative interpretations of our findings.

Our study also has limitations. Data on redeemed prescription are only a surrogate for drug intake. However, antimuscarinic drugs and especially duloxetine are expensive drugs with significant patient copayment, and we find it unlikely that these drugs to any major extent would be bought and not consumed. We had no data on patient symptomatology, that is, whether stress UI, urgency UI, mixed UI or overactive bladder syndrome was predominant, just as there were no available data on

**Table 1** Baseline characteristics of all included women (N=2151) having first-time surgery for urinary incontinence in Denmark, 1996–2010

|  | Exposed<br>n=358<br>(16.6%) | Unexposed<br>n=1793<br>(83.4%) |
|--|-----------------------------|--------------------------------|
| Mean age ( $\pm$ SD), years<br>(At time of first UI surgery) | 60.9 ( $\pm$ 12.7)          | 54.5 ( $\pm$ 12.6)             |
| Age groups n (%)   |                             |                                |
| 18–39  | 13 (3.6)                    | 199 (11.1)                     |
| 40–59  | 151 (42.2)                  | 956 (53.3)                     |
| 60–  | 194 (54.2)                  | 638 (35.6)                     |
| Procedures n (%)   |                             |                                |
| rpMUS  | 73 (20.4)                   | 602 (33.6)                     |
| toMUS  | 172 (48.0)                  | 800 (44.6)                     |
| Bulking  | 101 (28.2)                  | 259 (14.4)                     |
| Others   | 12 (3.4)                    | 132 (7.4)                      |
| Concomitant prolapse surgery n (%)                           | 11 (3.1)                    | 67 (3.7)                       |
| Symptom-relieving medications n (%)*                         |                             |                                |
| Solifenacin  | 176 (49.2)                  | –                              |
| Tolterodine  | 84 (23.5)                   | –                              |
| Fesoterodine   | 63 (17.6)                   | –                              |
| Tropium chloride   | 32 (8.9)                    | –                              |
| Oxybutynin   | 29 (8.1)                    | –                              |
| Darifenacin  | 14 (3.9)                    | –                              |
| Emepronium   | 6 (1.7)                     | –                              |
| Duloxetine   | 6 (1.7)                     | –                              |
| Oestrogen users n (%)†                                       |                             |                                |
| No   | 135 (37.7)                  | 1073 (59.8)                    |
| Yes  | 223 (62.3)                  | 720 (40.2)                     |
| Comorbidity (CCI) n (%)                                      |                             |                                |
| 0  | 214 (59.8)                  | 1298 (72.3)                    |
| 1–2  | 107 (29.9)                  | 413 (23.0)                     |
| 3+   | 37 (10.3)                   | 82 (4.6)                       |
| Educational level n (%)‡                                     |                             |                                |
| Basic  | 178 (51.7)                  | 739 (41.8)                     |
| Secondary  | 125 (36.3)                  | 645 (36.5)                     |
| Higher   | 41 (11.9)                   | 383 (21.7)                     |
| Annual income n (%)  |                             |                                |
| Low (1st quartile)   | 100 (27.9)                  | 437 (24.4)                     |
| Middle (2nd–3rd quartile)                                    | 206 (57.6)                  | 871 (48.6)                     |
| High (4th quartile)  | 52 (14.5)                   | 485 (27.0)                     |
| Year of surgery n (%)  |                             |                                |
| 1996–2006  | 50 (14.0)                   | 409 (22.8)                     |
| 2007–2008  | 118 (33.0)                  | 673 (37.5)                     |
| 2009–2010  | 190 (53.0)                  | 711 (39.7)                     |

\*Does not sum up to 100%. Some women redeemed more than one type of the drugs during the time period.

†Women with at least one redeemed prescription of oestrogen within 365 preceding surgery.

‡Unknown highest attained educational level: 40 women.

