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NEUROlogical Prognosis After Cardiac Arrest in Kids (NEUROPACK) study: protocol for a prospective multicentre clinical prediction model derivation and validation study in children after cardiac arrest.

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| Journal: | <i>BMJ Open</i> |
| Manuscript ID | bmjopen-2020-037517 |
| Article Type: | Protocol |
| Date Submitted by the Author: | 05-Feb-2020 |
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| Keywords: | Paediatric intensive & critical care < INTENSIVE & CRITICAL CARE, Paediatric intensive & critical care < PAEDIATRICS, Protocols & guidelines < HEALTH SERVICES ADMINISTRATION & MANAGEMENT |
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Protocol

NEUROlogical Prognosis After Cardiac Arrest in Kids (NEUROPACK) study: protocol for a prospective multicentre clinical prediction model derivation and validation study in children after cardiac arrest.

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Abstract:

Introduction:

Currently, we are unable to accurately predict mortality or neurological morbidity following resuscitation after paediatric out of hospital (OHCA) or in-hospital (IHCA) cardiac arrest. A clinical prediction model may improve communication with parents and families and risk stratification of patients for appropriate post-cardiac arrest care. This study aims to derive and validate a clinical prediction model to predict, within one hour of admission to the paediatric intensive care unit (PICU), neuro-developmental outcome at three months after paediatric cardiac arrest.

Methods and analysis:

A prospective study of children (age: >24 hours and <16 years), admitted to one of the 27 participating PICUs in the UK and Ireland, following an OHCA or IHCA. Patients are included if requiring more than one minute of cardiopulmonary resuscitation and mechanical ventilation at PICU admission. Children who had cardiac arrests in PICU or neonatal intensive care unit will be excluded. Candidate variables will be identified from data submitted to the Paediatric Intensive Care Audit Network (PICANet) registry. Primary outcome is neuro-developmental status, assessed at three months by telephone interview using the Vineland Adaptive Behavioural Score II questionnaire. A clinical prediction model will be derived using logistic regression with model performance and accuracy assessment. External validation will be performed using the Therapeutic Hypothermia After Pediatric Cardiac Arrest (THAPCA) trial dataset. We aim to identify 370 patients, with successful consent and follow up of 150 patients. Patient inclusion started 1st January 2018 and inclusion will continue over 18 months.

Ethics and dissemination:

Ethical review of this protocol was completed by 27th September 2017 at the Wales Research Ethics Committee 5, 17/WA/0306. The results of this study will be published in peer reviewed journals and presented in conferences.

Trial Registration Number: ClinicalTrials.gov NCT03574025

Keywords: Observational; Paediatric; Cardiac Arrest; PICU; Prognostication

Word Count Abstract: 294

Word Count Main text: 2835

Article Summary

Strengths and limitations of this study

- This study addresses the uncertainty around prognosis after cardiac arrest by deriving and validating a clinical prediction model.
- A clinical prediction model is likely to benefit not only clinicians, but also families, by improving communication around prognosis.
- We aim to increase understanding of neuro-developmental outcomes of children after cardiac arrest in the UK
- The low incidence and wide variety of causes of paediatric cardiac arrest are key challenges in prospective prognostic research in this population.

Introduction

Paediatric cardiac arrest

Paediatric cardiac arrest (CA) is an uncommon but potentially catastrophic event for both children and their families. Cardiac arrest is defined as the cessation of cardiac mechanical activity occurring with absence of signs of circulation. Approximately 1500 infants or children per year suffer a cardiac arrest in the United Kingdom (UK) and Republic of Ireland (RoI) with between 250-350 admitted to a paediatric intensive care unit (PICU) for post resuscitation care.¹ Survival to PICU discharge for this population is achieved in 35-45% patients admitted to PICU after an OHCA and 45-55% after IHCA. However, 50% of survivors are estimated to have ongoing neuro-developmental disabilities despite advances in post-cardiac arrest management.^{2,3} The high mortality and morbidity rates are often associated with the degree of brain injury from the hypoxic-ischaemic insult at the time of cardiac arrest.

Prognostication after cardiac arrest

Clinicians are currently unable to accurately predict survival with a good neuro-developmental outcome after cardiac arrest with any certainty due to a lack of data.⁴⁻⁶ Clinicians can be pessimistic, optimistic or unnecessarily ambiguous in their predictions, and this affects the clarity of communication with families and the implementation of on-going treatment plans.⁴ Improved prognostication is therefore a high priority for parents of children who have suffered a CA. In addition, early stratification of patients who may benefit from critical care interventions would also be a significant advancement in their treatment^{7,8} and has been lacking in major studies to date.^{2,3}

Several prognostic factors are associated with survival following paediatric CA, such as patient age and pre-existing co-morbidities⁹, cardiac arrest characteristics (location, initial cardiac arrest rhythm,

1
2
3 duration of cardiac arrest, presence and actions of bystanders,^{9 10} physiological observations (e.g.
4 pupillary response, blood lactate, systolic blood pressure)¹⁰⁻¹² and specific medical interventions.^{12 13}
5 However, studies examining prognostic factors for good neuro-developmental outcome are much
6 less frequent.
7
8

9 The importance and weighting of these factors in prognosis decision making is complex and in 2010
10 the International Liaison Committee On Resuscitation (ILCOR) consensus statement identified a
11 significant gap in knowledge in prognostic modelling with children⁵ with no additional 'high quality'
12 data to inform the 2015 guidance.¹⁴
13
14

15 **Rationale for study**

16 Accurate early prediction of neuro-developmental outcomes may reduce uncertainty and improve
17 communication with families. It may also provide better risk-stratification for clinical trials and
18 individualised treatment of patients. Furthermore, we aim to gain a better understanding of the
19 epidemiology and neurodevelopmental outcomes of children after CA in the UK and RoI.
20
21
22

23 **Methods and analysis:**

24 **Study Aims:**

25 The aim of the NEUROPACK study is to 1) derive a clinical prediction model using key factors
26 prospectively collected from a cohort of patients, available within the first hour of PICU admission
27 after paediatric cardiac arrest to predict good neuro-developmental outcome at three months, 2)
28 externally validate the clinical prediction model using an existing paediatric cardiac arrest dataset
29 and 3) describe the current epidemiology of cardiac arrest cases in the United Kingdom (UK) and
30 Republic of Ireland (RoI).
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34

35 **Study Design:**

36 This study is a multi-centre, nationwide, prospective observational study combining both registry
37 and cohort data.
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40 **Setting:**

41 Patients will be enrolled from 24 PICUs within the UK and RoI. All study sites admit infants and
42 children following cardiac arrest and routinely submit audit data to the Paediatric Intensive Care
43 Audit Network (PICANet) registry.
44
45

46 **Ongoing PICU Registry: PICANet and NET-PACK 3:**

47 Since 2002, PICANet has prospectively collected demographic, diagnostic, and interventional data
48 along with PICU survival outcomes for patients admitted to PICUs in England and Wales and now
49 collects data for patients across the United Kingdom and RoI.¹⁵ This includes severity of illness
50 variables to build the Paediatric Index of Mortality risk-adjustment models.¹⁶
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52

53 PICANet is also conducting an ongoing customised data collection of post-cardiac arrest
54 management: PICANet Post Arrest Care in Kids (NET-PACK 3) with data definition and data collection
55 form (Supplemental material 1 & 2). NET-PACK 3 customised data collection includes resuscitation
56 variables available within a few hours of the CA. Data are either collected within one hour of
57 admission onto PICU or within one hour of the attendance at the patient's bedside of a specialist
58 paediatric critical care team (e.g. a specialised retrieval team travels to another hospital without a
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PICU). These variables include: 1) attempted bystander cardiopulmonary resuscitation (CPR), 2) duration of CPR, 3) requirement of CPR after arrival at emergency department, 4) number of doses of epinephrine (adrenaline) required and 5) initial presenting cardiac rhythm. These factors were chosen to comply with Utstein style CA reporting guidelines^{17 18}. PICANet collects survival to PICU discharge outcome data for all admissions.

Eligibility for NEUROPACK:

Inclusion

All patients aged 24 hours up to 16th birthday admitted to PICU after OHCA or IHCA will be included. Cardiac arrest will be defined as requiring > 1minute CPR. Patients will be included if they require invasive (e.g. endotracheal) mechanical ventilation at PICU admission.

Exclusion

Exclusion criteria include cardiac arrests occurring within a PICU or neonatal intensive care unit. For children who survive to PICU discharge we will exclude patients where the local clinical team at participating sites feel inclusion is inappropriate and/or parent/guardian or family member of children are unable to understand the telephone questionnaires for neuro-developmental outcome assessments in English. All patients under the age of 24 hours will be excluded due to potentially different aetiology of CA related to birth events.

Identification and screening

Patients for the NEUROPACK study will be identified via entry into the PICANet database and by local researchers at each site screening PICU admissions daily. 'Cardiac arrest preceding ICU admission – out of hospital or in-hospital' is a specific high risk category in the Paediatric Index of Mortality (PIM-3) risk-adjustment model and is recorded within one hour of PICU admission, or within one hour of the attendance at the patient's bedside of a specialist paediatric critical care team.¹⁶

Recruitment for neuro-developmental outcome assessment

Parent/guardians of CA patients who are expected to survive to three months following CA will be approached by local research staff, trained in Good Clinical Practice, to consent for telephone questionnaire at three months post CA.

This is a very sensitive and difficult time for parents and guardians. The approach to parents or guardians of critical ill children for recruitment to the NEUROPACK study will therefore be handled sensitively. Local researchers will be trained to identify the appropriate time to consent, utilise passive information giving to reduce burden of information (e.g. Ethics committee-approved posters displayed in family rooms) and liaise with the medical team managing the patient to acknowledge ongoing clinical management issues. Local site investigator (or delegate) will re-contact parents or guardians at two months following CA to ascertain continued involvement in the study and to confirm ongoing contact details.

Potential predictive factors collected

Potential candidate variables for the NEUROPACK clinical prediction model have been selected from the existing clinical prediction models for survival.^{6 11 14} Final candidate variable selection will follow assessment of statistical modelling interaction and practicality of collecting variables in a timely fashion at the bedside by clinicians.

Data collections

1
2
3 The ongoing NET-PACK 3 customised data collection and PICANet data collection for the PIM3 risk of
4 mortality will be the data source for the candidate variables in the NEUROPACK study. Linkage of
5 individual patient NET-PACK 3 data with the collected neuro-developmental outcome will be carried
6 out for consented patients only. Pseudonymised data from NET-PACK 3 customised data collection
7 and PICANET will be used for patients who die or for patients who survive and consent for follow up
8 assessment is not available.
9
10

11 **Primary and secondary outcomes**

12 **Primary outcome**

13 The primary outcome is survival with a good neuro-developmental outcome at three months post
14 event. Good neuro-developmental outcome is defined as a Vineland Adaptive Behaviour Scales 2nd
15 edition (VABS-II) score of ≥ 70 .¹⁹
16
17

18 **Primary outcome assessment**

19 The VABS-II was designed as a caregiver report measure to assess communication, daily living, social,
20 and motor domains of adaptive behaviour.¹⁹ This tool can be used across the entire paediatric age
21 range (0 to 16years) and requires a short interview which can be via telephone. VABS-II is sensitive
22 to neurological injury and has been used successfully in paediatric neuro-critical care studies.² VABS-
23 II has a normal mean value score of 100 (standard deviation of 15). Good neuro-developmental
24 outcome is defined as a score of ≥ 70 . Poor outcome is a composite score of VABS-II <70 and death.
25 The chief investigator or the lead research nurse at the Central Research Centre (Birmingham
26 Women & Children's NHS Foundation Trust, UK) will conduct all assessments. At the time of
27 outcome assessment, the assessor will remain blinded to the clinical prediction model and
28 component variables.
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34 **Secondary outcomes**

35 Paediatric cerebral performance category (PCPC) and paediatric overall performance category
36 (POPC) at three months and change in PCPC and POPC score from baseline.²⁰ Survival to PICU
37 discharge and three months post cardiac arrest.
38
39

40 **Secondary outcome assessment**

41 PCPC and POPC scale can be calculated by a short questionnaire conducted at the 3 month follow up
42 interview for consented patients. A baseline (pre-cardiac arrest) PCPC and POPC will also
43 retrospectively ascertained at the three month follow up. PCPC and POPC have been recommended
44 for reporting in all paediatric CA studies. They score 1 to 6 (1: normal, 2: mild disability, 3: moderate
45 disability, 4: severe disability, 5: vegetative state or coma and 6: death). They provide less detail but
46 correlate reasonably well with VABS II.²¹ This will allow comparison with other CA studies. Good
47 neurodevelopmental outcome will be defined as PCPC score of 1 to 3 or no change from baseline.
48 Poor outcome will be defined as a score of 4 or less, including death. Three months follow up time
49 point is chosen following the International Liaison Committee On Resuscitation (ILCOR), core-
50 outcome set for adults after cardiac arrest (COSCA) recommendation²² and demonstration of
51 minimal change between three and 12 month following cardiac arrest.²³
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56 **Statistical consideration**

57 **Data analysis plan**

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The data will be manually reviewed for errors, missing data and outliers before analysis. Extreme values will be set to missing if they are deemed unlikely, based on their validity range. Descriptive analysis of the data will be reported. Continuous variables will be reported as either median and interquartile range (IQR) or mean and standard deviation (SD) based on the distribution. Categorical variables will be described in numbers, percentages or both.

