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# BMJ Open

## A protocol for a scoping review of implementation research approaches for promoting universal health coverage in Africa

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## A protocol for a scoping review of implementation research approaches for promoting universal health coverage in Africa

Chukwudi A Nnaji,<sup>1,2</sup> Charles S Wiysonge,<sup>1,2,3</sup> Joseph C Okeibunor,<sup>4</sup> Thobile Malinga,<sup>1</sup> Abdu A Adamu,<sup>1,3</sup> Prosper Tumusiime<sup>4</sup>, Humphrey Karamagi,<sup>4</sup>

<sup>1</sup> Cochrane South Africa, South African Medical Research Council, Cape Town, South Africa

<sup>2</sup> School of Public Health and Family Medicine, University of Cape Town, Cape Town, South Africa

<sup>3</sup> Department of Global Health, Stellenbosch University, Cape Town, South Africa

<sup>4</sup> World Health Organization Regional Office for Africa, Brazzaville, Congo

Correspondence to Dr Chukwudi Nnaji; [nnjchu001@myuct.ac.za](mailto:nnjchu001@myuct.ac.za)

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## Abstract

**Introduction:** Implementation research has emerged as part of evidence-based decision-making efforts to plug current gaps in the translation of research evidence into health policy and practice. While there has been a growing number of institutions and initiatives promoting the uptake of implementation research in Africa, their role and effectiveness remain unclear, particularly in the context of universal health coverage (UHC). This review aims to extensively identify and characterise implementation research initiatives for promoting UHC in Africa.

**Methods and analysis:** This scoping review will be developed based on the methodological framework proposed by Arksey and O'Malley and enhanced by the Joanna Briggs Institute. It will be reported in accordance with the Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) guidelines. A comprehensive search of the following electronic databases will be conducted: MEDLINE (via PubMed), Scopus and the Cochrane Library. Relevant grey literature and reference lists will also be searched. All publications describing the application of implementation research in the context of UHC will be considered for inclusion. Findings will be narratively synthesized and analysed using a predefined conceptual framework. Where applicable, quantitative evidence will be aggregated using summary statistics. There will be consultation of stakeholders, including UHC-oriented health professionals, programme managers, implementation researchers and policy makers; to provide methodological, conceptual and practical insights.

**Ethics and dissemination:** The data used in this review will be sourced from publicly available literature, hence this study will not require ethical approval. Findings and recommendations will be disseminated to reach a diverse audience, including UHC advocates, implementation researchers and key health system stakeholders within the African region. Additionally, findings will be disseminated through an open-access publication in a relevant peer-reviewed journal.

**Keywords:** Implementation research, evidence, universal health coverage, access, equity

### Strengths and limitations of the study

- This scoping review will be conducted in accordance with an enhanced evidence synthesis methodology and will use a well-grounded conceptual framework to map the evidence on implementation research in the context of UHC.
- It will contribute to filling an existing gap in the evidence relating to the relationship between implementation research and UHC-related outcomes.
- Multiple databases will be searched with a comprehensive search strategy to identify both peer-reviewed and relevant grey literature, with no language or document type restrictions.
- Broad stakeholder consultation with implementation researchers, UHC experts, health policy makers and programme managers in Africa will be incorporated into this scoping review to enhance conceptual and practical insights.
- Due to the broad nature of the topic, it is possible that some relevant literature may not be identified by our search strategy, however comprehensive.

## Introduction

The need for health decision making to be informed by empirical evidence has been identified as a vital step for achieving universal health coverage (UHC) and equitable access to quality health care.<sup>1,2</sup> It has been recognised that decisions informed by research evidence have the potential to promote equitable service delivery and improve health outcomes at population level, while strengthening health systems.<sup>2</sup> The World Health Organization (WHO) defines UHC as “ensuring that all people have access to needed health services (including prevention, promotion, treatment, rehabilitation and palliation) of sufficient quality to be effective while also ensuring that the use of these services does not expose the user the financial hardship”.<sup>3</sup> Since the 1978 Alma-Ata Declaration and the 1986 Ottawa Charter for Health Promotion, the right to the highest attainable standard of physical and mental health has gained increasing attention.<sup>4</sup> As a result of this prioritisation, UHC was adopted as a target of the Sustainable Development Goals (SDG), with the aspiration that countries will achieve this by 2030.<sup>5</sup>

With the increasing momentum of global efforts towards the attainment of UHC, countries are often faced with difficult choices regarding the most effective use of available health resources, particularly in contexts of resource limitation, competing healthcare needs and political priorities.<sup>6</sup> Given this inherent complexity, UHC decision making requires adequate consideration of best available and contextually applicable research evidence.<sup>6,7</sup> While investment in health research and research outputs have grown considerably in Africa over the years, there remain enormous gaps in translating available research evidence into health policy and practice.<sup>8</sup> This so-called ‘know–do gap’ has resulted in suboptimal gains from allocated health resources, in spite of growing investment towards the actualisation of UHC in Africa.<sup>2,9</sup> The gap is accentuated by the region’s high burden of communicable and non-communicable diseases.<sup>10,11</sup>

Implementation science has emerged in response to this critical gap.<sup>12</sup> Implementation science is an integral part of the broader Evidence-informed Decision Making (EIDM) enterprise. EIDM involves processes of distilling and disseminating the best available evidence from research, practice and experience and using that evidence to inform and improve public health policy and practice.<sup>13,14</sup> Knowledge translation, knowledge transfer and translational research are EIDM

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3 concepts that are closely related to implementation science, used to refer to the processes of  
4 moving research-based evidence into policy and practice, through the synthesis, dissemination,  
5 exchange and application of knowledge to improve the health of the population.<sup>13,15-17</sup> Although  
6 there may be nuanced differences in their conceptualisation, these terms essentially have similar  
7 goals and practical implications for improving health outcomes.<sup>15-17</sup>  
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13 There has been no clear consensus on the definition of implementation science.<sup>18</sup> In 2015, Odeny  
14 and colleagues published a review of the literature that found 73 unique definitions.<sup>19</sup> Broadly,  
15 implementation science has been defined as “the scientific study of methods to promote the  
16 systematic uptake of research findings and other evidence-based practices into routine practice,  
17 and, hence, to improve the quality and effectiveness of health services.”<sup>16</sup> Since the field of  
18 implementation science has cogent applications for both clinical and public health settings, this  
19 definition is more encompassing and highlights the field’s broad nature. The process of inquiry in  
20 implementation science is through research, which builds on traditional scientific methods, but  
21 focuses on a unique set of questions to improve the use of research in implementation.<sup>16,19</sup> Thus,  
22 implementation science offers the toolkit for addressing the know-do gap.<sup>16,20,21</sup>  
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32 Implementation research is an emerging sub-domain of implementation science that has been  
33 more distinctively defined. In 2006, Eccles and Mittman proposed a working definition for the  
34 field of implementation research – defining it as the “scientific study of methods to promote the  
35 adoption and integration of evidence based practices, interventions and policies into routine  
36 health care and public health settings.”<sup>21</sup> More recently in 2013, the World Health  
37 Organization’s Alliance for Health Policy and Systems Research (AHPSR) defines it as “the  
38 scientific study of the processes used in the implementation of initiatives as well as the contextual  
39 factors that affect these processes.”<sup>18</sup> This definition highlights a defining feature of  
40 implementation research; that is, going beyond the study of methods of promoting the uptake  
41 of evidence into routine practice, to studying the contextual facilitators and barriers to evidence-  
42 based implementation.<sup>17,18</sup> For this reason, implementation research has been regarded as the  
43 heart and soul of implementation science.<sup>17</sup> While implementation science and implementation  
44 research have been interchangeably used in literature, implementation research will be the  
45 reference term for this review.  
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3 Various conceptual theories and frameworks have been used to guide implementation research  
4 efforts across diverse settings. Some of the most commonly used frameworks include the  
5 Consolidated Framework for Implementation Research (CFIR), Theoretical Domains Frameworks  
6 (TDF), Diffusion of Innovations (DI), Reach Effectiveness Adoption Implementation Maintenance  
7 (RE-AIM), Quality Implementation Framework (QIF), Interactive Systems Framework (ISF) and  
8 Normalisation Process Model (NPM).<sup>22,23</sup> Additionally, the use of adapted forms or combination  
9 of these frameworks has been reported.<sup>22</sup> To facilitate the use of implementation research in  
10 health system decision making and routine practice, there have to be: (a) availability of rigorous,  
11 robust, relevant, and reliable evidence, (b) decision-makers' appreciation of the value and  
12 importance of empirical evidence in decision making processes (c) a trusting, mutually respectful  
13 and enduring engagement between evidence producers and decision makers.<sup>6,13,24</sup>