CCI, Charlson comorbidity index; rpMUS, retropubic mid-urethral sling; toMUS, transobturator mid-urethral sling; UI, urinary incontinence.

findings in urodynamic studies. The exposed cohort was receiving symptom-relieving drugs, and thus these women most likely had predominantly mixed UI, whereas the unexposed women most likely had predominantly stress UI. We were not able to control for

potential confounders such as body mass index, parity, grade of concomitant cystocele, severity of UI symptoms, intrinsic sphincter deficiency or menopausal status, which are well-known risk factors for persistent UI after surgery for UI.<sup>31–35</sup> One might speculate whether duration of time with UI symptoms and preoperative conservative treatment could impact our estimates of postoperative drug use, as women in the exposed cohort could have longer disease duration before surgery than women in the unexposed cohort. This could be due to more extensive preoperative evaluations including urodynamic studies, as well as waiting time to evaluate the effect of drug treatment in the exposed cohort. However, to our knowledge, no studies have indicated that disease duration or conservative treatment of UI is a risk factor for postoperative drug use, and therefore we do not believe our estimates of postoperative drug use are influenced by duration of time with UI symptoms.

The currently available drugs for UI are expensive and have many side effects,<sup>36</sup> and the long-term persistence of the use of antimuscarinic drugs as well as duloxetine is low (without regarding surgery).<sup>37–39</sup> All the latter may contribute to the cessation of the drugs, and thus a reduction in the drug usage may not be explained entirely by the surgery. The reasons for cessation of drug use after surgery can be influenced by other factors as well. For example, misinterpretation of symptoms/investigations may lead to treatment of stress UI with symptom-relieving drugs.

The risk of initiating medical treatment after surgery for UI (based on de novo surgery) is small but well known.<sup>40</sup>

There was a low rate of concomitant pelvic reconstructive surgery, as was expected given the current practice in Scandinavia with a conservative approach of addressing the predominant problem of either pelvic organ prolapse or UI in sequential surgery.<sup>41</sup> Age was higher among the exposed than among the unexposed women, and therefore, expectedly, we found a higher proportion of women with high comorbidity in the exposed group—and furthermore, not surprisingly, a higher proportion of Bulking procedures among exposed women as this procedure is often preferred in women with high comorbidity.

To our knowledge, this is the largest study to address changes in the use of symptom-relieving drugs in relation to surgery for UI, and having a large number of possible risk factors of postoperative use. Our results in this larger population are consistent with the previous smaller studies.<sup>13–15</sup>

Compared with the previous studies, our study included a larger number of women with UI surgery, estimated the risk of postoperatively symptom-relieving drug use with adjustment for a number of relevant covariates, and assessed the risk of both short-term and long-term use. Our study also showed that educational level, personal income and type of procedure did not seem to influence the risk of postoperative drug use. High comorbidity was found to significantly increase the