Table 1. Patient and cardiac arrest characteristics

| Table 1. Patient and cardiac arrest characteristics | |
|--|---|
| Patient Demographic | |
| • | Age in years [^] |
| • | Presence of PIM-3 'high risk' co-morbidities ^{*16} |
| Cardiac arrest characteristics and interventions: | |
| • | Location of cardiac arrest (IH & OHCA)* <i>OHCA is assigned if chest compressions were initiated before hospital arrival</i> |
| • | Aetiology of arrest (cardiac & non-cardiac)* |
| • | Duration of cardiopulmonary resuscitation [^] |
| • | Continuation of cardiopulmonary resuscitation after Emergency Department arrival (for OHCA only)*. |
| • | Bystander cardiopulmonary resuscitation* |
| • | Initial cardiac rhythm recorded during CA (shockable & non-shockable)* |
| • | Doses of epinephrine (adrenaline) during cardiopulmonary resuscitation [^] |
| • | Use of continuous vasoactive infusions within one hour of PICU admission* |
| Service characteristics: | |
| • | Requirement of inter-hospital transfer prior to PICU admission* |
| • | Time of arrest day (07:00 – 18:59) or night (19:00 – 06:59)* |
| Physiological variables: | |
| <i>Measured for PIM-3 calculation: within one hour of PICU admission or within one hour of the attendance at the patient's bedside of a specialist paediatric critical care team</i> | |
| • | Systolic blood pressure [^] |
| • | Pupillary reaction to light (greater than 3mm and both fixed & other) * |
| • | Blood lactate level [^] |
| <i>*categorical data, ^continuous data.</i> | |
| <i>PIM-3: Paediatric Index of Mortality 3 score, IH: in-hospital, OHCA: out-of-hospital cardiac arrest</i> | |

Sample Size

To reduce problematic bias and improve precision we aim for at least 10 events per variable considered for multivariable modelling²⁴. Following pilot data collection, we calculate 250 CA patients per year are admitted to 27 UK and RoI PICUs, 125 (50%) will survive to PICU discharge and 70 (30%) per year will survive with good neuro-developmental outcome. To test 7 variables we estimate a requirement of 70 events (e.g. patients with good neuro-developmental outcome). 100% of non-survivors will be included (included in PICANet and NET-PACK 3 audit database). We anticipate 80% recruitment and consent rate of remaining survivors. We therefore require data collection over an 18-month period to recruit 370 patients. We anticipate that this would ensure successful consent and follow up of 150 patients, of whom 75 patients are estimated to have a good neuro-developmental outcome.

Statistical methods for developing a prognostic model

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2
3 We will develop a prognostic model using logistic regression analysis of candidate variables and a
4 good neuro-developmental outcome as the primary outcome variable. Multiple imputation (using
5 chained equations) will be used for any variables with missing data considered in the model.
6 Auxiliary variables will be used to aid the imputation. The number of imputed data sets used will be
7 equal to the fraction of missing data²⁵.
8
9

10 Table 1 lists all candidate variables. Those variables deemed to be clinically important will be forced
11 into the final model. Candidate variables will be retained if they benefit the model. The process will
12 begin by fitting the full model and then performing backwards elimination, with a conservative
13 significance level of 0.157.²⁶ For categorical variables, the category with the lowest *p*-value will
14 dictate whether the variable is included in the final model.
15
16

17 All continuous variables will be left in their raw form to ensure no data was lost through
18 dichotomisation or categorisation. It will be initially assumed that variables follow a linear trend,
19 before fractional polynomials will be considered using the following powers: -2, -1, -0.5, natural
20 logarithm, 0.5, 1, 2, and 3. A *p*-value <0.001 will be required to use a fractional polynomial rather
21 than assuming a linear trend.²⁷ The use of fractional polynomials will also be considered for all
22 continuous variables eliminated from the model to check whether this changes their inclusion
23 status.
24
25
26

27 **Assessment of prognostic model performance**

28 Assessment of the fitted model will be achieved by estimating calibration and discrimination. A
29 calibration plot will be produced by plotting the observed risk against the predicted risk and the
30 calibration slope calculated. We expect the slope should be approximately 1 as the model developed
31 will be developed using this data. To judge discrimination, the area under the receiver operating
32 curve (equivalent to the c-statistic) and the R squared statistic will be calculated.
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35

36 **Internal validation of the prognostic model**

37 The model will be internally validated using bootstrap methods. The original data will be used to
38 generate 100 bootstrapped data sets. Each one of these bootstrapped data sets will then be used to
39 develop a prognostic model in the same way as the original model. Estimates of performance (c-
40 statistic and calibration slope) will be obtained from the model fitted using each of the bootstrapped
41 data sets. The estimates obtained from the bootstrapped data sets will be averaged and subtracted
42 from the estimates from the original model to estimate optimism and provide optimism-adjusted
43 performance statistics.
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46

47 **Final prognostic model**

48 The optimised adjusted calibration slope will then be used as a uniform shrinkage factor. Each of the
49 coefficients from the original model will be adjusted for by multiplying by the shrinkage factor. The
50 intercept will also be adjusted to ensure calibration-in-the-large, the average predicted probability,
51 is the same as the average observed probability.
52
53

54 **Secondary analysis**

55 Using the secondary outcomes, we will repeat the steps above to create a supplemental final
56 prognostic model, for survival to PICU and survival to three months. In addition we will create a
57 prognostic model for good neurodevelopmental outcome using POPC and PCPC outcome scores.
58
59
60

External Validation of the NEUROPACK prognostic score

As part of the process of ensuring a prediction model is considered clinically useful, it must be validated in an external dataset.²⁸ We aim to do this by validating the NEUROPACK prognostic model in the publically accessible dataset for the Therapeutic Hypothermia After Pediatric Cardiac Arrest (THAPCA) OHCA and IHCA randomised controlled trials in the National Institute for Health Biolincc repository ([Http://biolincc.nhlbi.nih.gov](http://biolincc.nhlbi.nih.gov)).^{2 3} The sample size of the dataset to be used for external validation should be sufficient to provide reliable and accurate results. To externally validate the model, predictions of risk for each patient in the external validation dataset are made, and performance statistics, such as the C-statistic, are calculated in the same manner as described earlier.

Patient and Public Involvement:

Given the sensitive and emotive nature of the NEUROPACK study, and the need for active parent and family engagement throughout, a patient advisory group, consisting of parents with experience of critical illness and death in children, and the Clinical Research Network: Children young person's advisory group (a sub group of the Generation R group aged 9-17yrs) have been consulted in designing the protocol, the informational material to support the intervention, and to understand the burden of the intervention from the patient's perspective. At the end of the study, the patient advisory group will be consulted on findings and contribute to the dissemination plan.

Ethics and dissemination:

PICANet has ethical approval as a research database granted by the East Midlands, Derby Research Ethics Committee (ref 18/EM/0267) and NHS Health Research Authority Confidentiality Advisory Group approval (ref PIAG 4-07/(c)2002) to collect personally identifiable data without consent. The PICANet Clinical Advisory Group has approved pseudonymised sharing of PICANet audit data for the NEUROPACK study and Data Sharing Agreements will be established with the data controllers for the PICANet dataset prior to the release of de-identified PICANet and NET-PACK 3 data. Quality control of NET-PACK 3 customised data collection, data definitions and data collection is performed by the PICANet team.

Regional Ethics Committee (REC) permission has been obtained (Wales Research Ethics Committee 5, 17/WA/0306). This permits the ethical approach and consent of parents/guardians of eligible children who are likely to survive to 3 months following CA to enable telephone VABS-II assessment and identified data-linkage and sharing with PICANet and NET-PACK3 data.

We aim to publish the results in peer reviewed journals and present at relevant national and international conferences.

Acknowledgements:

We would like to thank all participating sites for their contribution to data collection. We thank the NEUROPACK Principle Investigators from the Paediatric Intensive Care Society Study Group (PICS-SG) listed below:

1. Alder Hey Children's Hospital, Liverpool, UK. Dr Kent Thorburn
2. Birmingham Women and Children's Hospital NHS Foundation Trust, UK. Dr Barnaby Scholefield
3. Bristol Royal Hospital for Children, UK. Dr Rohit Saxena
4. Freeman Hospital, Newcastle, UK. Dr Yamuna Thiru
5. Glasgow Royal Hospital for Children, UK. Dr Richard Levin
6. Great North Children's Hospital, Newcastle, UK. Dr Rachel Agbecko
7. Great Ormond Street Hospital, London, UK. Dr Timothy Thiruchelvam & Dr Sophie Skellett
8. Imperial College Healthcare NHS Trust, London, UK. Dr David Inwald.
9. John Radcliff Hospital, Oxford, UK. Dr James Weitz
10. Kings College Hospital NHS Foundation Trust, London, UK. Dr Akash Deep
11. Leeds Children's Hospital, UK. Dr Sian Cooper
12. Leicester Children's Hospital, UK. Dr Peter Barry
13. Nottingham Children's Hospital, UK. Dr Patrick Davies
14. Our Ladies Children's Hospital, Crumlin, Dublin, Republic of Ireland. Dr Cormac Breatnach.
15. Royal Brompton Hospital, London, UK. Dr Sandra Gala-Peralta
16. Royal Hospital for Sick Children, Edinburgh, UK. Dr Milly Lo.
17. Royal Manchester Children's Hospital, UK. Dr Rachael Barber
18. Royal Victoria Hospital, Belfast, UK. Dr Stewart Reid.
19. Sheffield Children's NHS Foundation Trust, UK. Dr Rum Thomas.
20. Southampton General Hospital, UK. Dr John Pappachan.
21. St George's Hospital, London, UK. Dr Buvana Dwarakanathan.
22. The Noah's Ark Children's Hospital for Wales, UK. Cardiff. Dr Siva Oruganti.
23. The Royal London Hospital, UK. Dr Kalai Sadasivam.
24. University Hospitals of North Midlands, Stoke on Trent, UK. Dr Mark Bebbington

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27 Resuscitation Council, Australian and New Zealand Council on Resuscitation, Heart and
28 Stroke Foundation of Canada, InterAmerican Heart Foundation, Resuscitation Council of
29 Southern Africa, Resuscitation Council of Asia); and the American Heart Association
30 Emergency Cardiovascular Care Committee and the Council on Cardiopulmonary, Critical
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23 **Authors' contributions**

24 BS: initiated the collaborative project, designed the study, designed data collection tools, monitored
25 data collection for the whole trial, wrote the statistical analysis plan, drafted and revised the paper.
26 He is guarantor. JM: wrote the statistical analysis plan, revised the paper. KP-T designed data
27 collection tools, monitored data collection for the whole trial, revised the paper. AS: wrote the
28 statistical analysis plan, revised the paper. RP, RF, ESD and VH: advised on PICANet data utility,
29 monitored data collection for PICANET and revised the paper. SE, MK, HKK, KM, FGS: designed the
30 study, drafted and revised the paper.
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35 **Funding statement**

36 Dr Barnaby Scholefield is funded by a National Institute for Health Research (NIHR) Clinician Scientist
37 Fellowship (NIHR-CS-2015-15-016) for this research project.
38
39

40 **Consent**

41 All patients and families will provide written informed consent/assent and will have the ability to withdraw at
42 any time without explanation.
43
44

45 **Disclaimer**

46
47 This publication presents independent research funded by the National Institute for Health Research
48 (NIHR). The views expressed are those of the author(s) and not necessarily those of the NHS, the
49 NIHR or the Department of Health and Social Care
50
51

52 **Conflicts of interests statement**

53 None declared.
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57 **Supplemental Material.**

1. NETPACK 3 data definitions

<https://www.picanet.org.uk/wp-content/uploads/sites/25/2018/05/NET-PACK-3-Data-Definitions-v1.1.pdf>

2. NETPACK 3 data collection form

<https://www.picanet.org.uk/wp-content/uploads/sites/25/2018/05/PICANet-form-custom-audit-NET-PACK-3-v1.4-June-2017.pdf>

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For peer review only

PICANet Custom Audit Definitions

NET-PACK 3

Version 1.1 (May 2017)

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Introduction

Background

The NET-PACK 3 Custom Audit - PICANet evaluation of Post cardiac Arrest Care in Kids, is a re-audit of patient management after cardiac arrest in UK and Irish PICUs.

Between June 2014 and December 2015, in collaboration with Dr Barney Scholefield (Chief Investigator) at Birmingham Children's Hospital PICU and the Paediatric Intensive Care Society (PICS), PICANet performed the NET-PACK 2 custom audit in 29 UK and Irish PICUs.