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24 Various implementation research initiatives and efforts for improving health outcomes have  
25 emerged in the African region in the last decade.<sup>13,17,25-28</sup> In spite of this substantial growth,  
26 implementation research uptake, effectiveness and scale-up in the region is challenged by  
27 numerous barriers.<sup>25-27</sup> These include inadequate research funding, limited availability and access  
28 to good quality research and paucity of contextually relevant evidence.<sup>27</sup> Other reported barriers  
29 include the untimeliness of research output and, of course, fragile collaboration between  
30 researchers and users of evidence like policy-makers and frontline programme  
31 implementers.<sup>2,7,29,30</sup>

## 32 33 34 35 36 37 38 39 40 41 42 **Study rationale**

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45 Globally, evidence-based health decision making and implementation models are being adopted  
46 as approaches for improving the health of populations.<sup>7,16,31</sup> While there has been a growing  
47 number of institutions and initiatives promoting the uptake of implementation science and  
48 implementation research in Africa, the role and effectiveness of these initiatives remain  
49 unclear.<sup>32,33</sup>

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3 Synthesised bodies of evidence on the role of implementation research in Africa's health systems  
4 and the extent to which it has been used to promote UHC and health equity on the continent,  
5 are sparse. With limited funding and institutional research capacity to drive implementation  
6 research efforts in Africa, there is an urgent need to seek out cross-country learning opportunities  
7 that can bolster understanding of implementation research and broader EIDM strategies in the  
8 region.<sup>11,34</sup> A better understanding will be important to stimulate greater synergy and  
9 collaboration between evidence producers and users, while optimising the overall effectiveness  
10 of implementation research efforts and health systems strengthening in the region.  
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18 Scoping reviews represent an appropriate methodology for thematically reviewing large bodies  
19 of literature in order to generate an overview of existing knowledge and practice, as well as  
20 identifying existing evidence gaps.<sup>35,36</sup> Like full systematic reviews, scoping reviews employ  
21 methods that are transparent and reproducible, using pre-defined search strategies and inclusion  
22 criteria.<sup>37,38</sup> However, unlike systematic reviews which often target specific and narrow research  
23 questions, scoping reviews typically have a broader focus – including the nature, volume and  
24 characteristics of the literature in order to identify, describe and categorise available evidence  
25 on the topic of interest.<sup>36-38</sup> This scoping review will be valuable for filling existing gaps in the  
26 availability of synthesised evidence on implementation research in the context of UHC, health  
27 equity and health systems strengthening within the African region. Additionally, it will map the  
28 region's implementation strategies, major actors, reported outcomes, facilitators and barriers  
29 from a diverse body of literature. Ultimately, it seeks to provide a holistic and user-friendly  
30 evidence summary of implementation research and key issues in the region for researchers,  
31 policy-makers and implementers, while identifying lingering knowledge and practice gaps to  
32 inform future implementation research efforts.  
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## 52 **Study objectives**

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3 The aim of this review is to extensively scope the literature to identify and characterise  
4 implementation research initiatives for promoting UHC and health systems strengthening in  
5 Africa.  
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## 10 11 12 **Methods**

### 13 14 15 **Conceptual framework**

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17 This scoping review will use the World Health Organization's 'UHC coverage cube' conceptual  
18 framework to guide the synthesis of evidence from literature and for characterising the nature  
19 of implementation research initiatives in the context of UHC.<sup>39</sup> This framework uses a cube (see  
20 Figure 1) to depict the multidimensional nature and outcomes of UHC. The cube illustrates three  
21 core dimensions of conceptualising UHC, these are in terms of population coverage of health-  
22 related social security systems, financial protection, and access to quality health care according  
23 to need.<sup>39,40</sup> These dimensions provide an assessment framework for UHC-targeted  
24 interventions, reflecting how many (or what proportion of) people received various needed  
25 health services of sufficient quality, while being protected from undue financial risks.<sup>39</sup> Although  
26 the framework does not take into account specific contextual factors, it has been widely used  
27 globally for conceptualising UHC across diverse health systems and contexts.<sup>40-42</sup>  
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### 41 42 **Study design**

43 The design of this scoping review will be developed based on the Arksey and O'Malley scoping  
44 review methodology<sup>43</sup>, as enhanced by the Joanna Briggs Institute (JBI).<sup>44</sup> The JBI's enhanced  
45 framework expands the six stages of Arksey and O'Malley into 9 distinct stages for undertaking a  
46 scoping review: (1) defining the research question; (2) developing the inclusion and exclusion  
47 criteria; (3) describing the search strategy; (4) searching for the evidence; (5) selecting the  
48 evidence; (6) extracting the evidence; (7) charting the evidence; (8) summarising and reporting  
49 the evidence and (9) consulting with relevant stakeholders.  
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## Stage 1: Defining the research question

Through consultation with the research team and key stakeholders, the overall main research question was defined as: ‘What are the nature and scope of implementation research initiatives for improving equitable access to quality promotive, preventive, curative, rehabilitative and palliative health services in Africa?’ For the purpose of this review, implementation research has been defined within the broader frameworks of implementation science, knowledge translation and evidence informed decision making. Based on the primary research question, the following specific research questions were defined:

1. How can implementation research help ensure that all people receive quality promotive, preventive, curative, rehabilitative and palliative services they need without suffering financial hardship in the African Region?
2. How can implementation research increase the population covered with health services in the African Region?
3. How can implementation research facilitate the realization of resilience and sustainability in African health systems?
4. What are the contextual facilitators and barriers to the uptake and sustainability of implementation research for promoting UHC in Africa?

## Stage 2: Developing the inclusion and exclusion criteria

### Inclusion criteria

These will be defined based on the PCC (Population, Concept and Contexts) framework, proposed by Peters and colleagues.<sup>45</sup> This framework is more appropriate for scoping reviews, compared with the commonly used PICO (Population, Intervention, Comparator and Outcome) framework, as it allows for the consideration of publications that may not feature all of the four PICO elements (e.g. lacking an outcome or comparator/control). Eligible population will include evidence producers (health researchers), intermediaries (such as knowledge brokers and

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3 implementation research institutions) and evidence users (such as health policymakers,  
4 programme implementers like non-government organisations and healthcare providers). There  
5 are two concepts of interest for this review, an intervention concept (implementation research)  
6 and an outcome concept (UHC). The two concepts of interest are implementation research and  
7 UHC. To be considered for inclusion, studies must report on UHC-related interventions or  
8 strategies that made use of specific implementation research frameworks. These may be any  
9 activity designed to facilitate the use of research-based knowledge in UHC-related decision  
10 making (including policymaking, programme implementation and frontline service-delivery  
11 decision making). Studies with or without comparison between implementation research  
12 strategies and controls will be eligible for inclusion. UHC outcomes will include health service  
13 coverage, access (service utilisation and quality of care) and financial risk protection, in line with  
14 the Cube framework.<sup>39</sup> Studies that evaluated specific health programme implementation  
15 outcomes, barriers or facilitators, will be included, provided the implementation involved the use  
16 of specific implementation research approaches, frameworks or models. Context will be health  
17 systems in Africa. Any type of primary study design will be eligible, including randomised  
18 controlled trials and observational studies.  
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### 33 **Exclusion criteria**

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35 Literature focused solely or mainly on theoretical and conceptual development of  
36 implementation research will be excluded, as will those evaluating implementation research  
37 knowledge and perception, those evaluating implementation outcomes without using specific  
38 implementation research approaches and those reporting implementation research outcomes  
39 that are not UHC-related. Multinational literature involving African and non-African countries  
40 and meeting inclusion criteria will be excluded if country-specific information cannot be  
41 abstracted.  
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### 52 **Stage 3: Describing the search strategy**

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54 The search strategy will be developed with the guidance of a reference librarian, and adapted for  
55 other databases using appropriate controlled vocabulary and syntax. The search strategy will use  
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3 search terms that are sensitive enough to capture literature relevant to implementation  
4 research, with due cognisance of the field's diverse and overlapping nomenclature and search  
5 filters for African countries. An initial exploration of current available literature on  
6 implementation research and UHC will help guide the selection of search terms, ensuring they  
7 are inclusive enough to capture any UHC-related implementation research intervention. The  
8 search strategy will be applied in accordance with the Peer Review of Electronic Search Strategies  
9 (PRESS) guidelines.<sup>46</sup> A provisional MEDLINE search strategy is illustrated in Appendix 1.  
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#### 22 **Stage 4: Searching the evidence**