**Table 2** Risk factors of postoperative use of antimuscarinic drugs/duloxetine

|                                | Postoperative non-use Number | Postoperative short-term use |                     | Postoperative non-use Number | Postoperative long-term use |                  |
|--------------------------------|------------------------------|------------------------------|---------------------|------------------------------|-----------------------------|------------------|
|                                |                              | Number                       | OR (95% CI)         |                              | Number                      | OR (95% CI)      |
| Preoperative use               |                              |                              |                     |                              |                             |                  |
| No                             | 1768                         | 25                           | reference           | 1648                         | 145                         | reference        |
| Yes                            | 248                          | 110                          | 33.0 (20.0 to 54.7) | 145                          | 152                         | 7.2 (5.4 to 9.6) |
| Age group                      |                              |                              |                     |                              |                             |                  |
| 18–39                          | 209                          | 3                            | 0.3 (0.1 to 1.4)    | 204                          | 8                           | 0.3 (0.1 to 0.7) |
| 40–59                          | 1063                         | 44                           | 0.6 (0.3 to 0.9)    | 999                          | 108                         | 0.6 (0.4 to 0.8) |
| 60–                            | 744                          | 88                           | reference           | 651                          | 181                         | reference        |
| Procedure                      |                              |                              |                     |                              |                             |                  |
| rpMUS                          | 659                          | 16                           | 0.6 (0.3 to 1.2)    | 612                          | 63                          | 0.6 (0.4 to 0.9) |
| toMUS                          | 894                          | 78                           | reference           | 842                          | 130                         | reference        |
| Bulking                        | 322                          | 38                           | 1.2 (0.7 to 2.0)    | 262                          | 98                          | 0.5 (0.3 to 0.7) |
| Others                         | 141                          | 3                            | 0.5 (0.1 to 2.6)    | 138                          | 6                           | 0.3 (0.1 to 1.0) |
| Preoperative use of oestrogen* |                              |                              |                     |                              |                             |                  |
| No                             | 1159                         | 49                           | reference           | 1090                         | 118                         | reference        |
| Yes                            | 857                          | 86                           | 0.8 (0.5 to 1.4)    | 764                          | 179                         | 1.0 (0.7 to 1.4) |
| Comorbidity (CCI)              |                              |                              |                     |                              |                             |                  |
| 0                              | 1442                         | 70                           | reference           | 1352                         | 160                         | reference        |
| 1–2                            | 467                          | 53                           | 1.5 (0.9 to 2.4)    | 419                          | 101                         | 1.5 (1.1 to 2.0) |
| 3+                             | 107                          | 12                           | 0.9 (0.4 to 1.9)    | 83                           | 36                          | 1.9 (1.2 to 3.2) |
| Educational level†             |                              |                              |                     |                              |                             |                  |
| Basic                          | 846                          | 71                           | reference           | 761                          | 156                         | reference        |
| Secondary                      | 727                          | 43                           | 0.9 (0.6 to 1.5)    | 674                          | 96                          | 0.9 (0.6 to 1.2) |
| Higher                         | 407                          | 17                           | 1.1 (0.6 to 2.3)    | 385                          | 39                          | 0.8 (0.5 to 1.3) |
| Annual income                  |                              |                              |                     |                              |                             |                  |
| Low                            | 489                          | 48                           | reference           | 442                          | 95                          | reference        |
| Middle                         | 1010                         | 67                           | 0.7 (0.4 to 1.2)    | 929                          | 148                         | 0.9 (0.6 to 1.2) |
| High                           | 517                          | 20                           | 0.9 (0.4 to 1.8)    | 483                          | 54                          | 1.1 (0.7 to 1.9) |
| Year of surgery                |                              |                              |                     |                              |                             |                  |
| 1996–2006                      | 448                          | 11                           | 0.7 (0.3 to 1.7)    | 427                          | 32                          | 0.5 (0.3 to 0.9) |
| 2007–2008                      | 739                          | 52                           | reference           | 675                          | 116                         | reference        |
| 2009–2010                      | 829                          | 72                           | 0.9 (0.6 to 1.4)    | 752                          | 149                         | 1.0 (0.7 to 1.4) |

Results from multivariate logistic regression models in (1) short term (0–60 days after surgery) and (2) long term (61–356 days after surgery).

\*Women with at least one redeemed prescription of oestrogen within 365 preceding surgery.

†Unknown highest attained educational level: 40 women.

CCI, Charlson comorbidity index; rpMUS, retropubic mid-urethral sling; toMUS, transobturator mid-urethral sling.

risk, but it did not influence the estimates as much as the preoperative drug use, which was the strongest risk factor of postoperative drug use. More studies are needed to examine the possible impact of body mass index, menopausal status, the predominant type of incontinence and the relationship between time from diagnosis of UI to performed surgery and the following probability of receiving symptom-relieving drugs.

In conclusion, we found that a substantial number of women will continue to be prescribed symptom-relieving drugs after surgery for UI within a year of follow-up. Only a minority (8.1%) of preoperative non-users initiated usage of symptom-relieving drugs after surgery. Compared with preoperative drug use, no other factors in the regression model contributed considerably to the OR of being a short-term or long-term postoperative user of symptom-relieving drugs. Counselling women prior to UI surgery should therefore include information on the high risk of

continuing use after surgery for preoperative users of symptom-relieving drugs, and preoperative non-users have a risk—although it is low—of becoming a user.

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**Data sharing statement** According to the Danish Data Detection Agency, we are not allowed to share our data from the Danish National Patient Registry. This would require special approval from the Danish Data Detection Agency and the Statens Serum Institut which deliver the data from the Danish National Patient Registry.

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