Additional data was collected about post cardiac arrest management for either out-of-hospital or in-hospital cardiac arrest prior to PICU admission in 400 infants and children. Eight resuscitation variables available at the time of PICU admission and the early proposed post cardiac arrest temperature management plans were collected. The key findings will be published in detail shortly.

Importantly wide variation in PICU post-arrest management has been identified and also opportunities to stratify the cardiac arrest population for targeted treatments.

NET-PACK 3 has been designed to investigate the impact and compliance with the new International guidance and research data on post-arrest care as part of the PICANet clinical audit function. In December 2015 the International Liaison Committee on Resuscitation (ILCOR) published up-to-date guidance on Paediatric Advanced Life Support and post-cardiac arrest management (1). In addition two large randomised controlled trials of targeted temperature management after paediatric cardiac arrest have been published (2, 3). The primary objective of the NET-PACK 3 custom audit will be to assess whether targeted temperature management (TTM) is used, the dose of TTM (duration and temperature) following the ILCOR 2015 guidance and trial recent publications and the effect on survival outcome. In addition the NET-PACK 3 Custom Audit data will be available for linkage in centres participating in the NIHR funded NEUROdevelopmental Prognostic after Cardiac Arrest in Kids Trial (NEURO-PACK). This trial will be evaluating more detailed neuro-developmental outcomes of patients after paediatric cardiac arrest.


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Data collection method

For units who agree to participate in this custom audit PICANet will enable access to the specific custom audit data collection tab on the data entry page:-

1. A PICANet NET-PACK 3 custom audit form (see below) is completed for all admissions for either out-of-hospital or in-hospital cardiac arrest prior to PICU admission.

| | | |
|---|---|---|
|  Paediatric Intensive Care Audit Network · Custom Audit | | NET-PACK 3 |
| <p><i>NET-PACK 3: PICANet evaluation of post cardiac arrest care in kids</i></p> <p><i>Please complete for all PIC admissions following cardiac arrest (include both out-of-hospital and in-hospital arrests)</i></p> | | |
| Patient details (or hospital label) | | |
| Family name <input type="text"/> | NHS/CHI/H&C number <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> | |
| First name <input type="text"/> | Case note number <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> | |
| Postcode <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> | Date of birth (dd/mm/yyyy) <input type="text"/> / <input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> | |
| History at admission | | Temperature management |
| <p><i>FOR OUT-OF-HOSPITAL CARDIAC ARREST ONLY:</i></p> Bystander CPR attempted? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | | Core body temperature management during first 24 hours after sustained ROSC <input type="checkbox"/> Active Normothermia (35 to 37.9 °C) <input type="checkbox"/> Active Therapeutic Hypothermia (32 to <35 °C) <input type="checkbox"/> Other (state below) <input type="checkbox"/> No active temperature control <input type="checkbox"/> Unknown |
| Did CPR continue <u>after</u> arrival to the Emergency Department? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | | |
| <p><i>FOR IN AND OUT-OF-HOSPITAL CARDIAC ARREST:</i></p> First monitored cardiac rhythm during cardiac arrest | | Duration of initial active temperature control management (if temperature actively managed) <input type="text"/> <input type="text"/> hours |
| <input type="checkbox"/> Asystole <input type="checkbox"/> Sinus bradycardia < 60 bpm <input type="checkbox"/> Pulseless electrical activity <input type="checkbox"/> Ventricular fibrillation <input type="checkbox"/> Ventricular tachycardia | | |
| } <i>if rhythm detected by ECG</i> | | |
| <input type="checkbox"/> Shockable <input type="checkbox"/> Non-shockable <input type="checkbox"/> No monitoring <input type="checkbox"/> Unknown | | |
| } <i>if rhythm detected by automated external defibrillator (AED)</i> | | Minimum temperature recorded during first 24 hours <input type="text"/> . <input type="text"/> °C |
| Time from observed cardiac arrest to start of sustained return of spontaneous circulation (ROSC) <input type="text"/> hours <input type="text"/> minutes | | Maximum temperature recorded during first 24 hours <input type="text"/> . <input type="text"/> °C |
| Number of doses of epinephrine from initial resuscitation to start of period of sustained ROSC <input type="text"/> <input type="text"/> | | |
| Comments <input type="text"/> | | |
| Form completed by <input type="text"/> | | |
| Contact us: picanet@leeds.ac.uk | | |
| Jodie Batchelor/Sophie Butler Project officer (0113) 343 8125 j.a.batchelor@leeds.ac.uk/s.butler1@leeds.ac.uk | Lee Norman Database manager (0113) 343 8125 l.j.norman@leeds.ac.uk | Caroline Lamming Research nurse (0116) 252 5414 cri4@leicester.ac.uk |
| <small>www.picanet.org.uk PICANet custom audit data collection form - NET-PACK 3 - Version 1.3 - April 2017 - Copyright © 2017 Universities of Leeds and Leicester</small> | | |

2. When the PICU enters or uploads to PICANet Web the admission event data for the patient, completion of the PIM field **Cardiac arrest before ICU admission** will permit manual entry of NET-PACK 3 data items.

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[Patient details](#) [Admission details](#) **[PIM](#)** [Diagnoses and procedures](#) [Daily interventions](#) [Summary interventions](#)
[Trial + Growth](#) [Discharge + Follow-up](#) [Comments](#) [Legacy data](#) [NET-PACK 3](#)

Elective admission

Tick if this is an elective admission

Main reason for PICU admission

Other ▼

Surgical procedure

 ▼

If Main reason for PICU admission is *Recovery from surgery*

Is evidence available to assess past medical history?

Yes ▼

If yes, tick all that apply

- Cardiac arrest before ICU admission
- Cardiac arrest OUT of hospital
- Cardiomyopathy or myocarditis
- Severe combined immune deficiency
- Hypoplastic left heart syndrome
- Leukaemia or lymphoma after first induction
- Liver failure main reason for ICU admission
- Acute NEC main reason for ICU admission
- Spontaneous cerebral haemorrhage
- Neurodegenerative disorder
- Human immunodeficiency virus (HIV)
- Bone marrow transplant recipient

Systolic blood pressure

 mmHg

Blood gas measured

 ▼

Arterial PaO₂ **Arterial PaO₂**

 kPa mmHg

FiO₂

Intubation

 ▼

Headbox

 ▼

Base excess

 mmol/L ▼

Lactate

 mmol/L ▼

Mechanical ventilation

 ▼

3. To enter NET-PACK 3 data, click the NET-PACK 3 tab. Note that the NET-PACK 3 tab is only visible for applicable events, i.e. when **Cardiac arrest before ICU admission** is ticked.

Patient details
Admission details
PIM
Diagnoses and procedures
Daily interventions
Summary interventions

Trial + Growth
Discharge + Follow-up
Comments
Legacy data
NET-PACK 3

📌 NET-PACK 3: PICANet evaluation of post cardiac arrest care in kids

History at admission

FOR OUT-OF-HOSPITAL CARDIAC ARREST ONLY

Bystander CPR attempted?

Yes No Unknown

Did CPR continue after arrival to the Emergency Department?

Yes No Unknown

FOR IN- AND OUT-OF-HOSPITAL CARDIAC ARREST

First monitored cardiac rhythm during cardiac arrest

Asystole

Sinus bradycardia < 60 bpm

Pulseless electrical activity

Ventricular fibrillation

Ventricular tachycardia

Shockable

Non-shockable

No monitoring

Unknown

Time from observed cardiac arrest to start of sustained return of spontaneous circulation (ROSC)

hours

minutes

Number of doses of epinephrine from initial resuscitation to start of period of sustained ROSC

Temperature management

Core body temperature management during first 24 hours after sustained ROSC

Active Normothermia

Active Therapeutic Hypothermia

Other (*state below*)

No active temperature control

Unknown

Other core body temperature management

Duration of initial active temperature control management

hours

If temperature actively managed

Minimum temperature recorded during first 24 hours

°C

Maximum temperature recorded during first 24 hours

°C

Only

Patient details

Family name or Surname

| | |
|-------------------|--|
| Definition | The last or family name or surname given to the child as it would appear on the child's birth certificate or other appropriate document. |
| Reason | Family name provides an additional identifier that can aid patient tracking throughout the hospital and PICANet Web. Can help identify individuals who may have had multiple admissions to one or more PICUs. |
| Format | Free text (e.g. Brown). If no family name available record as UNKNOWN and indicate why not available in the comments section. |

First name

| | |
|-------------------|---|
| Definition | The first name given to the child as it would appear on the child's birth certificate or other appropriate document. |
| Reason | First name provides an additional identifier that can aid patient tracking throughout the hospital and PICANet Web. Can help identify individuals who may have had multiple referrals and /or admissions to one or more PICUs. |
| Format | Free text (e.g. John). If no first name available record as UNKNOWN and indicate why not available in the comments section. |

Postcode

| | |
|-------------------|---|
| Definition | The postcode for the child's normal place of residence. |
| Reason | Postcode provides an additional identifier that can aid patient tracking throughout the hospital and PICANet Web. Can help identify individuals who may have had multiple admissions to one or more PICUs. Postcode provides a means of linkage to geographic and demographic information for effective audit and assessment of health services delivery. |
| Format | Text (e.g. S10 8NN). Foreign postcodes will be accepted by the software, although a warning will be generated in the case of non UK standard postcodes to ensure that the user checks the data. If postcode is unobtainable, record as UNKNOWN |

NHS, CHI or H&C number

| | |
|-------------------|--|
| Definition | Unique identifying number enabling tracing of a patient through the NHS system in England, Wales and Northern Ireland. For English and Welsh patients the NHS number, for Scottish patients the CHI number and for Northern Ireland the H&C number is used as a unique numeric identifier. |
| Reason | NHS, CHI or H&C number gives a unique, identifiable variable that will allow other identifiable data items to be removed from the database. Can help identify individuals who may have had multiple referrals, transport and/or admission events to one or more PICUs. |
| Format | Free text (e.g. 1463788990). Validation check that NHS, CHI or H&C number is a valid number |

Case note number

| | |
|-------------------|---|
| Definition | Unique identifying number for an individual's hospital records at the treating unit. Allocated on first admission to hospital. |
| Reason | Case note number provides a unique identifier that can aid patient tracking throughout the hospital. |
| Format | Free text (e.g. AB145C). |

Date of birth

| | |
|------------------------|---|
| Definition | The child's date of birth as recorded on the child's birth certificate or other appropriate document. |
| Reason | Date of birth and Date of admission are used to calculate age at admission to your unit. Date of birth provides an additional identifier that can aid patient tracking throughout the hospital and PICANet Web. Can help identify individuals who may have had multiple referrals and/or admissions to one or more PICUs. |
| Format | Date; dd/mm/yyyy. Date of birth should be on or prior to the Date of admission. If the child's date of birth is unobtainable, but the child is under your care, use your judgement to estimate year of birth and record as 1 January of estimated year (e.g. 01/01/YYYY). If information is being extracted from notes and the child's date of birth is not recorded, or recorded as unavailable, leave the field blank and in the 'Indicate if date of birth is' field below tick 'Unknown'. If it is necessary for Date of birth to be partly anonymised, enter the correct month and year and record 01 for the day (e.g. 01/MM/YYYY). Then tick 'Anonymised' below. |
| Validation rule | Warning if patient is aged 18 years or older |

History at admission

Bystander Cardiopulmonary Resuscitation (CPR) Attempted?

For Out-of-Hospital Cardiac Arrest Only

| | |
|------------------------|---|
| Definition | Bystander cardiopulmonary resuscitation (CPR) is CPR performed by a person who is not responding as part of an organized emergency response system approach to a cardiac arrest. Physicians, nurses, and paramedics may be described as performing bystander CPR if they are not part of the emergency response system involved in the victim's resuscitation |
| Reason | Recording of this clinical variable can be used to validate a prediction model for hospital survival after out of hospital cardiac arrest. |
| Format | Yes No Unknown |
| Validation rule | Warning if value not entered |

Cardiopulmonary Resuscitation continued after arrival to the Emergency Department?