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24 A comprehensive literature search will be conducted on the following electronic databases:  
25 MEDLINE (via PubMed), Scopus and Cochrane Library (including the Cochrane Central Register of  
26 Controlled Trials (CENTRAL) and the Database of Abstracts of Reviews of Effects (DARE)). Each  
27 database will be searched from inception to the date of search. Additionally, relevant grey  
28 literature will be searched for implementation research-related reports, including the website of  
29 the WHO Alliance for Health Policy and Systems Research (AHPSR). Websites of known  
30 implementation research institutions, networks and collaborations will be explored. We will also  
31 conduct a hand-search of reference lists of relevant literature to identify for potentially eligible  
32 literature. No language restriction will be applied. If a potentially eligible literature was published  
33 in a language other than English, a language translation will be sought.  
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#### 46 **Stage 5: Selecting the evidence**

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48 The review process will consist of two levels of screening: a title and abstract screening to identify  
49 potentially eligible publications and review of full texts to select those to be included in the  
50 review based on pre-defined inclusion/exclusion criteria. The first level will involve the  
51 independent screening of titles and abstracts of all retrieved citations from the search output by  
52 CAN and TM. Articles that are deemed relevant will be included in the full-text review. Following  
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3 the removal of duplicates, full texts of remaining studies will be retrieved. In the second step,  
4 the retrieved full texts will be assessed in duplicate by CAN and TM to determine if they meet the  
5 inclusion/exclusion criteria. Those meeting the inclusion criteria will be included in the review.  
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7 Discrepancies in study selection between the two independent reviewer will be discussed to  
8 reach a consensus. Where a consensus is not reached, a third reviewer (CSW) will arbitrate.  
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### 15 **Stage 6: Extracting the evidence**

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17 A data extraction tool (using a Microsoft Excel spreadsheet) will be developed by the research  
18 team to extract relevant info from included literature. Information to be extracted will include at  
19 least the following:  
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- 23 1. Author(s).
- 24 2. Year of publication.
- 25 3. Country where the evidence/study was published/conducted.
- 26 4. Aims/purpose.
- 27 5. Study population and study size.
- 28 6. Type of evidence/study design
- 29 7. Implementation research strategy type and comparator (if applicable).
- 30 8. Duration of intervention.
- 31 9. Universal health coverage outcomes reported (e.g. population coverage, access and financial  
32 risk protection).
- 33 10. Key findings that relate to scoping review objectives.

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35 Other categories that come up during the data extraction process will be discussed by the  
36 research team and added to the data extraction tool. The tool will be reviewed by the research  
37 team and pretested before use. Data abstraction will be conducted in duplicate by two  
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3 independent reviewers. To ensure accurate data collection, each reviewer's independently  
4 abstracted data will be compared, and any discordance will be resolved through a consensus.  
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6 Where a consensus is not reached after discussion between the two independent reviewers, a  
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8 third reviewer will arbitrate. All collected data will be collated in a single Microsoft Excel  
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10 spreadsheet for validation and coding.  
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### 16 **Stage 7: Charting the evidence**

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18 The data extraction table produced will include the description of each included evidence/study  
19 using the 10 information headings described in Stage 5 above, including other categories that  
20 may come up during the data extraction process. To ensure accuracy of charted evidence, each  
21 reviewer's independent charted data will be compared and any discrepancies will be iteratively  
22 discussed by the researchers to ensure consistency between the reviewers.  
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### 30 **Stage 8: Summarising and reporting the evidence**

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32 Findings of the review will be reported using the Preferred Reporting Items for Systematic  
33 reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) checklist.<sup>47</sup> Findings will  
34 be summarised and reported using narrative descriptions based on themes that will emerge from  
35 the charted evidence. The results will be compared and consolidated through consensus between  
36 the two reviewers. Where applicable, quantitative evidence will be aggregated using summary  
37 statistics. As the purpose of a scoping review is to aggregate evidence and present a summary of  
38 the evidence rather than to evaluate the quality of the individual evidence, this review's overall  
39 assessment of the strength of the synthesised evidence will be narrative rather than quantitative.  
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### 50 **Stage 9: Consultation**

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52 Consultations will provide opportunities for stakeholder involvement, providing additional  
53 insights beyond what is reported in the literature.<sup>48</sup> Given the potentially diverse nature of  
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3 implementation research literature, a broad array of stakeholders will be consulted, from  
4 implementation researchers to UHC-oriented health professionals, programme managers and  
5 policy makers. These stakeholders can help to identify grey literature that may not be obtainable  
6 from scholarly database searches, as well as providing methodological, conceptual and practical  
7 insights for guiding the interpretation of findings.  
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### 15 **Patient and public involvement**

16 Patients and the public were not involved in the development of this protocol.  
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### 23 **Ethics and dissemination**

24 Since the scoping review methodology involves reviewing and collecting data from publicly  
25 available materials, this study will not require ethics approval. To facilitate dissemination of  
26 findings, the research team will use a multi-stakeholder approach in presenting the findings to  
27 key health system stakeholders within the African region, in addition to open-access publication  
28 in a relevant peer-reviewed journal.  
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### 38 **Authors' contributions**

39 The study was conceived by CSW, JCO, and HK. CAN wrote the first draft of the manuscript with  
40 guidance from CSW. CSW, JCO, TM, AAA, PT, and HK contributed to writing the final version of  
41 the manuscript. All the authors read and approved the final manuscript.  
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## Competing interests

None declared

## Patient and public involvement

Not required

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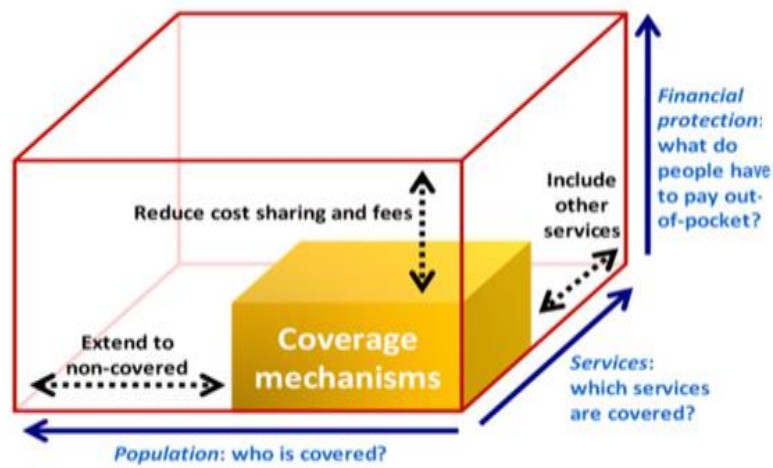
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**Supplementary files**

**Figure 1:** The World Health Organization UHC Cube

**Appendix 1:** Provisional PubMed/MEDLINE search strategy

For peer review only



**Figure 1:** The World Health Organization's UHC Cube<sup>1</sup>

1. World Health Organization (WHO). Health financing for universal coverage. Available via: [https://www.who.int/health\\_financing/topics/benefit-package/UHC-choices-facing-purchasers/en/](https://www.who.int/health_financing/topics/benefit-package/UHC-choices-facing-purchasers/en/).

### Appendix 1: Provisional PubMed/MEDLINE search strategy

Search #	Search Texts and Syntaxes
#1	"implementation science"[Title/Abstract] OR "implementation research"[Title/Abstract] OR "decision science"[Title/Abstract] OR "decision research"[Title/Abstract] OR "improvement science"[Title/Abstract] OR "improvement research"[Title/Abstract]
#2	"knowledge translation"[Title/Abstract] OR "knowledge management"[Title/Abstract] OR "dissemination science"[Title/Abstract] OR "dissemination research"[Title/Abstract]
#3	"evidence-based medicine"[MeSH Terms] OR "evidence based medicine"[Title/Abstract] OR "evidence based healthcare"[Title/Abstract] OR "evidence based health care"[Title/Abstract] OR "evidence informed decision making"[Title/Abstract]
#4	#1 OR #2 OR #3
#5	"Universal health coverage"[Title/Abstract] OR "health equity"[Title/Abstract] OR Health[Title/Abstract] OR "health access"[Title/Abstract] OR "financial risk protection"[Title/Abstract] OR "health access"[Title/Abstract] OR access[Title/Abstract] OR equity[Title/Abstract]
#6	Africa OR African OR Algeria OR Angola OR Benin OR Botswana OR Burkina Faso OR Burundi OR Cameroon OR "Canary Islands" OR "Cape Verde" OR "Central African Republic" OR Chad OR Comoros OR Congo OR "Democratic Republic of Congo" OR Djibouti OR Egypt OR Eritrea OR Eswatini OR Ethiopia OR Gabon OR Gambia OR Ghana OR Guinea OR "Ivory Coast" OR "Cote d'Ivoire" OR Jamahiriya OR Kenya OR Lesotho OR Liberia OR Libya OR Madagascar OR Malawi OR Mali OR Mauritania OR Mauritius OR Mayotte OR Morocco OR Mozambique OR Namibia OR Niger OR Nigeria OR Principe OR Reunion OR Rwanda OR "Sao Tome" OR Senegal OR Seychelles OR "Sierra Leone" OR Somalia OR "St Helena" OR "sub-Saharan Africa" OR Sudan OR Swaziland OR Tanzania OR Togo OR Tunisia OR Uganda OR "Western Sahara" OR Zaire OR Zambia OR Zimbabwe
#7	#4 AND #5 AND #6