For Out-of-Hospital Cardiac Arrest Only

| | |
|------------------------|--|
| Definition | If cardiac arrest and on-going cardiopulmonary resuscitation started in the pre-hospital setting AND continued after arrival in the emergency department record please indicate. |
| Reason | Failure to achieve a return of spontaneous circulation (ROSC) in the pre-hospital setting for out of hospital cardiac arrest patients is an important prognostic variable. |
| Format | Yes No Unknown |
| Validation rule | Warning if value not entered |

First monitored cardiac rhythm during cardiac arrest

| | |
|------------------------|---|
| Definition | <p>Specifies the first cardiac rhythm present when a monitor or defibrillator is attached to a patient during a cardiac arrest.</p> <p>If the automated external defibrillator (AED) does not have a rhythm display, then it may be possible to determine the first monitored rhythm from a data storage card, hard drive, or other device used by the AED to record data.</p> <p>If initial rhythm is detected by an automated electrical defibrillator (AED) with no recording device, record whether the cardiac rhythm was shockable or non-shockable. If there is no ECG monitoring during cardiac arrest, record no monitoring.</p> |
| Reason | Recording of this clinical variable can be used to validate a prediction model for hospital survival after out of hospital cardiac arrest. |
| Format | <p>If rhythm detected by ECG choose from :</p> <ul style="list-style-type: none"> Asystole Sinus bradycardia (defined < 60 beats per minute). Pulseless electrical activity, Ventricular fibrillation, Ventricular tachycardia <p>if rhythm detected by an AED without an ECG readout use options:</p> <ul style="list-style-type: none"> Shockable, Non-shockable <p>if no monitoring during cardiac arrest record</p> <ul style="list-style-type: none"> No monitoring Unknown |
| Validation rule | Warning if value not entered |

Time from observed cardiac arrest to start of sustained return of spontaneous circulation (ROSC)

| | |
|-------------------|---|
| Definition | <p>Time from observed cardiac arrest to start of sustained return of spontaneous circulation (sustained ROSC*) The start time of the cardiac arrest will be the time reported when the child is first identified (found) in cardiac arrest by any bystander e.g. family, public, medical first responder. Estimation of period of time prior to this, which is unwitnessed, will not be included in the duration of cardiac arrest calculation.</p> <p>Sustained Return of Spontaneous Circulation (Sustained ROSC) is deemed to have occurred when chest compressions are not required for 20 consecutive minutes and signs of circulation persist (or Return of circulation by extracorporeal circulatory support, if applied). The 'start' time will be when the initial ROSC (successful resuscitation and the restoration of a spontaneous perfusing rhythm) occurs except where patient has a further cardiac arrest within 20 mins of ROSC. The use of the start time of period of sustained ROSC will therefore take into account multiple cardiac arrests in the initial resuscitation period.</p> |
|-------------------|---|

| | | |
|----|------------------------|--|
| 1 | Reason | Duration of cardiac arrest is required to calculate a prediction model for |
| 2 | | hospital survival after out of hospital cardiac arrest. |
| 3 | | |
| 4 | Format | Total number of hours and minutes |
| 5 | | [] hours [] minutes |
| 6 | | |
| 7 | Expected range | 0:01-8:00hrs |
| 8 | | |
| 9 | Validation rule | Validation check if time exceeds 8hrs: 00mins |
| 10 | | Warning if value not entered |
| 11 | | |
| 12 | | |
| 13 | | |
| 14 | | |

Number of doses of epinephrine from initial resuscitation to start of period of sustained ROSC

| | | |
|----|------------------------|--|
| 15 | | |
| 16 | | |
| 17 | | |
| 18 | | |
| 19 | Definition | Record the total number of individual dose(s) of epinephrine |
| 20 | | (adrenaline), administered (via any route) from the commencement of |
| 21 | | initial resuscitation to the start of a period of sustained return of |
| 22 | | spontaneous circulation greater than 20 minutes (sustained ROSC). |
| 23 | | |
| 24 | Reason | An 'Utstein' defined variable required to calculate a prediction model |
| 25 | | for hospital survival after out of hospital cardiac arrest. |
| 26 | | |
| 27 | Format | Numerical value e.g.06 |
| 28 | | |
| 29 | Expected range | 00 – 40 validation check if number exceeds 40 |
| 30 | | 99 if unknown |
| 31 | | |
| 32 | Validation rule | Validation check if number exceeds 40 |
| 33 | | Warning if value not entered |
| 34 | | |
| 35 | | |
| 36 | | |

Temperature management

Core body temperature management planned during first 24 hours after sustained ROSC

| | | |
|----|-------------------|---|
| 37 | | |
| 38 | | |
| 39 | | |
| 40 | | |
| 41 | | |
| 42 | | |
| 43 | Definition | The mode of core body temperature management during the first 24 |
| 44 | | hours after sustained return of spontaneous circulation (sustained |
| 45 | | ROSC) |
| 46 | | Active Normothermia - defined as the active maintenance of core |
| 47 | | body temperature between 35 and <38 degrees Celsius) |
| 48 | | Active Therapeutic Hypothermia - defined as active reduction of core |
| 49 | | body temperature to between 32 to <35 degrees Celsius) |
| 50 | | Other - (complete comments box) |
| 51 | | No active temperature control |
| 52 | | Unknown |
| 53 | | |
| 54 | | |
| 55 | | |
| 56 | | |
| 57 | Reason | An 'Utstein' defined variable required to calculate a prediction model for |
| 58 | | hospital survival after out of hospital cardiac arrest. |
| 59 | | |
| 60 | | |

| | |
|------------------------|---|
| Format | Choose from one of the following: Active Normothermia Active Therapeutic hypothermia - Other - complete text box No active temperature control Unknown |
| Validation rule | Warning if value not entered |

Duration of initial active temperature control management

| | |
|------------------------|---|
| Definition | The duration of active temperature management if the core body temperature is actively managed by normothermia, therapeutic hypothermia or other stated method. |
| Reason | Required to provide further detail about active core body temperature processes |
| Format | Insert the total number of hours e.g.24 hours if unknown insert 999 |
| Expected range | 1 – 120 hrs. |
| Validation rule | Validation check if number exceeds 120 Warning if temperature management type = Normothermia, Therapeutic hypothermia or other and no value added |

Minimum temperature recorded during first 24 hours

| | |
|------------------------|---|
| Definition | The minimum temperature recorded during the first 24 hours after start of sustained return of spontaneous circulation (sustained ROSC). |
| Reason | Required to provide further detail about active core body temperature processes. |
| Format | Record in degrees Celsius e.g. 32.5 °C if unknown record 999 |
| Expected range | 20.00-42 00 °C |
| Validation rule | Validation check if number exceeds 42.00 °C Add warning if value not entered |

Maximum temperature recorded during first 24 hours

| | |
|-------------------|--|
| Definition | The maximum temperature recorded during the first 24hours after start of sustained return of spontaneous circulation (sustained ROSC). |
| Reason | Required to provide further detail about active core body temperature processes. |

| | |
|------------------------|--|
| Format | Record in degrees Celsius e.g. 37.5°C if unknown record 999 |
| Expected range | 20.00-42.00°C |
| Validation rule | Validation check if number exceeds 42.00 °C Add warning if value not entered Add warning if maximum temperature <= minimum temperature |

Comments

| | |
|-------------------|--|
| Definition | Any additional information considered relevant to the dataset. Text entered in this field may provide extra information about data entered elsewhere in a specific field in the dataset, or may provide extra information on the admission, which is not collected as part of the dataset. No identifiers (patient, nurse, doctor, ICU, hospital) should be included in text data entered into this field. As there is limited space in this field all text data should be kept to a minimum and be as concise as possible. Text data must not contain any punctuation except a period (full-stop) at the end of each data point. |
| Reason | No dataset specification covers all eventualities: to deal with this a text field has been included for comments/additional information. |
| Format | Free text |

Form completed by

| | |
|-------------------|---|
| Definition | Name of person completing form. |
| Reason | For local use only to assist with following up queries relating to completion of this form. |
| Format | Free text |

NET-PACK 3: PICANet evaluation of post cardiac arrest care in kids

Please complete for **all PIC admissions following cardiac arrest** (include both out-of-hospital and in-hospital arrests)

Patient details (or hospital label)

| | | |
|--|---|--|
| 6 7 8 9 10 11 12 13 14 15 | Family name <input type="text"/> First name <input type="text"/> Postcode <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> | NHS/CHI/H&C number <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> Case note number <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> Date of birth (dd/mm/yyyy) <input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |
|--|---|--|

History at admission

FOR OUT-OF-HOSPITAL CARDIAC ARREST ONLY:
 Bystander CPR attempted?
 Yes No Unknown
 Did CPR continue after arrival to the Emergency Department?
 Yes No Unknown

FOR IN AND OUT-OF-HOSPITAL CARDIAC ARREST:
 First monitored cardiac rhythm during cardiac arrest

| | |
|---|--|
| <input type="checkbox"/> 27 Asystole | } if rhythm detected by ECG |
| <input type="checkbox"/> 28 Sinus bradycardia < 60 bpm | |
| <input type="checkbox"/> 29 Pulseless electrical activity | |
| <input type="checkbox"/> 30 Ventricular fibrillation | } if rhythm detected by automated external defibrillator (AED) |
| <input type="checkbox"/> 31 Ventricular tachycardia | |
| <input type="checkbox"/> 32 Shockable | |
| <input type="checkbox"/> 33 Non-shockable | |
| <input type="checkbox"/> 34 No monitoring | |
| <input type="checkbox"/> 35 Unknown | |

Time from observed cardiac arrest to start of sustained return of spontaneous circulation (ROSC)
 hours minutes
 Number of doses of epinephrine from initial resuscitation to start of period of sustained ROSC

Temperature management

Core body temperature management during first 24 hours after sustained ROSC

Active Normothermia (35 to 37.9 °C)
 Active Therapeutic Hypothermia (32 to <35 °C)
 Other (state below)
 No active temperature control
 Unknown

Duration of initial active temperature control management (if temperature actively managed)
 hours

Minimum temperature recorded during first 24 hours
 . °C

Maximum temperature recorded during first 24 hours
 . °C

Comments

48
49
50
51
52

Form completed by

54
55

Contact us: picanet@leeds.ac.uk

| | | |
|--|--|--|
| Sophie Butler Project officer (0113) 343 8125 sbutler1@leeds.ac.uk | Lee Norman Database manager (0113) 343 8125 l.j.norman@leeds.ac.uk | Caroline Lamming Research nurse (0116) 252 5414 crl4@leicester.ac.uk |
|--|--|--|

BMJ Open

NEUROlogical Prognosis After Cardiac Arrest in Kids (NEUROPACK) study: protocol for a prospective multicentre clinical prediction model derivation and validation study in children after cardiac arrest.

| | |
|---------------------------------|--|
| Journal: | <i>BMJ Open</i> |
| Manuscript ID | bmjopen-2020-037517.R1 |
| Article Type: | Protocol |
| Date Submitted by the Author: | 25-Jun-2020 |
| Complete List of Authors: | <p>Scholefield, Barnaby; University of Birmingham College of Medical and Dental Sciences, Birmingham Acute Care Research Group; Birmingham Women and Children's NHS Foundation Trust, Paediatric Intensive Care Unit</p> <p>Martin, James; University of Birmingham, Institute of Applied Health Research</p> <p>Penny-Thomas, Kate; Birmingham Women and Children's NHS Foundation Trust, Paediatric Intensive Care Unit</p> <p>Evans, Sarah; Birmingham Women and Children's NHS Foundation Trust, Paediatric Intensive Care Unit</p> <p>Kool, Mirjam; University of Birmingham College of Medical and Dental Sciences, Birmingham Acute Care Research Group; Birmingham Women and Children's NHS Foundation Trust, Paediatric Intensive Care Unit</p> <p>Parslow, Roger; University of Leeds, Leeds Institute for Data Analytics</p> <p>Feltbower, Richard; University of Leeds, Leeds Institute for Data Analytics</p> <p>Draper, Elizabeth; University of Leicester College of Medicine Biological Sciences and Psychology, Health Sciences</p> <p>Hiley, Victoria; University of Leeds, Leeds Institute for Data Analytics</p> <p>Sitch, Alice; University of Birmingham, Institute of Applied Health Research; University of Birmingham, NIHR Birmingham Biomedical Research Centre</p> <p>Kanthimathinathan, Hari; Birmingham Women and Children's NHS Foundation Trust, Paediatric Intensive Care Unit ; University of Birmingham College of Medical and Dental Sciences, Birmingham Acute Care Research Group</p> <p>Morris, Kevin; Birmingham Women's and Children's Hospital, Paediatric Intensive Care Unit; University of Birmingham, Institute of Applied Health Research</p> <p>Smith, Fang; University of Birmingham College of Medical and Dental Sciences, Birmingham Acute Care Research Group</p> |
| Primary Subject Heading: | Intensive care |
| Secondary Subject Heading: | Paediatrics |
| Keywords: | Paediatric intensive & critical care < INTENSIVE & CRITICAL CARE, |

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| | Paediatric intensive & critical care < PAEDIATRICS, Protocols & guidelines < HEALTH SERVICES ADMINISTRATION & MANAGEMENT |
| | |

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Protocol

NEUROlogical Prognosis After Cardiac Arrest in Kids (NEUROPACK) study: protocol for a prospective multicentre clinical prediction model derivation and validation study in children after cardiac arrest.

Authors:

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Abstract:

Introduction:

Currently, we are unable to accurately predict mortality or neurological morbidity following resuscitation after paediatric out of hospital (OHCA) or in-hospital (IHCA) cardiac arrest. A clinical prediction model may improve communication with parents and families and risk stratification of patients for appropriate post-cardiac arrest care. This study aims to derive and validate a clinical prediction model to predict, within one hour of admission to the paediatric intensive care unit (PICU), neuro-developmental outcome at three months after paediatric cardiac arrest.