**PRISMA-P (Preferred Reporting Items for Systematic review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol\***

Section and topic	Item No	Checklist item	Page
<b>ADMINISTRATIVE INFORMATION</b>			
Title:			1
Identification	1a	Identify the report as a protocol of a systematic review	
Update	1b	If the protocol is for an update of a previous systematic review, identify as such	
Registration	2	If registered, provide the name of the registry (such as PROSPERO) and registration number	N/A
Authors:			
Contact	3a	Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author	1
Contributions	3b	Describe contributions of protocol authors and identify the guarantor of the review	
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments	N/A
Support:			
Sources	5a	Indicate sources of financial or other support for the review	
Sponsor	5b	Provide name for the review funder and/or sponsor	15
Role of sponsor or funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol	
<b>INTRODUCTION</b>			
Rationale	6	Describe the rationale for the review in the context of what is already known	6
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	7
<b>METHODS</b>			
Eligibility criteria	8	Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review	9
Information sources	9	Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage	11
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated	11
Study records:			
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review	



Selection process	11b	State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis)	
Data collection process	11c	Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators	12
Data items	12	List and define all variables for which data will be sought (such as PICO items, funding sources), any preplanned data assumptions and simplifications	
Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale	12
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis	N/A
Data synthesis	15a	Describe criteria under which study data will be quantitatively synthesised	13
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data and methods of combining data from studies, including any planned exploration of consistency (such as $I^2$ , Kendall's $\tau$ )	
	15c	Describe any proposed additional analyses (such as sensitivity or subgroup analyses, meta-regression)	
	15d	If quantitative synthesis is not appropriate, describe the type of summary planned	
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (such as publication bias across studies, selective reporting within studies)	N/A
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (such as GRADE)	N/A

**\* It is strongly recommended that this checklist be read in conjunction with the PRISMA-P Explanation and Elaboration (cite when available) for important clarification on the items. Amendments to a review protocol should be tracked and dated. The copyright for PRISMA-P (including checklist) is held by the PRISMA-P Group and is distributed under a Creative Commons Attribution Licence 4.0.**

*From: Shamseer L, Moher D, Clarke M, Ghersi D, Liberati A, Petticrew M, Shekelle P, Stewart L, PRISMA-P Group. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015: elaboration and explanation. BMJ. 2015 Jan 2;349(jan02 1):g7647.*

# BMJ Open

## A protocol for a scoping review of implementation research approaches to universal health coverage in Africa

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2020-041721.R1
Article Type:	Protocol
Date Submitted by the Author:	07-Nov-2020
Complete List of Authors:	Nnaji, Chukwudi; University of Cape Town, School of Public Health and Family Medicine; South African Medical Research Council, Cochrane South Africa Wiysonge, Charles; South African Medical Research Council, Cochrane South Africa; University of Cape Town, School of Public Health and Family Medicine Okeibunor, J; World Health Organization Regional Office for Africa Malinga, Thobile; South African Medical Research Council, Cochrane South Africa Adamu, Abdu ; South African Medical Research Council, Cochrane South Africa ; Stellenbosch University, Centre for Evidence-based Health Care, Division of Epidemiology and Biostatistics, Department of Global Health, Faculty of Medicine and Health Sciences Tumusiime, Prosper ; World Health Organization Regional Office for Africa Karamagi, Humphrey ; World Health Organization Regional Office for Africa
<b>Primary Subject Heading</b>:	Public health
Secondary Subject Heading:	Public health, Evidence based practice, Global health, Health services research, Research methods
Keywords:	Health policy < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, PUBLIC HEALTH, Health economics < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, Quality in health care < HEALTH SERVICES ADMINISTRATION & MANAGEMENT
<p>Note: The following files were submitted by the author for peer review, but cannot be converted to PDF. You must view these files (e.g. movies) online.</p> <p>Main Document.docx</p>	

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### Appendix 1: Provisional PubMed/MEDLINE search strategy

Search #	Search Texts and Syntaxes
#1	"implementation science"[Title/Abstract] OR "implementation research"[Title/Abstract] OR "decision science"[Title/Abstract] OR "decision research"[Title/Abstract] OR "improvement science"[Title/Abstract] OR "improvement research"[Title/Abstract] OR "dissemination science"[Title/Abstract] OR "dissemination research"[Title/Abstract]
#2	"knowledge translation"[Title/Abstract] OR "knowledge management"[Title/Abstract] OR "know-do gap"[Title/Abstract] OR "knowledge transfer"[Title/Abstract] OR knowledge-to-action[Title/Abstract]
#3	"evidence-based healthcare"[Title/Abstract] OR "evidence-based health care"[Title/Abstract] OR "evidence-informed decision making"[Title/Abstract] OR "evidence-informed healthcare decision making"[Title/Abstract]
#4	#1 OR #2 OR #3
#5	"Universal health coverage"[Title/Abstract] OR "Universal coverage"[Title/Abstract] OR "population coverage"[Title/Abstract] OR "health equity"[Title/Abstract] OR equity[Title/Abstract] OR equitability[Title/Abstract] OR Health[Title/Abstract] OR "health access"[Title/Abstract] OR "health services"[Title/Abstract] OR "health services accessibility"[Title/Abstract] OR access[Title/Abstract] OR accessibility[Title/Abstract] OR "health insurance"[Title/Abstract] OR "health care insurance"[Title/Abstract] OR "medical insurance"[Title/Abstract] OR "financial risk protection"[Title/Abstract] OR "out of pocket payment"[Title/Abstract] OR "out of pocket expenditure"[Title/Abstract] OR "out of pocket spending"[Title/Abstract]
#6	Africa OR African OR Algeria OR Angola OR Benin OR Botswana OR Burkina Faso OR Burundi OR Cameroon OR "Cape Verde" OR "Central African Republic" OR Chad OR Comoros OR Congo OR "Democratic Republic of Congo" OR Djibouti OR Egypt OR Eritrea OR Eswatini OR Ethiopia OR Gabon OR Gambia OR Ghana OR Guinea OR "Ivory Coast" OR "Cote d'Ivoire" OR Jamahiriya OR Kenya OR Lesotho OR Liberia OR Libya OR Madagascar OR Malawi OR Mali OR Mauritania OR Mauritius OR Mayotte OR Morocco OR Mozambique OR Namibia OR Niger OR Nigeria OR Principe OR Reunion OR Rwanda OR "Sao Tome" OR Senegal OR Seychelles OR "Sierra Leone" OR Somalia OR "St Helena" OR "sub-Saharan

	Africa" OR Sudan OR Swaziland OR Tanzania OR Togo OR Tunisia OR Uganda OR "Western Sahara" OR Zaire OR Zambia OR Zimbabwe
#7	#4 AND #5 AND #6

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## Appendix 1

### Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) Checklist

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
<b>TITLE</b>			
Title	1	Identify the report as a scoping review.	1
<b>ABSTRACT</b>			
Structured summary	2	Provide a structured summary that includes (as applicable): background, objectives, eligibility criteria, sources of evidence, charting methods, results, and conclusions that relate to the review questions and objectives.	2
<b>INTRODUCTION</b>			
Rationale	3	Describe the rationale for the review in the context of what is already known. Explain why the review questions/objectives lend themselves to a scoping review approach.	6-7
Objectives	4	Provide an explicit statement of the questions and objectives being addressed with reference to their key elements (e.g., population or participants, concepts, and context) or other relevant key elements used to conceptualize the review questions and/or objectives.	7
<b>METHODS</b>			
Protocol and registration	5	Indicate whether a review protocol exists; state if and where it can be accessed (e.g., a Web address); and if available, provide registration information, including the registration number.	n/a
Eligibility criteria	6	Specify characteristics of the sources of evidence used as eligibility criteria (e.g., years considered, language, and publication status), and provide a rationale.	9-10
Information sources*	7	Describe all information sources in the search (e.g., databases with dates of coverage and contact with authors to identify additional sources), as well as the date the most recent search was executed.	10-11
Search	8	Present the full electronic search strategy for at least 1 database, including any limits used, such that it could be repeated.	Appendix 1
Selection of sources of evidence†	9	State the process for selecting sources of evidence (i.e., screening and eligibility) included in the scoping review.	11
Data charting process‡	10	Describe the methods of charting data from the included sources of evidence (e.g., calibrated forms or forms that have been tested by the team before their use, and whether data charting was done independently or in duplicate) and any processes for obtaining and confirming data from investigators.	12
Data items	11	List and define all variables for which data were sought and any assumptions and simplifications made.	11-12
Critical appraisal of individual sources of evidence§	12	If done, provide a rationale for conducting a critical appraisal of included sources of evidence; describe the methods used and how this information was used in any data synthesis (if appropriate).	n/a

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
Synthesis of results	13	Describe the methods of handling and summarizing the data that were charted.	13
<b>RESULTS</b>			
Selection of sources of evidence	14	Give numbers of sources of evidence screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally using a flow diagram.	n/a
Characteristics of sources of evidence	15	For each source of evidence, present characteristics for which data were charted and provide the citations.	n/a
Critical appraisal within sources of evidence	16	If done, present data on critical appraisal of included sources of evidence (see item 12).	n/a
Results of individual sources of evidence	17	For each included source of evidence, present the relevant data that were charted that relate to the review questions and objectives.	n/a
Synthesis of results	18	Summarize and/or present the charting results as they relate to the review questions and objectives.	n/a
<b>DISCUSSION</b>			
Summary of evidence	19	Summarize the main results (including an overview of concepts, themes, and types of evidence available), link to the review questions and objectives, and consider the relevance to key groups.	n/a
Limitations	20	Discuss the limitations of the scoping review process.	n/a
Conclusions	21	Provide a general interpretation of the results with respect to the review questions and objectives, as well as potential implications and/or next steps.	n/a
<b>FUNDING</b>			
Funding	22	Describe sources of funding for the included sources of evidence, as well as sources of funding for the scoping review. Describe the role of the funders of the scoping review.	14

JBI = Joanna Briggs Institute; PRISMA-ScR = Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews.

\* Where *sources of evidence* (see second footnote) are compiled from, such as bibliographic databases, social media platforms, and Web sites.

† A more inclusive/heterogeneous term used to account for the different types of evidence or data sources (e.g., quantitative and/or qualitative research, expert opinion, and policy documents) that may be eligible in a scoping review as opposed to only studies. This is not to be confused with *information sources* (see first footnote).

‡ The frameworks by Arksey and O'Malley (6) and Levac and colleagues (7) and the JBI guidance (4, 5) refer to the process of data extraction in a scoping review as data charting.

§ The process of systematically examining research evidence to assess its validity, results, and relevance before using it to inform a decision. This term is used for items 12 and 19 instead of "risk of bias" (which is more applicable to systematic reviews of interventions) to include and acknowledge the various sources of evidence that may be used in a scoping review (e.g., quantitative and/or qualitative research, expert opinion, and policy document).

Adapted from: Tricco AC, Lillie E, Zarin W, O'Brien KK, Colquhoun H, Levac D, et al. PRISMA Extension for Scoping Reviews (PRISMA-ScR): Checklist and Explanation. *Ann Intern Med.* 2018;169:467–473. doi: 10.7326/M18-0850.



# BMJ Open

## A protocol for a scoping review of implementation research approaches to universal health coverage in Africa

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4 1 **A protocol for a scoping review of implementation research approaches to**  
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6 2 **universal health coverage in Africa**  
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8 3 Chukwudi A Nnaji,<sup>1,2</sup> Charles S Wiysonge,<sup>1,2,3</sup> Joseph C Okeibunor,<sup>4</sup> Thobile Malinga,<sup>1</sup> Abdu A  
9 4 Adamu,<sup>1,3</sup> Prosper Tumusiime<sup>4</sup>, Humphrey Karamagi,<sup>4</sup>  
10  
11  
12 5

13  
14 6 <sup>1</sup> Cochrane South Africa, South African Medical Research Council, Cape Town, South Africa

15  
16 7 <sup>2</sup> School of Public Health and Family Medicine, University of Cape Town, Cape Town, South Africa

17  
18 8 <sup>3</sup> Department of Global Health, Stellenbosch University, Cape Town, South Africa

19  
20 9 <sup>4</sup> World Health Organization Regional Office for Africa, Brazzaville, Congo  
21  
22 10

23  
24 11 Correspondence to Dr Chukwudi Nnaji; [nnjchu001@myuct.ac.za](mailto:nnjchu001@myuct.ac.za)  
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## 14 Abstract

15 **Introduction:** Implementation research has emerged as part of evidence-based decision-making  
16 efforts to plug current gaps in the translation of research evidence into health policy and practice.  
17 While there has been a growing number of institutions and initiatives promoting the uptake of  
18 implementation research in Africa, their role and effectiveness remain unclear, particularly in the  
19 context of universal health coverage (UHC). This review aims to extensively identify and  
20 characterise the nature, facilitators and barriers to the use of implementation research for  
21 assessing or evaluating UHC-related interventions or programmes in Africa.

22 **Methods and analysis:** This scoping review will be developed based on the methodological  
23 framework proposed by Arksey and O'Malley and enhanced by the Joanna Briggs Institute. It will  
24 be reported in accordance with the Preferred Reporting Items for Systematic reviews and Meta-  
25 Analyses extension for Scoping Reviews (PRISMA-ScR) guidelines. A comprehensive search of the  
26 following electronic databases will be conducted: MEDLINE (via PubMed), Scopus and the  
27 Cochrane Library. Relevant grey literature and reference lists will also be searched. All  
28 publications describing the application of implementation research in the context of UHC will be  
29 considered for inclusion. Findings will be narratively synthesized and analysed using a predefined  
30 conceptual framework. Where applicable, quantitative evidence will be aggregated using  
31 summary statistics. There will be consultation of stakeholders, including UHC-oriented health  
32 professionals, programme managers, implementation researchers and policy makers; to provide  
33 methodological, conceptual and practical insights.

34 **Ethics and dissemination:** The data used in this review will be sourced from publicly available  
35 literature, hence this study will not require ethical approval. Findings and recommendations will  
36 be disseminated to reach a diverse audience, including UHC advocates, implementation  
37 researchers and key health system stakeholders within the African region. Additionally, findings  
38 will be disseminated through an open-access publication in a relevant peer-reviewed journal.

39 **Keywords:** Implementation research, evidence, universal health coverage, access, equity

## 40 **Strengths and limitations of the study**

- 41 • This scoping review will be conducted in accordance with an enhanced evidence synthesis  
42 methodology.
- 43 • It will use a well-grounded conceptual framework to map the evidence on  
44 implementation research in the context of UHC.
- 45 • Multiple databases will be searched with a comprehensive search strategy to identify  
46 both peer-reviewed and relevant grey literature sources.
- 47 • Broad consultation with stakeholders will be incorporated to enhance the review's  
48 conceptual and methodological rigour.
- 49 • Due to the broad nature of the topic, it is possible that some relevant literature may not  
50 be identified by our search strategy, however comprehensive.

## 51 Introduction

52 The need for health decision making to be informed by empirical evidence has been identified as  
53 a vital step for achieving universal health coverage (UHC) and equitable access to quality health  
54 care.<sup>1,2</sup> It has been recognised that decisions informed by research evidence have the potential  
55 to promote equitable access to health services and improve health outcomes at the population  
56 level, while strengthening health systems.<sup>2</sup> The World Health Organization (WHO) defines UHC  
57 as “ensuring that all people have access to needed health services (including prevention,  
58 promotion, treatment, rehabilitation and palliation) of sufficient quality to be effective while also  
59 ensuring that the use of these services does not expose the user the financial hardship”.<sup>3</sup> Since  
60 the 1978 Alma-Ata Declaration and the 1986 Ottawa Charter for Health Promotion, the right to  
61 the highest attainable standard of physical and mental health has gained increasing attention.<sup>4</sup>  
62 As a result of this prioritisation, UHC was adopted as a target of the Sustainable Development  
63 Goals (SDG), with the aspiration that countries will achieve this by 2030.<sup>5</sup>

64 With the increasing momentum of global efforts towards the attainment of UHC, countries are  
65 often faced with difficult choices regarding the most effective use of available health resources,  
66 particularly in contexts of resource limitation, competing healthcare needs and political  
67 priorities.<sup>6</sup> Given this inherent complexity, UHC decision making requires adequate consideration  
68 of best available and contextually applicable research evidence.<sup>6,7</sup> While investment in health  
69 research and research outputs have grown considerably in Africa over the years, there remain  
70 enormous gaps in translating available research evidence into health policy and practice.<sup>8</sup> This  
71 so-called ‘know–do gap’ has resulted in suboptimal gains from allocated health resources, in spite  
72 of growing investment towards the actualisation of UHC in Africa.<sup>2,9</sup> The gap is accentuated by  
73 the region’s high burden of communicable and non-communicable diseases.<sup>10,11</sup>