Methods and analysis:

A prospective study of children (age: >24 hours and <16 years), admitted to one of the 27 participating PICUs in the UK and Ireland, following an OHCA or IHCA. Patients are included if requiring more than one minute of cardiopulmonary resuscitation and mechanical ventilation at PICU admission. Children who had cardiac arrests in PICU or neonatal intensive care unit will be excluded. Candidate variables will be identified from data submitted to the Paediatric Intensive Care Audit Network (PICANet) registry. Primary outcome is neuro-developmental status, assessed at three months by telephone interview using the Vineland Adaptive Behavioural Score II questionnaire. A clinical prediction model will be derived using logistic regression with model performance and accuracy assessment. External validation will be performed using the Therapeutic Hypothermia After Pediatric Cardiac Arrest (THAPCA) trial dataset. We aim to identify 370 patients, with successful consent and follow up of 150 patients. Patient inclusion started 1st January 2018 and inclusion will continue over 18 months.

Ethics and dissemination:

Ethical review of this protocol was completed by 27th September 2017 at the Wales Research Ethics Committee 5, 17/WA/0306. The results of this study will be published in peer reviewed journals and presented in conferences.

Trial Registration Number: ClinicalTrials.gov NCT03574025

Keywords: Observational; Paediatric; Cardiac Arrest; PICU; Prognostication

Word Count Abstract: 294

Word Count Main text: 2835

Article Summary

Strengths and limitations of this study

- This protocol has followed the international recommended TRIPOD guidelines for the derivation and validation of a clinical prediction model of neurodevelopmental outcome after paediatric cardiac arrest.
- A nationwide study which will efficiently combine routinely collected data through the existing, high quality, Paediatric Intensive Care Audit Network (PICANet) database and a bespoke research database.
- Personalised recruitment and local follow up will aim to maximise participant retention.
- The low incidence and wide variety of causes of paediatric cardiac arrest may restrict number of available patients and are potential limitations in prospective prognostic research in this population.
- Baseline neurodevelopmental status of patients will only be allocated retrospectively using the Pediatric Cerebral Performance Category (PCPC) tool.

Introduction

Paediatric cardiac arrest

Paediatric cardiac arrest (CA) is an uncommon but potentially catastrophic event for both children and their families. Cardiac arrest is defined as the cessation of cardiac mechanical activity occurring with absence of signs of circulation. Approximately 1500 infants or children per year suffer a cardiac arrest in the United Kingdom (UK) and Republic of Ireland (RoI) with between 250-350 admitted to a paediatric intensive care unit (PICU) for post resuscitation care.¹ Survival to PICU discharge for this population is achieved in 35-45% patients admitted to PICU after an OHCA and 45-55% after IHCA. However, 50% of survivors are estimated to have ongoing neuro-developmental disabilities despite advances in post-cardiac arrest management.^{2,3} The high mortality and morbidity rates are often associated with the degree of brain injury from the hypoxic-ischaemic insult at the time of cardiac arrest.

Prognostication after cardiac arrest

Clinicians are currently unable to accurately predict survival with a good neuro-developmental outcome after cardiac arrest with any certainty due to a lack of data.⁴⁻⁶ Clinicians can be pessimistic, optimistic or unnecessarily ambiguous in their predictions, and this affects the clarity of communication with families and the implementation of on-going treatment plans.⁴ Improved prognostication is therefore a high priority for parents of children who have suffered a CA. In addition, early stratification of patients who may benefit from critical care interventions would also be a significant advancement in their treatment^{7,8} and has been lacking in major studies to date.^{2,3}

Several prognostic factors are associated with survival following paediatric CA, such as patient age and pre-existing co-morbidities⁹, cardiac arrest characteristics (location, initial cardiac arrest rhythm, duration of cardiac arrest, presence and actions of bystanders,^{9 10} physiological observations (e.g. pupillary response, blood lactate, systolic blood pressure)¹⁰⁻¹² and specific medical interventions.^{12 13} However, studies examining prognostic factors for good neuro-developmental outcome are much less frequent.

The importance and weighting of these factors in prognosis decision making is complex and in 2010 the International Liaison Committee On Resuscitation (ILCOR) consensus statement identified a significant gap in knowledge in prognostic modelling with children⁵ with no additional 'high quality' data to inform the 2015 guidance.¹⁴

Rationale for study

Accurate early prediction of neuro-developmental outcomes may reduce uncertainty and improve communication with families. It may also provide better risk-stratification for clinical trials and individualised treatment of patients. Furthermore, we aim to gain a better understanding of the epidemiology and neurodevelopmental outcomes of children after CA in the UK and RoI.

Methods and analysis:

Study Aims:

The aim of the NEUROPACK study is to 1) derive a clinical prediction model using key factors prospectively collected from a cohort of patients, available within the first hour of PICU admission after paediatric cardiac arrest to predict good neuro-developmental outcome at three months, 2) externally validate the clinical prediction model using an existing paediatric cardiac arrest dataset and 3) describe the current epidemiology of cardiac arrest cases in the United Kingdom (UK) and Republic of Ireland (RoI).

Study Design:

This study is a multi-centre, nationwide, prospective observational study combining both registry and cohort data. See Figure 1 for study overview.

Setting:

Patients will be enrolled from 24 PICUs within the UK and RoI. All study sites admit infants and children following cardiac arrest and routinely submit audit data to the Paediatric Intensive Care Audit Network (PICANet) registry.

Ongoing PICU Registry: PICANet and NET-PACK 3:

Since 2002, PICANet has prospectively collected demographic, diagnostic, and interventional data along with PICU survival outcomes for patients admitted to PICUs in England and Wales and now collects data for patients across the United Kingdom and RoI.¹⁵ This includes severity of illness variables to build the Paediatric Index of Mortality risk-adjustment models.¹⁶

PICANet is also conducting an ongoing customised data collection of post-cardiac arrest management: PICANet Post Arrest Care in Kids (NET-PACK 3) with data definition and data collection form (Supplemental material 1 & 2). NET-PACK 3 customised data collection includes resuscitation variables available within a few hours of the CA. Data are either collected within one hour of

1
2
3 admission onto PICU or within one hour of the attendance at the patient's bedside of a specialist
4 paediatric critical care team (e.g. a specialised retrieval team travels to another hospital without a
5 PICU). These variables include: 1) attempted bystander cardiopulmonary resuscitation (CPR), 2)
6 duration of CPR, 3) requirement of CPR after arrival at emergency department, 4) number of doses
7 of epinephrine (adrenaline) required and 5) initial presenting cardiac rhythm. These factors were
8 chosen to comply with Utstein style CA reporting guidelines^{17 18}. PICANet collects survival to PICU
9 discharge outcome data for all admissions.
10
11
12

13 **Eligibility for NEUROPACK:**

14 **Inclusion**

15 All patients aged 24 hours up to 16th birthday admitted to PICU after OHCA or IHCA will be included.
16 Cardiac arrest will be defined as requiring > 1minute CPR. Patients will be included if they require
17 invasive (e.g. via endotracheal or tracheostomy) mechanical ventilation at PICU admission.
18
19

20 **Exclusion**

21 Exclusion criteria include cardiac arrests occurring within a PICU or neonatal intensive care unit. For
22 children who survive to PICU discharge we will exclude patients where the local clinical team at
23 participating sites feel inclusion is inappropriate and/or parent/guardian or family member of
24 children are unable to understand the telephone questionnaires for neuro-developmental outcome
25 assessments in English. All patients under the age of 24 hours will be excluded due to potentially
26 different aetiology of CA related to birth events.
27
28

29 **Identification and screening**

30 Patients for the NEUROPACK study will be identified via entry into the PICANet database and by local
31 researchers at each site screening PICU admissions daily. 'Cardiac arrest preceding ICU admission –
32 out of hospital or in-hospital' is a specific high risk category in the Paediatric Index of Mortality (PIM-
33 3) risk-adjustment model and is recorded within one hour of PICU admission, or within one hour of
34 the attendance at the patient's bedside of a specialist paediatric critical care team.¹⁶
35
36
37

38 **Recruitment for neuro-developmental outcome assessment**

39 Parent/guardians of CA patients who are expected to survive to three months following CA will be
40 approached by local research staff, trained in Good Clinical Practice, to consent for telephone
41 questionnaire at three months post CA.
42
43

44 This is a very sensitive and difficult time for parents and guardians. The approach to parents or
45 guardians of critical ill children for recruitment to the NEUROPACK study will therefore be handled
46 sensitively. Local researchers will be trained to identify the appropriate time to consent, utilise
47 passive information giving to reduce burden of information (e.g. Ethics committee-approved posters
48 displayed in family rooms) and liaise with the medical team managing the patient to acknowledge
49 ongoing clinical management issues. Local site investigator (or delegate) will re-contact parents or
50 guardians at two months following CA to ascertain continued involvement in the study and to
51 confirm ongoing contact details.
52
53
54

55 **Potential predictive factors collected**

56 Potential candidate variables for the NEUROPACK clinical prediction model have been selected from
57 the existing clinical prediction models for survival.^{6 11 14} Final candidate variable selection will follow
58 assessment of statistical modelling interaction and practicality of collecting variables in a timely
59 fashion at the bedside by clinicians.
60

Data collections

The ongoing NET-PACK 3 customised data collection and PICANet data collection for the PIM3 risk of mortality will be the data source for all the candidate variables in the NEUROPACK study. Linkage of individual patient NET-PACK 3 data with the collected neuro-developmental outcome will be carried out for consented patients only. Pseudonymised data from NET-PACK 3 customised data collection and PICANET will be used for patients who die or for patients who survive and consent for follow up assessment is not available.

Primary and secondary outcomes

Primary outcome

The primary outcome is survival with a good neuro-developmental outcome at three months post event. Good neuro-developmental outcome is defined as a Vineland Adaptive Behaviour Scales 2nd edition (VABS-II) score of ≥ 70 .¹⁹

Primary outcome assessment

The VABS-II was designed as a caregiver report measure to assess communication, daily living, social, and motor domains of adaptive behaviour.¹⁹ This tool can be used across the entire paediatric age range (0 to 16years) and requires a short interview which can be via telephone. VABS-II is sensitive to neurological injury and has been used successfully in paediatric neuro-critical care studies.² VABS-II has a normal mean value score of 100 (standard deviation of 15). Good neuro-developmental outcome is defined as a score of ≥ 70 . Poor outcome is a composite score of VABS-II <70 and death. The chief investigator or the lead research nurse at the Central Research Centre (Birmingham Women & Children's NHS Foundation Trust, UK) will conduct all assessments. At the time of outcome assessment, the assessor will remain blinded to the clinical prediction model and component variables.

Secondary outcomes

Paediatric cerebral performance category (PCPC) and paediatric overall performance category (POPC) at three months and change in PCPC and POPC score from baseline.²⁰ Survival to PICU discharge and three months post cardiac arrest.

Secondary outcome assessment

PCPC and POPC scale can be calculated by a short questionnaire conducted at the 3 month follow up interview for consented patients. A baseline (pre-cardiac arrest) PCPC and POPC will also retrospectively ascertained at the three month follow up. PCPC and POPC have been recommended for reporting in all paediatric CA studies. They score 1 to 6 (1: normal, 2: mild disability, 3: moderate disability, 4: severe disability, 5: vegetative state or coma and 6: death). They provide less detail but correlate reasonably well with VABS II.²¹ This will allow comparison with other CA studies. Good neurodevelopmental outcome will be defined as PCPC score of 1 to 3 or no change from baseline. Poor outcome will be defined as a score of 4 or more, including death. Three months follow up time point is chosen following the International Liaison Committee On Resuscitation (ILCOR), core-outcome set for adults after cardiac arrest (COSCA) recommendation²² and demonstration of minimal change between three and 12 month following cardiac arrest.²³

Statistical consideration

Data analysis plan

The data will be manually reviewed for errors, missing data and outliers before analysis. Extreme values will be set to missing if they are deemed unlikely, based on their validity range. Descriptive analysis of the data will be reported. Continuous variables will be reported as either median and interquartile range (IQR) or mean and standard deviation (SD) based on the distribution. Categorical variables will be described in numbers, percentages or both.