74 Implementation science has emerged in response to this critical gap.<sup>12</sup> Implementation science  
75 is an integral part of the broader Evidence-informed Decision Making (EIDM) enterprise. EIDM  
76 involves processes of distilling and disseminating the best available evidence from research,  
77 practice and experience and using that evidence to inform and improve public health policy and  
78 practice.<sup>13,14</sup> Knowledge translation, knowledge transfer and translational research are EIDM

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2  
3 79 concepts that are closely related to implementation science, used to refer to the processes of  
4  
5 80 moving research-based evidence into policy and practice, through the synthesis, dissemination,  
6  
7 81 exchange and application of knowledge to improve the health of the population.<sup>13,15-17</sup> Although  
8  
9 82 there may be nuanced differences in their conceptualisation, these terms essentially have similar  
10  
11 83 goals and practical implications for improving health outcomes.<sup>15-17</sup>

12  
13 84 There has been no clear consensus on the definition of implementation science.<sup>18</sup> In 2015, Odeny  
14  
15 85 and colleagues published a review of the literature that found 73 unique definitions.<sup>19</sup> Broadly,  
16  
17 86 implementation science has been defined as: “the scientific study of methods to promote the  
18  
19 87 systematic uptake of research findings and other evidence-based practices into routine practice,  
20  
21 88 and, hence, to improve the quality and effectiveness of health services.”<sup>16</sup> Since the field of  
22  
23 89 implementation science has cogent applications in both clinical and public health settings, this  
24  
25 90 definition is more encompassing and underscores the field’s broad nature. The process of inquiry  
26  
27 91 in implementation science is through research, which builds on traditional scientific methods,  
28  
29 92 but focuses on a unique set of questions to improve the use of research in implementation.<sup>16,19</sup>  
30  
31 93 Thus, implementation science offers the toolkit for addressing the know-do gap.<sup>16,20,21</sup>

32 94 Implementation research is an emerging sub-domain of implementation science that has been  
33  
34 95 more distinctively defined. In 2006, Eccles and Mittman proposed a working definition for the  
35  
36 96 field of implementation research – defining it as the “scientific study of methods to promote the  
37  
38 97 adoption and integration of evidence based practices, interventions and policies into routine  
39  
40 98 health care and public health settings.”<sup>21</sup> More recently in 2013, the World Health  
41  
42 99 Organization’s Alliance for Health Policy and Systems Research (AHPSR) defines it as “the  
43  
44 100 scientific study of the processes used in the implementation of initiatives as well as the contextual  
45  
46 101 factors that affect these processes.”<sup>18</sup> This definition highlights a defining feature of  
47  
48 102 implementation research; that is, going beyond the study of methods of promoting the uptake  
49  
50 103 of evidence into routine practice, to studying the contextual facilitators and barriers to evidence-  
51  
52 104 based implementation.<sup>17,18</sup> For this reason, implementation research has been regarded as the  
53  
54 105 heart and soul of implementation science.<sup>17</sup> While implementation science and implementation  
55  
56 106 research have been interchangeably used in literature, implementation research will be the  
57  
58 107 reference term for this review.

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3 108 Various conceptual theories and frameworks have been used to guide implementation research  
4  
5 109 efforts across diverse settings. Some of the most commonly used frameworks include the  
6  
7 110 Consolidated Framework for Implementation Research (CFIR), Theoretical Domains Frameworks  
8  
9 111 (TDF), Diffusion of Innovations (DI), Reach Effectiveness Adoption Implementation Maintenance  
10  
11 112 (RE-AIM), Quality Implementation Framework (QIF), Interactive Systems Framework (ISF) and  
12  
13 113 Normalisation Process Model (NPM).<sup>22,23</sup> Additionally, the use of adapted forms or combination  
14  
15 114 of these frameworks has been reported.<sup>22</sup> To facilitate the use of implementation research in  
16  
17 115 health system decision making and routine practice, there have to be: (a) availability of rigorous,  
18  
19 116 robust, relevant, and reliable evidence, (b) decision-makers' appreciation of the value and  
20  
21 117 importance of empirical evidence in decision making processes (c) a trusting, mutually respectful  
22  
23 118 and enduring engagement between evidence producers and decision makers.<sup>6,13,24</sup>

24  
25 119 Various implementation research initiatives and efforts for evaluating and improving health  
26  
27 120 programme outcomes have emerged in the African region in the last decade.<sup>13,17,25-28</sup> In spite of  
28  
29 121 this substantial growth, implementation research uptake, effectiveness and scale-up in the  
30  
31 122 region is challenged by numerous barriers.<sup>25-27</sup> These include inadequate research funding,  
32  
33 123 limited availability and access to good quality research and paucity of contextually relevant  
34  
35 124 evidence.<sup>27</sup> Other reported barriers include the untimeliness of research output and, of course,  
36  
37 125 fragile collaboration between researchers and users of evidence like policy-makers and frontline  
38  
39 126 programme implementers.<sup>2,7,29,30</sup>

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## 42 128 **Study rationale**

43  
44  
45 129 Globally, evidence-based health decision making and implementation models are being adopted  
46  
47 130 as approaches for improving the health of populations.<sup>7,16,31</sup> While there has been a growing  
48  
49 131 number of institutions and initiatives promoting the uptake of implementation research in Africa,  
50  
51 132 the role and effectiveness of these initiatives remain unclear, particularly in UHC contexts.<sup>32,33</sup>

52  
53 133 Synthesised bodies of evidence on the role of implementation research in Africa's health systems  
54  
55 134 and the extent to which it has been used to promote UHC and health equity on the continent,



1  
2  
3 135 are sparse. With limited funding and institutional research capacity to drive implementation  
4  
5 136 research efforts in Africa, there is an urgent need to seek out cross-country learning opportunities  
6  
7 137 that can bolster understanding of implementation research and broader EIDM strategies in the  
8  
9 138 region.<sup>11,34</sup> A better understanding will be important to stimulate greater uptake, better  
10  
11 139 application and sustainability of implementation research strategies within UHC contexts in the  
12  
13 140 region.

14  
15 141 Scoping reviews represent an appropriate methodology for thematically reviewing large bodies  
16  
17 142 of literature in order to generate an overview of existing knowledge and practice, as well as  
18  
19 143 identifying existing evidence gaps.<sup>35,36</sup> Like full systematic reviews, scoping reviews employ  
20  
21 144 methods that are transparent and reproducible, using pre-defined search strategies and inclusion  
22  
23 145 criteria.<sup>37,38</sup> However, unlike systematic reviews which often target specific and narrow research  
24  
25 146 questions, scoping reviews typically have a broader focus – including the nature, volume and  
26  
27 147 characteristics of the literature in order to identify, describe and categorise available evidence  
28  
29 148 on the topic of interest.<sup>36-38</sup> This scoping review will be valuable for filling existing gaps in the  
30  
31 149 availability of synthesised evidence on implementation research in the context of UHC, health  
32  
33 150 equity and health systems strengthening within the African region. Additionally, it will map the  
34  
35 151 region's implementation strategies, major actors, reported outcomes, facilitators and barriers  
36  
37 152 from a diverse body of literature. Ultimately, it seeks to provide a holistic and user-friendly  
38  
39 153 evidence summary of implementation research and key issues in the region for researchers,  
40  
41 154 policy-makers and implementers, while identifying lingering knowledge and practice gaps to  
42  
43 155 inform future implementation research efforts.

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## 47 157 **Study objectives**

48 158 The aim of this review is to extensively scope the literature to identify and characterise the  
49  
50 159 nature, facilitators and barriers to the use of implementation research for assessing or evaluating  
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52 160 UHC-related interventions or programmes in the African region.

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55 161

## 162 **Methods**

### 163 **Conceptual framework**

164 This scoping review will follow the implementation science taxonomy proposed by Ridde and  
165 colleagues<sup>39</sup> to guide the synthesis of identified evidence and characterising the nature of  
166 implementation research strategies in the context of UHC. To help characterise and describe the  
167 possible implementation research approaches, frameworks and theories, this taxonomy defines  
168 four models commonly used in implementation science (intervention theory, framework, middle-  
169 range theory and grand theory). These models form a continuum and may overlap when used.  
170 Implementation scientists and researchers use these models for three main implementation  
171 studies: fidelity assessment, process evaluation and complex evaluation.<sup>39</sup>

### 173 **Study design**

174 The design of this scoping review will be developed based on the Arksey and O'Malley scoping  
175 review methodology<sup>40</sup>, as enhanced by the Joanna Briggs Institute (JBI).<sup>41</sup> The JBI's enhanced  
176 framework expands the six stages of Arksey and O'Malley into 9 distinct stages for undertaking a  
177 scoping review: (1) defining the research question; (2) developing the inclusion and exclusion  
178 criteria; (3) describing the search strategy; (4) searching for the evidence; (5) selecting the  
179 evidence; (6) extracting the evidence; (7) charting the evidence; (8) summarising and reporting  
180 the evidence and (9) consulting with relevant stakeholders.