Table 1. Patient and cardiac arrest characteristics

| Table 1. Patient and cardiac arrest characteristics | |
|--|---|
| Patient Demographic | |
| • | Age in years [^] |
| • | Presence of PIM-3 'high risk' co-morbidities ^{*16} |
| Cardiac arrest characteristics and interventions: | |
| • | Location of cardiac arrest (IH & OHCA)* <i>OHCA is assigned if chest compressions were initiated before hospital arrival</i> |
| • | Aetiology of arrest (cardiac & non-cardiac)* |
| • | Duration of cardiopulmonary resuscitation [^] |
| • | Continuation of cardiopulmonary resuscitation after Emergency Department arrival (for OHCA only)*. |
| • | Bystander cardiopulmonary resuscitation* |
| • | Initial cardiac rhythm recorded during CA (shockable & non-shockable)* |
| • | Doses of epinephrine (adrenaline) during cardiopulmonary resuscitation [^] |
| • | Use of continuous vasoactive infusions within one hour of PICU admission* |
| Service characteristics: | |
| • | Requirement of inter-hospital transfer prior to PICU admission* |
| • | Time of arrest day (07:00 – 18:59) or night (19:00 – 06:59)* |
| Physiological variables: | |
| <i>Measured for PIM-3 calculation: within one hour of PICU admission or within one hour of the attendance at the patient's bedside of a specialist paediatric critical care team</i> | |
| • | Systolic blood pressure [^] |
| • | Pupillary reaction to light (greater than 3mm and both fixed & other) * |
| • | Blood lactate level [^] |
| <i>*categorical data, ^continuous data.</i> | |
| <i>PIM-3: Paediatric Index of Mortality 3 score, IH: in-hospital, OHCA: out-of-hospital cardiac arrest</i> | |

Sample Size

To reduce problematic bias and improve precision we aim for at least 10 events per variable considered for multivariable modelling²⁴. Following pilot data collection, we calculate 250 CA patients per year are admitted to 27 UK and RoI PICUs, 125 (50%) will survive to PICU discharge and 70 (30%) per year will survive with good neuro-developmental outcome. To test 7 variables we estimate a requirement of 70 events (e.g. patients with good neuro-developmental outcome). 100% of non-survivors will be included (included in PICANet and NET-PACK 3 audit database). We anticipate 80% recruitment and consent rate of remaining survivors. We therefore require data collection over an 18-month period to recruit 370 patients. We anticipate that this would ensure successful consent and follow up of 150 patients, of whom 75 patients are estimated to have a good neuro-developmental outcome. **Statistical methods for developing a prognostic model**

We will develop a prognostic model using logistic regression analysis of candidate variables and a good neuro-developmental outcome as the primary outcome variable. Multiple imputation (using

1
2
3 chained equations) will be used for any variables with missing data considered in the model.
4 Auxiliary variables will be used to aid the imputation. The number of imputed data sets used will be
5 equal to the fraction of missing data²⁵.
6

7
8 Table 1 lists all candidate variables. Those variables deemed to be clinically important will be forced
9 into the final model. Candidate variables will be retained if they benefit the model. The process will
10 begin by fitting the full model and then performing backwards elimination, with a conservative
11 significance level of 0.157.²⁶ For categorical variables, the category with the lowest *p*-value will
12 dictate whether the variable is included in the final model.
13

14
15 All continuous variables will be left in their raw form to ensure no data was lost through
16 dichotomisation or categorisation. It will be initially assumed that variables follow a linear trend,
17 before fractional polynomials will be considered using the following powers: -2, -1, -0.5, natural
18 logarithm, 0.5, 1, 2, and 3. A *p*-value <0.001 will be required to use a fractional polynomial rather
19 than assuming a linear trend.²⁷ The use of fractional polynomials will also be considered for all
20 continuous variables eliminated from the model to check whether this changes their inclusion
21 status.
22
23

24 25 **Assessment of prognostic model performance**

26 Assessment of the fitted model will be achieved by estimating calibration and discrimination. A
27 calibration plot will be produced by plotting the observed risk against the predicted risk and the
28 calibration slope calculated. We expect the slope should be approximately 1 as the model developed
29 will be developed using this data. To judge discrimination, the area under the receiver operating
30 curve (equivalent to the c-statistic) and the R squared statistic will be calculated.
31
32

33 34 **Internal validation of the prognostic model**

35 The model will be internally validated using bootstrap methods. The original data will be used to
36 generate 100 bootstrapped data sets. Each one of these bootstrapped data sets will then be used to
37 develop a prognostic model in the same way as the original model. Estimates of performance (c-
38 statistic and calibration slope) will be obtained from the model fitted using each of the bootstrapped
39 data sets. The estimates obtained from the bootstrapped data sets will be averaged and subtracted
40 from the estimates from the original model to estimate optimism and provide optimism-adjusted
41 performance statistics.
42
43

44 45 **Final prognostic model**

46 The optimised adjusted calibration slope will then be used as a uniform shrinkage factor. Each of the
47 coefficients from the original model will be adjusted for by multiplying by the shrinkage factor. The
48 intercept will also be adjusted to ensure calibration-in-the-large, the average predicted probability,
49 is the same as the average observed probability.
50

51 52 **Secondary analysis**

53
54 Using the secondary outcomes, we will repeat the steps above to create a supplemental final
55 prognostic model, for survival to PICU and survival to three months. In addition we will create a
56 prognostic model for good neurodevelopmental outcome using POPC and PCPC outcome scores.
57

58
59 There is a potential for survivors to decline consent, be lost to follow up, or fulfil the exclusion
60 criteria into the NEUROPACK study and therefore there is a risk that the survival subgroup may be

1
2
3 biased. We plan to undertake sensitivity analyses by 1) imputing missing VABS II score for survivors
4 using their known PICANet and NETPACK 3 data, 2) assume all survivors without a
5 neurodevelopmental score had a VABS II score ≥ 70 and 3) assume all survivors without a
6 neurodevelopmental score had a VABS II score <70 , to ascertain impact of this group on the final
7 prognostic model.
8
9

10 In addition, due to the limitations of not having a baseline VABS II score, we will also perform a
11 secondary analysis using VABS II score ≥ 70 as the good neurodevelopmental outcome for a
12 subgroup of patients with a known baseline PCPC score 1-3. This will allow comparison of the final
13 prognostic model for all patients and the subgroup with known good neurodevelopment outcome at
14 baseline.
15
16

17 **External Validation of the NEUROPACK prognostic score**

18 As part of the process of ensuring a prediction model is considered clinically useful, it must be
19 validated in an external dataset.²⁸ We aim to do this by validating the NEUROPACK prognostic model
20 in the publically accessible dataset for the Therapeutic Hypothermia After Pediatric Cardiac Arrest
21 (THAPCA) OHCA and IHCA randomised controlled trials in the National Institute for Health Biolincc
22 repository ([Http://biolincc.nhlbi.nih.gov](http://biolincc.nhlbi.nih.gov)).^{2,3} The sample size of the dataset to be used for external
23 validation should be sufficient to provide reliable and accurate results. To externally validate the
24 model, predictions of risk for each patient in the external validation dataset are made, and
25 performance statistics, such as the C-statistic, are calculated in the same manner as described
26 earlier.
27
28
29
30

31 **Patient and Public Involvement:**

32 Given the sensitive and emotive nature of the NEUROPACK study, and the need for active parent and
33 family engagement throughout, a patient advisory group, consisting of parents with experience of
34 critical illness and death in children, and the Clinical Research Network: Children young person's
35 advisory group (a sub group of the Generation R group aged 9-17yrs) have been consulted in
36 designing the protocol, the informational material to support the intervention, and to understand
37 the burden of the intervention from the patient's perspective. At the end of the study, the patient
38 advisory group will be consulted on findings and contribute to the dissemination plan.
39
40
41
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44

45 **Ethics and dissemination:**

46 PICANet has ethical approval as a research database granted by the East Midlands, Derby Research
47 Ethics Committee (ref 18/EM/0267) and NHS Health Research Authority Confidentiality Advisory
48 Group approval (ref PIAG 4-07/(c)2002) to collect personally identifiable data without consent. The
49 PICANet Clinical Advisory Group has approved pseudonymised sharing of PICANet audit data for the
50 NEUROPACK study and Data Sharing Agreements will be established with the data controllers for the
51 PICANet dataset prior to the release of de-identified PICANet and NET-PACK 3 data. Quality control
52 of NET-PACK 3 customised data collection, data definitions and data collection is performed by the
53 PICANet team.
54
55
56
57

58 Regional Ethics Committee (REC) permission has been obtained (Wales Research Ethics Committee
59 5, 17/WA/0306). This permits the ethical approach and consent of parents/guardians of eligible
60

1
2
3 children who are likely to survive to 3 months following CA to enable telephone VABS-II assessment
4 and identified data-linkage and sharing with PICANet and NET-PACK3 data.
5

6 We aim to publish the results in peer reviewed journals and present at relevant national and
7 international conferences.
8
9

10 **Acknowledgements:**

11 We would like to thank all participating sites for their contribution to data collection. We thank the
12 NEUROPACK Principle Investigators from the Paediatric Intensive Care Society Study Group (PICS-SG)
13 listed below:
14
15

- 16 1. Alder Hey Children's Hospital, Liverpool, UK. Dr Kent Thorburn
- 17 2. Birmingham Women and Children's Hospital NHS Foundation Trust, UK. Dr Barnaby
18 Scholefield
- 19 3. Bristol Royal Hospital for Children, UK. Dr Rohit Saxena
- 20 4. Freeman Hospital, Newcastle, UK. Dr Yamuna Thiru
- 21 5. Glasgow Royal Hospital for Children, UK. Dr Richard Levin
- 22 6. Great North Children's Hospital, Newcastle, UK. Dr Rachel Agbecko
- 23 7. Great Ormond Street Hospital, London, UK. Dr Timothy Thiruchelvam & Dr Sophie Skellett
- 24 8. Imperial College Healthcare NHS Trust, London, UK. Dr David Inwald.
- 25 9. John Radcliff Hospital, Oxford, UK. Dr James Weitz
- 26 10. Kings College Hospital NHS Foundation Trust, London, UK. Dr Akash Deep
- 27 11. Leeds Children's Hospital, UK. Dr Sian Cooper
- 28 12. Leicester Children's Hospital, UK. Dr Peter Barry
- 29 13. Nottingham Children's Hospital, UK. Dr Patrick Davies
- 30 14. Our Ladies Children's Hospital, Crumlin, Dublin, Republic of Ireland. Dr Cormac Breatnach.
- 31 15. Royal Brompton Hospital, London, UK. Dr Sandra Gala-Peralta
- 32 16. Royal Hospital for Sick Children, Edinburgh, UK. Dr Milly Lo.
- 33 17. Royal Manchester Children's Hospital, UK. Dr Rachael Barber
- 34 18. Royal Victoria Hospital, Belfast, UK. Dr Stewart Reid.
- 35 19. Sheffield Children's NHS Foundation Trust, UK. Dr Rum Thomas.
- 36 20. Southampton General Hospital, UK. Dr John Pappachan.
- 37 21. St George's Hospital, London, UK. Dr Buvana Dwarakanathan.
- 38 22. The Noah's Ark Children's Hospital for Wales, UK. Cardiff. Dr Siva Oruganti.
- 39 23. The Royal London Hospital, UK. Dr Kalai Sadasivam.
- 40 24. University Hospitals of North Midlands, Stoke on Trent, UK. Dr Mark Bebbington
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27 Resuscitation Council, Australian and New Zealand Council on Resuscitation, Heart and
28 Stroke Foundation of Canada, InterAmerican Heart Foundation, Resuscitation Council of
29 Southern Africa, Resuscitation Council of Asia); and the American Heart Association
30 Emergency Cardiovascular Care Committee and the Council on Cardiopulmonary, Critical
31 Care, Perioperative and Resuscitation. *Resuscitation* 2015;96:328-40. doi:
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23 **Authors' contributions**

24 BS: initiated the collaborative project, designed the study, designed data collection tools, wrote the
25 statistical analysis plan, drafted and revised the paper. He is guarantor. JM: wrote the statistical
26 analysis plan, revised the paper. KP-T designed data collection tools, revised the paper. AS: wrote
27 the statistical analysis plan, revised the paper. RP, RF, ESD and VH: advised on PICANet data utility,
28 monitor's data collection for PICANET and revised the paper. SE, MK, HKK, KM, FGS: designed the
29 study, drafted and revised the paper.
30
31
32

33 **Funding statement**

34 Dr Barnaby Scholefield is funded by a National Institute for Health Research (NIHR) Clinician Scientist
35 Fellowship (NIHR-CS-2015-15-016) for this research project.
36
37
38

39 **Consent**

40 All patients and families will provide written informed consent/assent and will have the ability to withdraw at
41 any time without explanation.
42
43

44 **Disclaimer**

45 This publication presents independent research funded by the National Institute for Health Research
46 (NIHR). The views expressed are those of the author(s) and not necessarily those of the NHS, the
47 NIHR or the Department of Health and Social Care
48
49
50