#### 182 **Stage 1: Defining the research question**

183 Through consultation with the research team and key stakeholders, the overall main research  
184 question was defined as: 'What are the nature, facilitators and barriers of implementation  
185 research strategies for promoting UHC in Africa?' For the purpose of this review, implementation  
186 research has been defined within the broader frameworks of implementation science,

187 knowledge translation and evidence informed decision making. Based on the primary research  
188 question, the following specific research questions were defined:

- 189 1. How has implementation research been used to assess or evaluate UHC-related  
190 interventions or programmes in the African Region?
- 191 2. What are the contextual facilitators and barriers to the application of implementation  
192 research in assessing or evaluating UHC-related interventions or programmes in Africa?

193

## 194 **Stage 2: Developing the inclusion and exclusion criteria**

### 195 **Inclusion criteria**

196 These will be defined based on the PCC (Population, Concept and Contexts) framework, proposed  
197 by Peters and colleagues.<sup>42</sup> This framework is more appropriate for scoping reviews, compared  
198 with the commonly used PICO (Population, Intervention, Comparator and Outcome) framework,  
199 as it allows for the consideration of publications that may not feature all of the four PICO  
200 elements (e.g. lacking an outcome or comparator/control). Eligible population will include  
201 evidence producers (health researchers), intermediaries (such as knowledge brokers and  
202 implementation research institutions) and evidence users (such as health policymakers,  
203 programme implementers like non-government organisations and healthcare providers). The  
204 concept of interest is implementation research. To be considered for inclusion, studies must  
205 report on the use of implementation research strategies, models, theories or frameworks for  
206 assessing or evaluating UHC-related interventions or programmes. These may include activities  
207 such as fidelity assessment, process evaluation, outcome evaluation or complex  
208 evaluation.<sup>39</sup> Studies with or without comparison between implementation research strategies  
209 and controls will be eligible for inclusion. UHC outcomes will include scope of package of health  
210 services; population coverage, access and service utilisation; quality of care; and financial risk  
211 protection, in line with the Cube framework.<sup>43</sup> Studies that evaluated specific health programme  
212 implementation outcomes, barriers or facilitators, will be included, provided the evaluation  
213 involved the use of specified implementation research approaches, frameworks or models.

214 Context will be health systems within the African region (Appendix 1 specifies the countries and  
215 territories of focus within the region). Any type of primary study design will be eligible, including  
216 randomised controlled trials and observational studies.

217

### 218 **Exclusion criteria**

219 Literature focused solely or mainly on theoretical and conceptual development of  
220 implementation research will be excluded; as will study protocols and studies evaluating  
221 implementation outcomes without specifying or mentioning the implementation research  
222 approaches, models, theories or frameworks used. Multinational literature involving African and  
223 non-African countries and meeting inclusion criteria will be excluded if country-specific  
224 information cannot be abstracted.

225

### 226 **Stage 3: Describing the search strategy**

227 The search strategy will be developed with the guidance of a reference librarian, and adapted for  
228 other databases using appropriate controlled vocabulary and syntax. The search strategy will use  
229 search terms that are sensitive enough to capture literature sources relevant to implementation  
230 research, with due cognisance of the field's diverse and overlapping nomenclature and search  
231 filters for African countries. An initial exploration of current available literature on  
232 implementation research and UHC will help guide the selection of search terms, ensuring they  
233 are inclusive enough to capture any UHC-related implementation research intervention. The  
234 search strategy will be applied in accordance with the Peer Review of Electronic Search Strategies  
235 (PRESS) guidelines.<sup>44</sup> A provisional MEDLINE search strategy is illustrated in Appendix 1.

236

### 237 **Stage 4: Searching the evidence**

238 A comprehensive literature search will be conducted on the following electronic databases:  
239 MEDLINE (via PubMed), Scopus and Cochrane Library (including the Cochrane Central Register of

240 Controlled Trials (CENTRAL) and the Database of Abstracts of Reviews of Effects (DARE)). Each  
241 database will be searched from the year 2000 (coinciding with the inception of implementation  
242 science as a field in the mid-2000s) to the date of search. Additionally, relevant grey literature  
243 will be searched for implementation research-related reports, including the website of the WHO  
244 Alliance for Health Policy and Systems Research (AHPSR). Websites of known implementation  
245 research institutions, networks and collaborations will be explored. We will also conduct hand-  
246 searches of reference lists of relevant literature to identify potentially eligible literature. Only  
247 literature sources published in English will be eligible for inclusion.

248

### 249 **Stage 5: Selecting the evidence**

250 The review process will consist of two levels of screening: a title and abstract screening to identify  
251 potentially eligible publications and review of full texts to select those to be included in the  
252 review based on pre-defined inclusion/exclusion criteria. The first level will involve the  
253 independent screening of titles and abstracts of all retrieved citations from the search output by  
254 CAN and TM. Articles that are deemed relevant will be included in the full-text review. Following  
255 the removal of duplicates, full texts of remaining studies will be retrieved. In the second step,  
256 the retrieved full texts will be assessed in duplicate by CAN and TM to determine if they meet the  
257 inclusion/exclusion criteria. Those meeting the inclusion criteria will be included in the review.  
258 Discrepancies in study selection between the two independent reviewer will be discussed to  
259 reach a consensus. Where a consensus is not reached, a third reviewer (CSW) will arbitrate.

260

### 261 **Stage 6: Extracting the evidence**

262 A data extraction tool (using a Microsoft Excel spreadsheet) will be developed by the research  
263 team to extract relevant info from included literature. Information to be extracted will include at  
264 least the following:

265 1. Author(s).

- 266 2. Year of publication.
  - 267 3. Country where the evidence/study was published/conducted.
  - 268 4. Aims/purpose.
  - 269 5. Study population and study size.
  - 270 6. Type of evidence/study design.
  - 271 7. Implementation research strategy, model, theory or framework used
  - 272 8. Duration of implementation research.
  - 273 9. Type of UHC-related programme or intervention involved (classified by programmatic area of  
274 focus).
  - 275 10. Key implementation research findings.
  - 276 11. Reported implementation research facilitators and barriers.
- 277 Other categories that come up during the data extraction process will be discussed by the  
278 research team and added to the data extraction tool. The tool will be reviewed by the research  
279 team and pretested before use. Data abstraction will be conducted in duplicate by two  
280 independent reviewers. To ensure accurate data collection, each reviewer's independently  
281 abstracted data will be compared, and any discordance will be resolved through a consensus.  
282 Where a consensus is not reached after discussion between the two independent reviewers, a  
283 third reviewer will arbitrate. All collected data will be collated in a single Microsoft Excel  
284 spreadsheet for validation and coding.

285

### 286 **Stage 7: Charting the evidence**

287 A table describing each included study will be presented using the 11 information headings  
288 described in Stage 5 above. To ensure accuracy of charted evidence, each reviewer's independent  
289 charted data will be compared and any discrepancies will be iteratively discussed by the  
290 researchers to ensure consistency between the reviewers.

291

## 292 **Stage 8: Summarising and reporting the evidence**

293 Findings of the review will be reported using the Preferred Reporting Items for Systematic  
294 reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) checklist.<sup>45</sup> A PRISMA  
295 flow diagram will be used to illustrate the literature search results and study selection process.  
296 Findings will be summarised and reported using narrative descriptions based on the following  
297 themes: country-context, implementation research strategy used and type of UHC-related  
298 programme or intervention involved. The implementation science taxonomy proposed by Ridde  
299 and colleagues<sup>39</sup> will be used to classify identified implementation research models, theories or  
300 frameworks. Implementation research facilitators and barriers will be reported based on the  
301 themes that will emerge from the charted evidence. Where applicable, quantitative evidence will  
302 be aggregated using summary statistics. As the purpose of a scoping review is to aggregate  
303 evidence and present a summary of the evidence rather than to evaluate the quality of the  
304 individual evidence, this review will not involve any formal appraisal of the quality of included  
305 evidence.

306

## 307 **Stage 9: Consultation**

308 Multidisciplinary and multinational consultations will provide opportunities for stakeholders to  
309 provide additional insights beyond what is reported in the literature.<sup>46</sup> Given the potentially  
310 diverse nature of implementation research literature, a broad array of stakeholders will be  
311 consulted, from implementation researchers to UHC-oriented health professionals, programme  
312 managers and policy makers. These stakeholders can help to identify grey literature that may not  
313 be obtainable from scholarly database searches, as well as providing methodological, conceptual  
314 and practical insights for guiding the interpretation and dissemination of findings.