51 **Conflicts of interests statement**

52 None declared.
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Supplemental Material.

1. NETPACK 3 data definitions

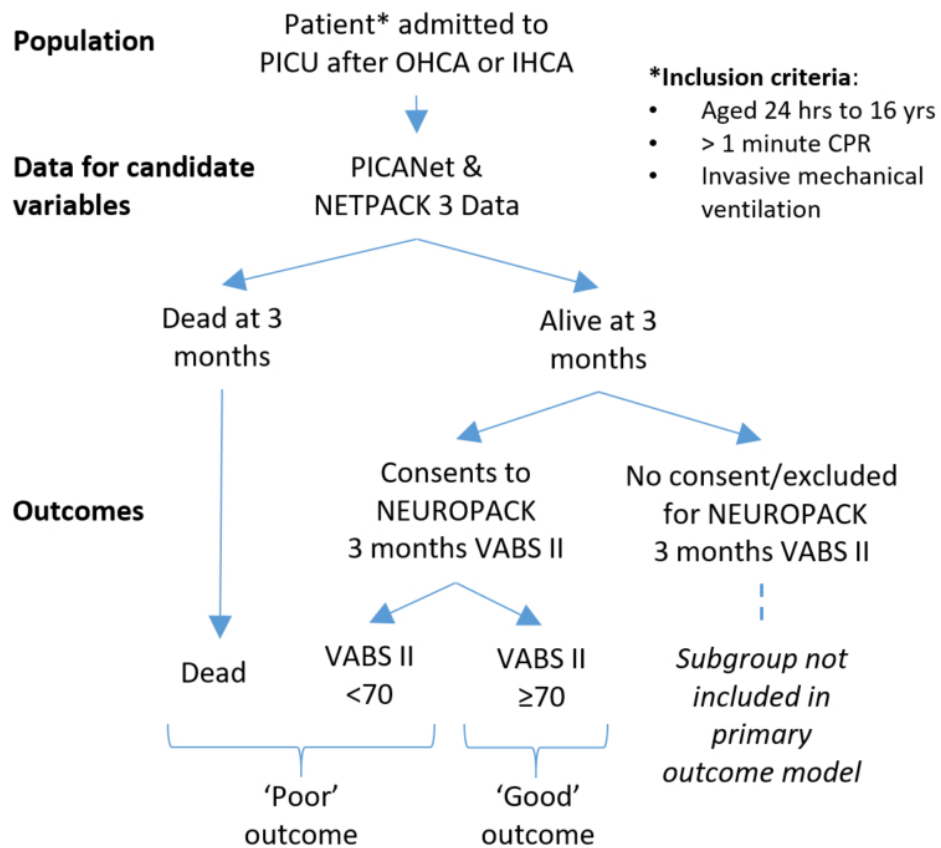
<https://www.picanet.org.uk/wp-content/uploads/sites/25/2018/05/NET-PACK-3-Data-Definitions-v1.1.pdf>

2. NETPACK 3 data collection form

<https://www.picanet.org.uk/wp-content/uploads/sites/25/2018/05/PICANet-form-custom-audit-NET-PACK-3-v1.4-June-2017.pdf>

Figure 1 Caption:

NEUROPACK Study Overview: Population, data collection tools and primary outcome



OHCA: Out of hospital cardiac arrest; IHCA In-hospital CA; PICU: Paediatric Intensive Care Unit; VABS II: Vineland Adaptive Behavioural Score 2nd ed; PICANET: Paediatric Intensive Care Audit Network; NETPACK 3: PICANet Post Arrest Care in Kids audit

NEUROPACK Study Overview: Population, data collection tools and primary outcome



PICANet Custom Audit Definitions

NET-PACK 3

Version 1.1 (May 2017)

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| 13 | First name | 6 |
| 14 | Postcode..... | 6 |
| 15 | NHS, CHI or H&C number..... | 7 |
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Introduction

Background

The NET-PACK 3 Custom Audit - PICANet evaluation of Post cardiac Arrest Care in Kids, is a re-audit of patient management after cardiac arrest in UK and Irish PICUs.

Between June 2014 and December 2015, in collaboration with Dr Barney Scholefield (Chief Investigator) at Birmingham Children's Hospital PICU and the Paediatric Intensive Care Society (PICS), PICANet performed the NET-PACK 2 custom audit in 29 UK and Irish PICUs.

Additional data was collected about post cardiac arrest management for either out-of-hospital or in-hospital cardiac arrest prior to PICU admission in 400 infants and children. Eight resuscitation variables available at the time of PICU admission and the early proposed post cardiac arrest temperature management plans were collected. The key findings will be published in detail shortly.

Importantly wide variation in PICU post-arrest management has been identified and also opportunities to stratify the cardiac arrest population for targeted treatments.

NET-PACK 3 has been designed to investigate the impact and compliance with the new International guidance and research data on post-arrest care as part of the PICANet clinical audit function. In December 2015 the International Liaison Committee on Resuscitation (ILCOR) published up-to-date guidance on Paediatric Advanced Life Support and post-cardiac arrest management (1). In addition two large randomised controlled trials of targeted temperature management after paediatric cardiac arrest have been published (2, 3). The primary objective of the NET-PACK 3 custom audit will be to assess whether targeted temperature management (TTM) is used, the dose of TTM (duration and temperature) following the ILCOR 2015 guidance and trial recent publications and the effect on survival outcome. In addition the NET-PACK 3 Custom Audit data will be available for linkage in centres participating in the NIHR funded NEUROdevelopmental Prognostic after Cardiac Arrest in Kids Trial (NEURO-PACK). This trial will be evaluating more detailed neuro-developmental outcomes of patients after paediatric cardiac arrest.


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Data collection method

For units who agree to participate in this custom audit PICANet will enable access to the specific custom audit data collection tab on the data entry page:-

1. A PICANet NET-PACK 3 custom audit form (see below) is completed for all admissions for either out-of-hospital or in-hospital cardiac arrest prior to PICU admission.

|  Paediatric Intensive Care Audit Network · Custom Audit | | NET-PACK 3 | | | | | | |
|---|--|---|---|----------------------------------|--|---|---|--|
| <p><i>NET-PACK 3: PICANet evaluation of post cardiac arrest care in kids</i></p> <p><i>Please complete for all PIC admissions following cardiac arrest (include both out-of-hospital and in-hospital arrests)</i></p> | | | | | | | | |
| Patient details (or hospital label) | | | | | | | | |
| Family name <input type="text"/> | NHS/CHI/H&C number <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> | | | | | | | |
| First name <input type="text"/> | Case note number <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> | | | | | | | |
| Postcode <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> | Date of birth (dd/mm/yyyy) <input type="text"/> / <input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> | | | | | | | |
| History at admission | | Temperature management | | | | | | |
| <p><i>FOR OUT-OF-HOSPITAL CARDIAC ARREST ONLY:</i></p> <p>Bystander CPR attempted?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | | <p>Core body temperature management during first 24 hours after sustained ROSC</p> <input type="checkbox"/> Active Normothermia (35 to 37.9 °C) <input type="checkbox"/> Active Therapeutic Hypothermia (32 to <35 °C) <input type="checkbox"/> Other (state below) <input type="checkbox"/> No active temperature control <input type="checkbox"/> Unknown | | | | | | |
| <p>Did CPR continue <u>after</u> arrival to the Emergency Department?</p> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown | | | | | | | | |
| <p><i>FOR IN AND OUT-OF-HOSPITAL CARDIAC ARREST:</i></p> <p>First monitored cardiac rhythm during cardiac arrest</p> <table border="0"> <tr> <td> <input type="checkbox"/> Asystole <input type="checkbox"/> Sinus bradycardia < 60 bpm <input type="checkbox"/> Pulseless electrical activity <input type="checkbox"/> Ventricular fibrillation <input type="checkbox"/> Ventricular tachycardia </td> <td style="font-size: 2em; vertical-align: middle;">}</td> <td style="vertical-align: middle;"><i>if rhythm detected by ECG</i></td> </tr> <tr> <td> <input type="checkbox"/> Shockable <input type="checkbox"/> Non-shockable <input type="checkbox"/> No monitoring <input type="checkbox"/> Unknown </td> <td style="font-size: 2em; vertical-align: middle;">}</td> <td style="vertical-align: middle;"><i>if rhythm detected by automated external defibrillator (AED)</i></td> </tr> </table> | | <input type="checkbox"/> Asystole <input type="checkbox"/> Sinus bradycardia < 60 bpm <input type="checkbox"/> Pulseless electrical activity <input type="checkbox"/> Ventricular fibrillation <input type="checkbox"/> Ventricular tachycardia | } | <i>if rhythm detected by ECG</i> | <input type="checkbox"/> Shockable <input type="checkbox"/> Non-shockable <input type="checkbox"/> No monitoring <input type="checkbox"/> Unknown | } | <i>if rhythm detected by automated external defibrillator (AED)</i> | <input type="text"/> <p>Duration of initial active temperature control management (if temperature actively managed)</p> <input type="text"/> <input type="text"/> hours |
| <input type="checkbox"/> Asystole <input type="checkbox"/> Sinus bradycardia < 60 bpm <input type="checkbox"/> Pulseless electrical activity <input type="checkbox"/> Ventricular fibrillation <input type="checkbox"/> Ventricular tachycardia | } | <i>if rhythm detected by ECG</i> | | | | | | |
| <input type="checkbox"/> Shockable <input type="checkbox"/> Non-shockable <input type="checkbox"/> No monitoring <input type="checkbox"/> Unknown | } | <i>if rhythm detected by automated external defibrillator (AED)</i> | | | | | | |
| <p>Time from observed cardiac arrest to start of sustained return of spontaneous circulation (ROSC)</p> <input type="text"/> hours <input type="text"/> minutes | | <p>Minimum temperature recorded during first 24 hours</p> <input type="text"/> . <input type="text"/> °C | | | | | | |
| <p>Number of doses of epinephrine from initial resuscitation to start of period of sustained ROSC</p> <input type="text"/> <input type="text"/> | | <p>Maximum temperature recorded during first 24 hours</p> <input type="text"/> . <input type="text"/> °C | | | | | | |
| Comments | | | | | | | | |
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| Form completed by | | | | | | | | |
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| Contact us: picanet@leeds.ac.uk | | | | | | | | |
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| <small>www.picanet.org.uk PICANet custom audit data collection form - NET-PACK 3 - Version 1.3 - April 2017 - Copyright © 2017 Universities of Leeds and Leicester</small> | | | | | | | | |

2. When the PICU enters or uploads to PICANet Web the admission event data for the patient, completion of the PIM field **Cardiac arrest before ICU admission** will permit manual entry of NET-PACK 3 data items.

Patient details
Admission details
PIM
Diagnoses and procedures
Daily interventions
Summary interventions

Trial + Growth
Discharge + Follow-up
Comments
Legacy data
NET-PACK 3

Elective admission

Tick if this is an elective admission

Main reason for PICU admission

Other ▼

Surgical procedure

▼

If Main reason for PICU admission is *Recovery from surgery*

Is evidence available to assess past medical history?

Yes ▼

If yes, tick all that apply

- Cardiac arrest before ICU admission
- Cardiac arrest OUT of hospital
- Cardiomyopathy or myocarditis
- Severe combined immune deficiency
- Hypoplastic left heart syndrome
- Leukaemia or lymphoma after first induction
- Liver failure main reason for ICU admission
- Acute NEC main reason for ICU admission
- Spontaneous cerebral haemorrhage
- Neurodegenerative disorder
- Human immunodeficiency virus (HIV)
- Bone marrow transplant recipient

Systolic blood pressure

mmHg

Blood gas measured

▼

Arterial PaO₂ kPa mmHg

mmHg

FiO₂

Intubation

▼

Headbox

▼

Base excess

mmol/L ▼

Lactate

mmol/L ▼

Mechanical ventilation

▼

View only

4

For peer review only - <http://bmjopen.bmj.com/site/about/guidelines.xhtml>

3. To enter NET-PACK 3 data, click the NET-PACK 3 tab. Note that the NET-PACK 3 tab is only visible for applicable events, i.e. when **Cardiac arrest before ICU admission** is ticked.

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Patient details Admission details PIM Diagnoses and procedures Daily interventions Summary interventions

Trial + Growth Discharge + Follow-up Comments Legacy data **NET-PACK 3**

i NET-PACK 3: PICANet evaluation of post cardiac arrest care in kids

History at admission

FOR OUT-OF-HOSPITAL CARDIAC ARREST ONLY

Bystander CPR attempted?

Yes No Unknown

Did CPR continue after arrival to the Emergency Department?