315

## 316 **Patient and public involvement**

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2  
3 317 Patients and the public were not involved in the development of this protocol.  
4  
5

6 318

7  
8 319 **Ethics and dissemination**  
9

10 320 Since the scoping review methodology involves reviewing and collecting data from publicly  
11 321 available materials, this study will not require ethics approval. To facilitate dissemination of  
12 322 findings, the research team will use a multi-stakeholder approach in presenting the findings to  
13 323 key health system stakeholders within the African region, in addition to open-access publication  
14 324 in a relevant peer-reviewed journal.  
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20 325

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22  
23 326 **Authors' contributions**  
24

25 327 The study was conceived by CSW, JCO, and HK. CAN wrote the first draft of the manuscript with  
26 328 guidance from CSW. CSW, JCO, TM, AAA, PT, and HK contributed to writing the final version of  
27 329 the manuscript. All the authors read and approved the final manuscript.  
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53 340 **Competing interests**  
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56 341 None declared  
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## 33 460 **Supplementary files**

### 35 461 **Appendix 1: Provisional PubMed/MEDLINE search strategy**

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### Appendix 1: Provisional PubMed/MEDLINE search strategy

Search #	Search Texts and Syntaxes
#1	"implementation science"[Title/Abstract] OR "implementation research"[Title/Abstract] OR "decision science"[Title/Abstract] OR "decision research"[Title/Abstract] OR "improvement science"[Title/Abstract] OR "improvement research"[Title/Abstract] OR "dissemination science"[Title/Abstract] OR "dissemination research"[Title/Abstract]
#2	"programme evaluation"[Title/Abstract] OR "outcome evaluation"[Title/Abstract] OR "process evaluation"[Title/Abstract] OR "impact evaluation"[Title/Abstract] OR "implementation evaluation"[Title/Abstract] OR "implementation fidelity"[Title/Abstract]
#3	facilitators[Title/Abstract] OR barriers[Title/Abstract] OR constraints [Title/Abstract] OR "implementation success"[Title/Abstract] OR implementation failure[Title/Abstract]
#4	#2 OR #3
#5	"Universal health coverage"[Title/Abstract] OR "Universal coverage"[Title/Abstract] OR "population coverage"[Title/Abstract] OR "health equity"[Title/Abstract] OR equity[Title/Abstract] OR equitability[Title/Abstract] OR Health[Title/Abstract] OR "health access"[Title/Abstract] OR "health services"[Title/Abstract] OR "health services accessibility"[Title/Abstract] OR access[Title/Abstract] OR accessibility[Title/Abstract] OR "health insurance"[Title/Abstract] OR "health care insurance"[Title/Abstract] OR "medical insurance"[Title/Abstract] OR "financial risk protection"[Title/Abstract] OR "out of pocket payment"[Title/Abstract] OR "out of pocket expenditure"[Title/Abstract] OR "out of pocket spending"[Title/Abstract]
#6	Africa OR African OR Algeria OR Angola OR Benin OR Botswana OR Burkina Faso OR Burundi OR Cameroon OR "Cape Verde" OR "Central African Republic" OR Chad OR Comoros OR Congo OR "Democratic Republic of Congo" OR Djibouti OR Egypt OR Eritrea OR Eswatini OR Ethiopia OR Gabon OR Gambia OR Ghana OR Guinea OR "Ivory Coast" OR "Cote d'Ivoire" OR Jamahiriya OR Kenya OR Lesotho OR Liberia OR Libya OR Madagascar OR Malawi OR Mali OR Mauritania OR Mauritius OR Mayotte OR Morocco OR Mozambique OR Namibia OR Niger OR Nigeria OR Principe OR Reunion OR Rwanda OR "Sao Tome" OR Senegal OR Seychelles OR "Sierra Leone" OR Somalia OR "St Helena" OR "sub-Saharan

	Africa" OR Sudan OR Swaziland OR Tanzania OR Togo OR Tunisia OR Uganda OR "Western Sahara" OR Zaire OR Zambia OR Zimbabwe
#7	#1 AND #4 AND #5 AND #6

For peer review only

## Appendix 1

### Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) Checklist

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
<b>TITLE</b>			
Title	1	Identify the report as a scoping review.	1
<b>ABSTRACT</b>			
Structured summary	2	Provide a structured summary that includes (as applicable): background, objectives, eligibility criteria, sources of evidence, charting methods, results, and conclusions that relate to the review questions and objectives.	2
<b>INTRODUCTION</b>			
Rationale	3	Describe the rationale for the review in the context of what is already known. Explain why the review questions/objectives lend themselves to a scoping review approach.	6-7
Objectives	4	Provide an explicit statement of the questions and objectives being addressed with reference to their key elements (e.g., population or participants, concepts, and context) or other relevant key elements used to conceptualize the review questions and/or objectives.	7
<b>METHODS</b>			
Protocol and registration	5	Indicate whether a review protocol exists; state if and where it can be accessed (e.g., a Web address); and if available, provide registration information, including the registration number.	n/a
Eligibility criteria	6	Specify characteristics of the sources of evidence used as eligibility criteria (e.g., years considered, language, and publication status), and provide a rationale.	9-10
Information sources*	7	Describe all information sources in the search (e.g., databases with dates of coverage and contact with authors to identify additional sources), as well as the date the most recent search was executed.	10-11
Search	8	Present the full electronic search strategy for at least 1 database, including any limits used, such that it could be repeated.	Appendix 1
Selection of sources of evidence†	9	State the process for selecting sources of evidence (i.e., screening and eligibility) included in the scoping review.	11
Data charting process‡	10	Describe the methods of charting data from the included sources of evidence (e.g., calibrated forms or forms that have been tested by the team before their use, and whether data charting was done independently or in duplicate) and any processes for obtaining and confirming data from investigators.	12
Data items	11	List and define all variables for which data were sought and any assumptions and simplifications made.	11-12
Critical appraisal of individual sources of evidence§	12	If done, provide a rationale for conducting a critical appraisal of included sources of evidence; describe the methods used and how this information was used in any data synthesis (if appropriate).	n/a

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
Synthesis of results	13	Describe the methods of handling and summarizing the data that were charted.	13
<b>RESULTS</b>			
Selection of sources of evidence	14	Give numbers of sources of evidence screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally using a flow diagram.	n/a
Characteristics of sources of evidence	15	For each source of evidence, present characteristics for which data were charted and provide the citations.	n/a
Critical appraisal within sources of evidence	16	If done, present data on critical appraisal of included sources of evidence (see item 12).	n/a
Results of individual sources of evidence	17	For each included source of evidence, present the relevant data that were charted that relate to the review questions and objectives.	n/a
Synthesis of results	18	Summarize and/or present the charting results as they relate to the review questions and objectives.	n/a
<b>DISCUSSION</b>			
Summary of evidence	19	Summarize the main results (including an overview of concepts, themes, and types of evidence available), link to the review questions and objectives, and consider the relevance to key groups.	n/a
Limitations	20	Discuss the limitations of the scoping review process.	n/a
Conclusions	21	Provide a general interpretation of the results with respect to the review questions and objectives, as well as potential implications and/or next steps.	n/a
<b>FUNDING</b>			
Funding	22	Describe sources of funding for the included sources of evidence, as well as sources of funding for the scoping review. Describe the role of the funders of the scoping review.	14

JBI = Joanna Briggs Institute; PRISMA-ScR = Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews.

\* Where *sources of evidence* (see second footnote) are compiled from, such as bibliographic databases, social media platforms, and Web sites.

† A more inclusive/heterogeneous term used to account for the different types of evidence or data sources (e.g., quantitative and/or qualitative research, expert opinion, and policy documents) that may be eligible in a scoping review as opposed to only studies. This is not to be confused with *information sources* (see first footnote).

‡ The frameworks by Arksey and O'Malley (6) and Levac and colleagues (7) and the JBI guidance (4, 5) refer to the process of data extraction in a scoping review as data charting.

§ The process of systematically examining research evidence to assess its validity, results, and relevance before using it to inform a decision. This term is used for items 12 and 19 instead of "risk of bias" (which is more applicable to systematic reviews of interventions) to include and acknowledge the various sources of evidence that may be used in a scoping review (e.g., quantitative and/or qualitative research, expert opinion, and policy document).

Adapted from: Tricco AC, Lillie E, Zarin W, O'Brien KK, Colquhoun H, Levac D, et al. PRISMA Extension for Scoping Reviews (PRISMA-ScR): Checklist and Explanation. *Ann Intern Med.* 2018;169:467–473. doi: 10.7326/M18-0850.