Yes No Unknown

FOR IN- AND OUT-OF-HOSPITAL CARDIAC ARREST

First monitored cardiac rhythm during cardiac arrest

Asystole

Sinus bradycardia < 60 bpm

Pulseless electrical activity

Ventricular fibrillation

Ventricular tachycardia

Shockable

Non-shockable

No monitoring

Unknown

Time from observed cardiac arrest to start of sustained return of spontaneous circulation (ROSC)

hours minutes

Number of doses of epinephrine from initial resuscitation to start of period of sustained ROSC

Temperature management

Core body temperature management during first 24 hours after sustained ROSC

Active Normothermia

Active Therapeutic Hypothermia

Other (*state below*)

No active temperature control

Unknown

Duration of initial active temperature control management

hours

If temperature actively managed

Minimum temperature recorded during first 24 hours

°C

Maximum temperature recorded during first 24 hours

°C

Only

Patient details

Family name or Surname

| | |
|-------------------|--|
| Definition | The last or family name or surname given to the child as it would appear on the child's birth certificate or other appropriate document. |
| Reason | Family name provides an additional identifier that can aid patient tracking throughout the hospital and PICANet Web. Can help identify individuals who may have had multiple admissions to one or more PICUs. |
| Format | Free text (e.g. Brown). If no family name available record as UNKNOWN and indicate why not available in the comments section. |

First name

| | |
|-------------------|---|
| Definition | The first name given to the child as it would appear on the child's birth certificate or other appropriate document. |
| Reason | First name provides an additional identifier that can aid patient tracking throughout the hospital and PICANet Web. Can help identify individuals who may have had multiple referrals and /or admissions to one or more PICUs. |
| Format | Free text (e.g. John). If no first name available record as UNKNOWN and indicate why not available in the comments section. |

Postcode

| | |
|-------------------|---|
| Definition | The postcode for the child's normal place of residence. |
| Reason | Postcode provides an additional identifier that can aid patient tracking throughout the hospital and PICANet Web. Can help identify individuals who may have had multiple admissions to one or more PICUs. Postcode provides a means of linkage to geographic and demographic information for effective audit and assessment of health services delivery. |
| Format | Text (e.g. S10 8NN). Foreign postcodes will be accepted by the software, although a warning will be generated in the case of non UK standard postcodes to ensure that the user checks the data. If postcode is unobtainable, record as UNKNOWN |

NHS, CHI or H&C number

| | |
|-------------------|--|
| Definition | Unique identifying number enabling tracing of a patient through the NHS system in England, Wales and Northern Ireland. For English and Welsh patients the NHS number, for Scottish patients the CHI number and for Northern Ireland the H&C number is used as a unique numeric identifier. |
| Reason | NHS, CHI or H&C number gives a unique, identifiable variable that will allow other identifiable data items to be removed from the database. Can help identify individuals who may have had multiple referrals, transport and/or admission events to one or more PICUs. |
| Format | Free text (e.g. 1463788990). Validation check that NHS, CHI or H&C number is a valid number |

Case note number

| | |
|-------------------|---|
| Definition | Unique identifying number for an individual's hospital records at the treating unit. Allocated on first admission to hospital. |
| Reason | Case note number provides a unique identifier that can aid patient tracking throughout the hospital. |
| Format | Free text (e.g. AB145C). |

Date of birth

| | |
|------------------------|---|
| Definition | The child's date of birth as recorded on the child's birth certificate or other appropriate document. |
| Reason | Date of birth and Date of admission are used to calculate age at admission to your unit. Date of birth provides an additional identifier that can aid patient tracking throughout the hospital and PICANet Web. Can help identify individuals who may have had multiple referrals and/or admissions to one or more PICUs. |
| Format | Date; dd/mm/yyyy. Date of birth should be on or prior to the Date of admission. If the child's date of birth is unobtainable, but the child is under your care, use your judgement to estimate year of birth and record as 1 January of estimated year (e.g. 01/01/YYYY). If information is being extracted from notes and the child's date of birth is not recorded, or recorded as unavailable, leave the field blank and in the 'Indicate if date of birth is' field below tick 'Unknown'. If it is necessary for Date of birth to be partly anonymised, enter the correct month and year and record 01 for the day (e.g. 01/MM/YYYY). Then tick 'Anonymised' below. |
| Validation rule | Warning if patient is aged 18 years or older |

History at admission

Bystander Cardiopulmonary Resuscitation (CPR) Attempted?

For Out-of-Hospital Cardiac Arrest Only

| | |
|------------------------|---|
| Definition | Bystander cardiopulmonary resuscitation (CPR) is CPR performed by a person who is not responding as part of an organized emergency response system approach to a cardiac arrest. Physicians, nurses, and paramedics may be described as performing bystander CPR if they are not part of the emergency response system involved in the victim's resuscitation |
| Reason | Recording of this clinical variable can be used to validate a prediction model for hospital survival after out of hospital cardiac arrest. |
| Format | Yes No Unknown |
| Validation rule | Warning if value not entered |

Cardiopulmonary Resuscitation continued after arrival to the Emergency Department?

For Out-of-Hospital Cardiac Arrest Only

| | |
|------------------------|--|
| Definition | If cardiac arrest and on-going cardiopulmonary resuscitation started in the pre-hospital setting AND continued after arrival in the emergency department record please indicate. |
| Reason | Failure to achieve a return of spontaneous circulation (ROSC) in the pre-hospital setting for out of hospital cardiac arrest patients is an important prognostic variable. |
| Format | Yes No Unknown |
| Validation rule | Warning if value not entered |

First monitored cardiac rhythm during cardiac arrest

| | |
|------------------------|---|
| Definition | <p>Specifies the first cardiac rhythm present when a monitor or defibrillator is attached to a patient during a cardiac arrest.</p> <p>If the automated external defibrillator (AED) does not have a rhythm display, then it may be possible to determine the first monitored rhythm from a data storage card, hard drive, or other device used by the AED to record data.</p> <p>If initial rhythm is detected by an automated electrical defibrillator (AED) with no recording device, record whether the cardiac rhythm was shockable or non-shockable. If there is no ECG monitoring during cardiac arrest, record no monitoring.</p> |
| Reason | Recording of this clinical variable can be used to validate a prediction model for hospital survival after out of hospital cardiac arrest. |
| Format | <p>If rhythm detected by ECG choose from :</p> <ul style="list-style-type: none"> Asystole Sinus bradycardia (defined < 60 beats per minute). Pulseless electrical activity, Ventricular fibrillation, Ventricular tachycardia <p>if rhythm detected by an AED without an ECG readout use options:</p> <ul style="list-style-type: none"> Shockable, Non-shockable <p>if no monitoring during cardiac arrest record</p> <ul style="list-style-type: none"> No monitoring Unknown |
| Validation rule | Warning if value not entered |

Time from observed cardiac arrest to start of sustained return of spontaneous circulation (ROSC)

| | |
|-------------------|---|
| Definition | <p>Time from observed cardiac arrest to start of sustained return of spontaneous circulation (sustained ROSC*) The start time of the cardiac arrest will be the time reported when the child is first identified (found) in cardiac arrest by any bystander e.g. family, public, medical first responder. Estimation of period of time prior to this, which is unwitnessed, will not be included in the duration of cardiac arrest calculation.</p> <p>Sustained Return of Spontaneous Circulation (Sustained ROSC) is deemed to have occurred when chest compressions are not required for 20 consecutive minutes and signs of circulation persist (or Return of circulation by extracorporeal circulatory support, if applied). The 'start' time will be when the initial ROSC (successful resuscitation and the restoration of a spontaneous perfusing rhythm) occurs except where patient has a further cardiac arrest within 20 mins of ROSC. The use of the start time of period of sustained ROSC will therefore take into account multiple cardiac arrests in the initial resuscitation period.</p> |
|-------------------|---|

| | |
|------------------------|--|
| Reason | Duration of cardiac arrest is required to calculate a prediction model for hospital survival after out of hospital cardiac arrest. |
| Format | Total number of hours and minutes [] hours [] minutes |
| Expected range | 0:01-8:00hrs |
| Validation rule | Validation check if time exceeds 8hrs: 00mins Warning if value not entered |

Number of doses of epinephrine from initial resuscitation to start of period of sustained ROSC

| | |
|------------------------|--|
| Definition | Record the total number of individual dose(s) of epinephrine (adrenaline), administered (via any route) from the commencement of initial resuscitation to the start of a period of sustained return of spontaneous circulation greater than 20 minutes (sustained ROSC). |
| Reason | An 'Utstein' defined variable required to calculate a prediction model for hospital survival after out of hospital cardiac arrest. |
| Format | Numerical value e.g.06 |
| Expected range | 00 – 40 validation check if number exceeds 40 99 if unknown |
| Validation rule | Validation check if number exceeds 40 Warning if value not entered |

Temperature management

Core body temperature management planned during first 24 hours after sustained ROSC

| | |
|-------------------|--|
| Definition | The mode of core body temperature management during the first 24 hours after sustained return of spontaneous circulation (sustained ROSC) Active Normothermia - defined as the active maintenance of core body temperature between 35 and <38 degrees Celsius) Active Therapeutic Hypothermia - defined as active reduction of core body temperature to between 32 to <35 degrees Celsius) Other - (complete comments box) No active temperature control Unknown |
| Reason | An 'Utstein' defined variable required to calculate a prediction model for hospital survival after out of hospital cardiac arrest. |

| | | |
|---|------------------------|-----------------------------------|
| 1 | Format | Choose from one of the following: |
| 2 | | Active Normothermia |
| 3 | | Active Therapeutic hypothermia - |
| 4 | | Other - complete text box |
| 5 | | No active temperature control |
| 6 | | Unknown |
| 7 | | |
| 8 | Validation rule | Warning if value not entered |
| 9 | | |

Duration of initial active temperature control management

| | | |
|----|------------------------|---|
| 13 | Definition | The duration of active temperature management if the core body temperature is actively managed by normothermia, therapeutic hypothermia or other stated method. |
| 14 | | |
| 15 | Reason | Required to provide further detail about active core body temperature processes |
| 16 | | |
| 17 | Format | Insert the total number of hours e.g.24 hours if unknown insert 999 |
| 18 | | |
| 19 | Expected range | 1 – 120 hrs. |
| 20 | | |
| 21 | Validation rule | Validation check if number exceeds 120 Warning if temperature management type = Normothermia, Therapeutic hypothermia or other and no value added |
| 22 | | |
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Minimum temperature recorded during first 24 hours

| | | |
|----|------------------------|---|
| 32 | Definition | The minimum temperature recorded during the first 24 hours after start of sustained return of spontaneous circulation (sustained ROSC). |
| 33 | | |
| 34 | Reason | Required to provide further detail about active core body temperature processes. |
| 35 | | |
| 36 | Format | Record in degrees Celsius e.g. 32.5 °C if unknown record 999 |
| 37 | | |
| 38 | Expected range | 20.00-42 00 °C |
| 39 | | |
| 40 | Validation rule | Validation check if number exceeds 42.00 °C Add warning if value not entered |
| 41 | | |
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| 43 | | |
| 44 | | |
| 45 | | |

Maximum temperature recorded during first 24 hours

| | | |
|----|-------------------|--|
| 48 | Definition | The maximum temperature recorded during the first 24hours after start of sustained return of spontaneous circulation (sustained ROSC). |
| 49 | | |
| 50 | Reason | Required to provide further detail about active core body temperature processes. |
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|------------------------|--|
| Format | Record in degrees Celsius e.g. 37.5°C if unknown record 999 |
| Expected range | 20.00-42.00°C |
| Validation rule | Validation check if number exceeds 42.00 °C Add warning if value not entered Add warning if maximum temperature <= minimum temperature |

Comments

| | |
|-------------------|--|
| Definition | Any additional information considered relevant to the dataset. Text entered in this field may provide extra information about data entered elsewhere in a specific field in the dataset, or may provide extra information on the admission, which is not collected as part of the dataset. No identifiers (patient, nurse, doctor, ICU, hospital) should be included in text data entered into this field. As there is limited space in this field all text data should be kept to a minimum and be as concise as possible. Text data must not contain any punctuation except a period (full-stop) at the end of each data point. |
| Reason | No dataset specification covers all eventualities: to deal with this a text field has been included for comments/additional information. |
| Format | Free text |

Form completed by

| | |
|-------------------|---|
| Definition | Name of person completing form. |
| Reason | For local use only to assist with following up queries relating to completion of this form. |
| Format | Free text |

NET-PACK 3: PICANet evaluation of post cardiac arrest care in kids

Please complete for **all PIC admissions following cardiac arrest** (include both out-of-hospital and in-hospital arrests)

Patient details (or hospital label)

| | |
|------------------|----------------------------|
| 6 Family name | NHS/CHI/H&C number |
| 7 | 8 |
| 9 First name | Case note number |
| 10 | 11 |
| 12 Postcode | Date of birth (dd/mm/yyyy) |
| 13 | 14 |
| 15 | |

History at admission

FOR OUT-OF-HOSPITAL CARDIAC ARREST ONLY:

17 Bystander CPR attempted?

18

19 Yes No Unknown

20

21 Did CPR continue after arrival to the Emergency Department?

22

23 Yes No Unknown

FOR IN AND OUT-OF-HOSPITAL CARDIAC ARREST:

24

25 First monitored cardiac rhythm during cardiac arrest

26

27 Asystole

28

29 Sinus bradycardia < 60 bpm

30 Pulseless electrical activity

31 Ventricular fibrillation

32 Ventricular tachycardia

33 Shockable

34 Non-shockable

35 No monitoring

36 Unknown

37

38

39 Time from observed cardiac arrest to start of sustained return of spontaneous circulation (ROSC)

40

41 hours minutes

42

43 Number of doses of epinephrine from initial resuscitation to start of period of sustained ROSC

44

45

46

Temperature management

Core body temperature management during first 24 hours after sustained ROSC

47

48 Active Normothermia (35 to 37.9 °C)

49 Active Therapeutic Hypothermia (32 to <35 °C)

50 Other (state below)

51 No active temperature control

52 Unknown

53

54 Duration of initial active temperature control management (if temperature actively managed)

55 hours

56

57 Minimum temperature recorded during first 24 hours

58 . °C

59

60 Maximum temperature recorded during first 24 hours

61 . °C

Comments

48

49

50

51

52

Form completed by

54

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Contact us: picanet@leeds.ac.uk

| | | |
|--|--|--|
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|--|--|--|